

Homeopathic Proving of *Procyon Lotor* (Raccoon Fur)



Proving Locations

Vancouver Lower Mainland, British Columbia, Canada
Edmonton, Alberta, Canada.

Master Provers

Sonya McLeod, BA, DCH and Kathleen Taylor, RPN, DiHom, DCH

Date

Proving commenced in January 2009

Provers

Prover	Sex	Doses	Potency
1	F	3	30C
2	F	6	12C
3	F	2	30C
4	M	3	30C

5	F	placebo	placebo
6	F	1	12C
7	F	6	30C
8	F	6	30C

Symptoms experienced by supervisors and master provers, all female, are denoted by prover numbers in the 90's. We have decided to include symptoms experienced by the prover who took placebo as well. The reasons for including symptoms experienced by proving group members who did not ingest the remedy are outlined in [Group and Proving Phenomena, Observations by Misha Norland](#), An Article published in Issue 72 of The Homoeopath, Winter 1999. The reader can make up his or her own mind as to how to treat these symptoms.

Proving Method

The proving protocol used is outlined in “The Dynamics and Methodology of Homeopathic Provings” by Jeremy Sherr.

Source

Sample taken in the year 2000 from an adult raccoon killed by a predator in the wild. The fur was taken from the found remains. Sex was unidentifiable. It was found in Venango County, Western Pennsylvania at a time of year when rabies was ruled out as a reasonable possibility by local game authorities.

Pharmacy

The remedy was prepared by Helios Homeopathy Ltd. located in Kent, England.
www.helios.co.uk

Introduction

This proving is a 4th and final year graduate project for Sonya and Kathleen, under the supervision of the Vancouver Homeopathic Academy. Sonya first got the idea to prove raccoon in the summer of 2008. Early that summer, Sonya and her family started noticing that they were getting visitors through their cat door, and that the cats seemed hungrier than usual, as all their cat food would be gone from their dish by morning. Soon they caught the culprits in the act, a pair of raccoons!

Sonya and her husband tried closing the cat door halfway so that the raccoon would not be able to fit through, but the raccoons simply slipped their human-like hands under the door and lifted it back up. The raccoons were ripping through the paper bag of hard cat food, so she and her husband decided to put the food in a plastic container, only to wake up to the sound of the raccoons lifting and violently banging the container against the ground so that they could jar it open.

Raccoons don't seem to be terribly afraid of humans, at least these ones didn't. One time that summer Sonya's husband chased one of the raccoons out of the house, but it didn't go far. He saw it lounging on their couch on the back deck, giving itself a good clean with its tongue, looking very relaxed and at home. Another night Sonya saw one on the back steps and looked it square in the eye to measure its reaction. It unwaveringly met her gaze and stood up on his hind legs with paws in the air, looking just like a dog begging its master for food.

About Raccoons

Scientific Classification

Kingdom: Animalia

Phylum: Chordata

Class: Mammalia

Order: Carnivora

Family: Procyonidae

Genus: Procyon

Species: Procyon Lotor

Etymology

The word *raccoon* is derived from the Algonquin word *arakum* meaning "he who scratches with his hands".

Mythology

The First Nations people told many legends about the raccoon, usually portraying them as tricksters.

Relatives

The closest relative of *Procyon lotor* is its South American relative, *Procyon cancrivorus*, the crab-eating raccoon. Other members of the procyonid family include coatis, ringtails, olingos and kinkajous, which all reside in the Americas. Pandas are a debateable member of this family as well.

Location and Habitat

Raccoons reside in Northern and Central America.

They prefer to live in forests and woodlands close to streams, lakes, and seashores. Trees provide the raccoons with shelter, and with fruits and nuts to eat. Raccoon are excellent swimmers and often hunt in water for small animals such as crayfish.

Holes in large trees are popular dens for raccoons because they are off the ground and away from predators. They will also make their dens in any other space they can find,

such as small caves or holes dug by other animals. Raccoons usually have more than one den.

Raccoons also live comfortably in towns and cities. They can make their dens in chimneys, attics, abandoned cars, and basements.

Territory

Every raccoon has a home range/territory, or an area in which the animal has its den and forages for food. Raccoons rarely leave their territories unless they can no longer find food or suitable mates. The size of the raccoon's territory depends on how much food is available there. A raccoon stays in their territory for safety reasons. Within its territory, it knows where to find food, water, and knows the safest places to hide from predators. Raccoons are clean animals. Raccoons that live in the same home range leave their droppings in a shared pit or latrine.

Physical Characteristics

One of the most distinctive things about the raccoon is the wide band of black fur that runs across its eyes and down its cheeks, very much resembling a bandit's mask. The tail is long and bushy, with a black tip and black rings around it. The raccoon uses its tail for balance, holding it straight out when it runs or climbs along tree branches. A raccoon's colours and markings act as camouflage. They help the animal blend in with its surroundings. A raccoon is difficult to spot when it sits still among trees.

Coonskins have historically been made into hats and coats by First Nations, and later by the settlers. The coonskin hat is so warm that it is comfortable to wear only during the coldest days of winter. During the 1920s, the coats were so popular that wild raccoons were almost hunted to extinction. The raccoon's coat consists of two types of fur. The short, dense underfur makes up 90% of the coat. The remaining 10% consists of short, stiff guard hairs. The guard hairs help to protect the raccoon from the wind and rain, as water runs off them easily.

Raccoons are nocturnal, so their eyes are adapted for night vision. At the back of the eye is a layer of cells called the tapetum, which reflects the light back through the retina. Like many night-active animals, raccoons are probably colour-blind. Raccoons have a very acute sense of hearing. They can detect the slightest rustling of leaves in the distance and can instantly locate the direction of sounds. It also has a keen sense of smell.

Raccoons make great use of their two front paws. They have a keen sense of touch, and their long, slender toes work somewhat like fingers. A raccoon can use these paws to snatch clams, pick fruit, flip lids off garbage cans, unlatch picnic baskets, and even unscrew jars. The raccoon's sense of touch is vital to it in its search for food, especially along the shoreline. When hunting for crayfish, it wades among the boulders and reaches around the edges of the stones, feeling for its prey.

Raccoons are strong and very agile. They can run up and down trees, or along small tree limbs like squirrels. They can even climb down trees head first. Raccoons are more nimble in trees than they are on the ground. If they meet an enemy, they can run on land in a burst of speed, but usually run up a tree if one is nearby in order to escape. They are also very good jumpers. They can leap from quite a height without hurting themselves.

Eating Habits

Raccoons are omnivores, meaning that they eat both plants and animals. Raccoons love crayfish. They also fish for frogs, tadpoles and minnows, and they will feed on field mice, turtles, garter snakes, snails and other small animals. Raccoons that live along the sea coast catch clams and oysters. They also eat berries, nuts, seeds, acorns and insects. They can also climb trees and steal honey from bees. Farmland raccoons enjoy eating corn, grapes and apples. Sometimes they will even raid a chicken house for the eggs.

Raccoons enjoy handling their food before they eat it. They seem to enjoy the feel of the food in their fingers. Their fingers become even more sensitive than usual when wet, so it is not surprising that raccoons often douse their food in water before eating it.

In urban areas, raccoons use their agile, sensitive hands to find food. They can easily pry open sealed trash cans. Their ability to open refrigerator doors, drawers and cabinets can make them quite a pest if they can gain entry into someone's house.

Predators

Natural predators include alligators, foxes, wolves, eagles, owls, coyotes, cougars and bobcats.

Mating Season

Raccoons in northern climates mate between late January and early March. Their southern counterparts mate about two months earlier. When a male raccoon is ready to mate, he finds a female. He knows where females have dens in his home range, or he may have to leave his home range if there are none in his area. Male raccoons have been known to travel many miles to find a mating partner. He uses his sense of smell to find females in estrus, ready to mate. He will mate with as many females as he can. ‘

Female raccoons are choosy about their partners. They are aggressive towards the males who approach them. Though the males often fight over the females, the stronger raccoon does not always win the female. In the end, it is the female raccoon who chooses the mate she wants and turns away all the others.

After the raccoons mate, they share the same den for about 2 weeks. After that, the male leaves. The female then prepares her nursery den, usually in a tree hole. She lives in her den alone until the babies are born. Nine weeks after mating, the female gives birth. A female raccoon typically has four to five babies in one litter.

Mother and Babies

The raccoon female raises her kits alone. She gives birth to one litter per year in April or May. They are born tiny and helpless, with only a thin layer of grayish fur. They feed on their mother's milk. By the time they are three weeks old, their eyes are open, their masks are thick and dark, and their tails are ringed.

Once the kits are two months old, the mother moves them to a den on the ground, so that they can leave the den easily and follow their mother on short trips. The den is usually near water so that the babies can hunt near to home. Soon after moving them to the new den, the mother weans them, and they are ready to start learning to hunt and forage with their mother. Juveniles follow their mother in single file as they forage. The group must keep together because juveniles are still easy prey for predators. The kits also imitate threat postures, poses that adults use to scare away predators. They will play fight with their brothers and sisters so that they get used to their bodies before they leave the mother.

In northern climates, juveniles leave their mother's den the next spring, when they are almost a year old. If they live in warmer climates they can leave their mother the first autumn, when they are five to seven months old.

Fall and Winter Seasons

In the North, as the days shorten and the nights turn chilly, a feeding frenzy comes over the raccoon. It begins its nightly hunt for food earlier than before, and will hunt later. A thick layer of fat forms underneath its fur as it prepares to sleep away the winter.

Raccoons in warmer climates are active year round. The ones in northern climates settle down in their dens to sleep away most of the winter. They do not truly hibernate – their body temperature does not drop and their breathing and heartbeat do not slow down. The raccoon stays warm and relaxed and can easily be woken up. In mild winter days, the raccoon will come out of its den to bask in the sun or look for food. It will go back to sleep in its den when the weather turns colder again.

Raccoon Society

While the vast majority of raccoons spend their adult lives away from other adults, they can develop some degree of an organized social life under certain conditions. Large numbers of raccoons are occasionally found denning together for the winter.

Adult male raccoons may sometimes travel together. Females may travel with one another or with adult males.

Raccoons communicate in many ways. They use sounds, body positions and scents to send messages to raccoons and other animals. Some naturalists believe that raccoons can make as many as fourteen to fifteen distinctly different sounds, each with a meaning of its own.

Intelligence

Scientists who have tested raccoons say that they are close to rhesus monkeys in intelligence. In one test raccoons were able to open doors fastened with many different types of latches in order to reach their food. They also have a good memory, since they were able to open the same latches without any mistakes the next year.

References

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Affinities

Nervous system
One side (either right or left)
Hair
Sensory organs (eyes, vision, ears, hearing, nose, smell, mouth, tongue, taste, touch)
Digestive tract (throat, stomach, abdomen, rectum)
Urinary tract
Female reproductive system
Respiratory system
Back & Neck (pains)
Small joints
Skin

Modalities

Worse

Late afternoon (esp. 5pm), evening, & night.
2 pm (headaches)
On waking
Becoming cold or overheating
Bright light
Loud noises
Pressure
Swallowing (throat pain)
Drinking liquids

Eating
Menses

Better

After sleeping
Drinking liquids
Eating
Rubbing

Miasm

There is both sycosis and psora in this remedy, which puts the remedy in the ringworm miasm. With the ringworm miasm there are periods of effort alternating with inactivity. Many of the provers had this type of experience in regards to their energy: there were days where they were very active and restless, alternating with times when they had no energy to do much of anything. Lac Humanum is also in the ringworm miasm.

Interestingly enough, one of the provers said that she got a rash that looked like ringworm, even though she knew that it wasn't ringworm.

Themes

Animal Themes: Survival

A few of the provers felt dirty or ugly, with a lack of confidence in themselves. Competition with other people came up in the dreams. There was also a lot about survival. People needing this remedy will fight for their survival, and are not afraid to establish and maintain their personal boundaries. There was a lot in the dreams about victimization and subordination, abuse, being attacked, and then fighting back or protecting oneself or others.

Mammal Themes: Family/Nurturing/Female Complaints/Protecting Children

Many provers, as well as supervisors/master prover, had an increased need to take care of and nurture their children. Many also had dreams of family members. This theme of nurturing and family also came out in the dreams of many of the provers. This is a theme common to all mammal remedies, including raccoons who can stay with their young for up to a year.

Many of the provers also experienced menstrual symptoms. It caused painful menses for a few different provers. For a couple of provers, they had some cramping either before or after their period. The pain was either cramping, or there was a bearing down sensation. Two of the provers had their periods come as early as 9 days early. One supervisor had intermittent bleeding that came and went. For two provers it either caused or cured heavy period flow. For some the periods tended to last longer than normal.

We also found it interesting that two of the provers had itching and dryness of the nipples. This symptom fits in with the theme of nurturing.

Fear of snakes is also common to all mammal remedies. This symptom showed up in a few separate dreams of one of the provers.

General Themes of *Procyon Lotor*

Increased Creativity and Activity of the Mind/Dullness, Confusion and Foggy Mind

Many of the provers experienced more ideas and flow of thoughts after taking the remedy. Sometimes this rush of thoughts increased at night, preventing sleep. Other provers found it very difficult to think and to concentrate, like their minds had become foggy, becoming absentminded and confused.

Physical Restlessness and Activity/Weariness with Aversion to Work

Some provers experienced an increase in energy even when they did not get a full night's sleep. They became physically restless and active. A couple provers also experienced an increase of physical restlessness at night in bed, with lots of tossing and turning. Other provers experienced lassitude with indolence and an aversion to work, and overpowering sleepiness with a desire to lie down and nap. Sleeping or napping often restored the prover's energy.

Anger, Irritability, Quarrelsomeness and Intolerance

This aspect of the remedy also came out in the dreams. Provers who were normally intolerant and short tempered became more tolerant and sympathetic towards others, accompanied by feelings of happiness and cheerfulness. It also caused or ameliorated a quarrelsome disposition. Fights and quarrels were also prominent in the dreams.

Anxiety

This came out in the dreams as well. For some provers, their normal anxiety was ameliorated during the proving. One supervisor experienced a pronounced anxiety on waking at 5am.

Sensory Sensitivity Increased or Diminished: Vision, Smell, Touch, Hearing, Taste

Some provers became sensitive to colour and to bright light. One prover had the desire to wear black, as she found bright colours too stimulating. We can guess this symptom may be related to the raccoon's increased sensitivity to light since their eyes are suited to night vision.

One prover became very aware of and uncomfortable in her own skin. Sense of smell was increased. Another prover became very sensitive to noise, but one master prover had blocked ears and had trouble hearing. One prover had a diminished sense of taste, where food didn't taste as good as it usually did.

Difficult Communication

This was a symptom which was experienced by provers, supervisors and the master provers during the proving. Provers and their supervisors often had difficulty getting hold of each other during the proving. At the extraction meeting, the master prover's internet stopped working, making it impossible for the group in Edmonton to communicate with the group in Vancouver via Skype. Some provers also had the feeling of being separate from other people, talking to them at a distance or feeling like others were speaking a different language. One related physical symptom is that one of the provers' voice became very weak and she lost her voice, making communication with others difficult. Another prover's voice became much louder than usual and she had trouble keeping opinions to herself, which was probably an ameliorated symptom since she normally keeps more to herself.

Criminals, Crimes, and Police

There were lots of dreams about committing crimes, stealing, criminals, and police. One of the provers had her proving journal stolen during the proving. The raccoon's reputation as a sneaky bandit and thief comes through very strongly in this proving.

Food, Increased Appetite, Nausea and Digestive Issues

Lots of dreams about food and eating. Many of the provers had increased appetite, perhaps mimicking the raccoon's voracious appetite in the fall, in preparation for sleeping away the winter. Provers had all sorts of different food cravings. One prover had a capricious appetite, wanting various foods but not being satisfied after she ate them.

Nausea seems to be a big part of this remedy, since most if not all of the participants experienced this symptom. A lot of the provers experienced nausea when hungry, ameliorated by eating. Others just experienced a generalized nausea, not really aggravated or ameliorated by anything. The nausea was also sometimes accompanied by vertigo.

Emotions were felt in the stomach of one prover. Some provers had gurgling in the abdomen, with increased or offensive flatus. This remedy produced an increased urgency for stool. For one prover it caused constipation with urging. It ameliorated one prover's hemorrhoids.

Flow & Lack of Flow: Water & Dryness

Almost every prover experienced this theme, as well as a master prover. A few days before the extraction meeting, the master prover's parking lot was flooded. Flooding, rivers, streams, oceans, etc. were in the dreams of many of the provers, and master prover. Raccoons prefer to live near water, as it is one of their main food sources in nature.

Many of the provers became very thirsty. The throat, mouth, and lips became dry. Skin eruptions were mainly dry. Hair became dry as well. The master prover had a sensation of water in the ear. On the other hand, there was increased mucus production. Some provers had mucus in the back of the throat, and had the desire to clear the throat. There was sneezing and coryza. Two provers had dry, non-productive coughs. One prover had no urge to urinate during the day, but the frequency of urination increased at night. Another prover felt that the remedy had really aggravated a UTI that had started to come on before the proving. One prover had dry eyes, and two provers had lachrymation.

The menstrual flow was also disrupted. Please see "mammal themes" for more details. One prover had vaginal dryness, while another had some vaginal discharge.

Stopped/lump/plug sensations came up a few times in the physicals. It is interesting when viewing this symptom in terms of water and dryness, how things are stopped up and not flowing properly. These sensations were experienced in the throat, ears, and stomach.

Dream Themes

Dreams of Animals: Large Felines, Birds, Slugs and Dogs

Bobcats and cougars are natural predators of the raccoon. Provers and one master prover dreamt of a cougar, panther, and a tiger. One prover had a dream of a dog. Hunters use dogs to hunt raccoons. There were also dreams about different types of birds such as ducks and hummingbirds, and a dream about invertebrates and slugs. Raccoons eat birds and slugs.

Dreams of Forests, Trees, and Climbing Trees

The natural home of a raccoon is in the forest. They make their dens in trees. They are also excellent climbers. In the proving, many of the provers had dreams of trees, and of climbing those trees. There were also dreams of the tropics (i.e. palm trees and rainforest), which makes sense if one considers that raccoons not only live in North America but also in Central America, which is tropical.

Dreams of Magic & Fairytales

This theme came out in the dreams. Historically the raccoon has been a part of many old First Nations legends. One of the provers also had a dream about aboriginal people.

Dreams of Houses

A common theme in the dreams of especially one prover in particular. Adult raccoons don't usually live in just one den, they may have several that they frequent. The "house" or den of the raccoon is especially important to a mother and her babies.

More Physical Themes

Headaches(?)

We are not sure whether this is a theme of this proving, since the provers who got headaches usually had headaches normally, though the headaches they got during the proving were different from their usual headaches. One thing that we can be sure of is that this remedy has an affinity for pains in general, especially stitching pains.

Stitching Pains, Come & Go Suddenly with Special Affinity for the Small Joints

Pains were predominantly sharp, or stitching in nature. Stitching pains were experienced in the head, eyes, face, neck, stomach, abdomen, chest, and had a special affinity for the small joints. Pains also had a tendency to come and go suddenly, not staying around for very long.

Pressure/Pressing Pains/Heaviness/Bearing Down

These sensations were experienced in the head, eyes, face, stomach, abdomen, uterus, chest, back

Constriction/Tension/Pinching or Opposite: Swelling/Inflammation/Distension

Constriction/Tension/Pinching in the eyes, neck, back, chest and knees. Swelling/Inflammation/Distension in the face, ears, mouth, abdomen, and throat.

Trembling/Twitching/Fluttering

Fluttering in the chest. Trembling or twitching of the extremities.

Heat/Chilliness/Flushes of Heat

Some provers became very chilly and found it hard to get warm even after covering themselves with a blanket. Provers experienced a sensation of heat on the face. One prover's hot flashes increased. Another prover had a flush of heat during her headache. Some provers felt hotter than usual, even on a chilly day one prover took off her jacket.

Most provers tended to be chilly during the proving, sometimes alternating with flushes of heat.

More Physicals

Skin eruptions tend to be dry or pustular, with or without itching.
Symptoms, especially the pains, tend to come and go suddenly
Early waking, sometimes feeling refreshed after only a short sleep

Some Particulars/SRP's

Waking at 5am
Weeping in the morning on waking
Sensation as if inhaling cold air through one nostril
Dark circles below the eyes
Urine smelling as if one had eaten asparagus
Itching of the right mammae

Rubrics

Complete Repertory 2009 by Roger van Zandvoort was used as a guide to determine rubrics for the proving.

Mind

Mind - Absentmindedness
Mind - Activity - creative
Mind - Activity - desire for
Mind - Activity - restless
Mind - Affectionate
Mind - Alternating states - emotional
Mind - Anger
Mind - Anger - stomach
Mind - Anguish - pain, with - stomach in
Mind - Anguish - pain, with - stomach in - pit
Mind - Anxiety
Mind - Anxiety - business, about
Mind - Anxiety - chest, in
Mind - Anxiety - throat, in
Mind - Anxiety - time is set, when a
Mind - Anxiety - waking, on
Mind - Anxiety - work - cannot
Mind - Artistic
Mind - Aversion - herself, to
Mind - Aversion to company
Mind - Awkwardness
Mind - Business - aptitude for
Mind - Business - averse to
Mind - Cheerfulness
Mind - Children - aversion to - her own
Mind - Children - desires to - have, to beget, to nurture

Mind - Colors - aversion to
Mind - Colors - desires - black
Mind - Colors - desires - black - clothes
Mind - Communication - inability for
Mind - Concentration - active
Mind - Concentration - difficult
Mind - Concentration - difficult - studying, reading, while
Mind - Concentration - difficult - work, during
Mind - Confidence - self, in
Mind - Confidence - want of self
Mind - Confusion - time
Mind - Confusion of mind
Mind - Confusion of mind - identity, as to his
Mind - Confusion of mind - identity, as to his - duality, sensation of
Mind - Confusion of mind - identity, as to his - boundaries, and personal
Mind - Contented
Mind - Contradict, disposition to
Mind - Delusions, imaginations - appreciated, that she is not
Mind - Delusions, imaginations - coat of armor, wearing a (new rubric)
Mind - Delusions, imaginations - controlled, every movement and thought
Mind - Delusions, imaginations - dirty - he is, she is
Mind - Delusions, imaginations - poisoned - has been, he
Mind - Delusions, imaginations - ugly
Mind - Delusions, imaginations - unreal, everything is
Mind - Delusions, imaginations - victim, she is a
Mind - Detached
Mind - Disgust - himself, with
Mind - Distance - inaccurate judgement of
Mind - Dreams - abused, being
Mind - Dreams - accusations
Mind - Dreams - adolescence
Mind - Dreams - adoption
Mind - Dreams - adventurous
Mind - Dreams - air, want of
Mind - Dreams - anger, angry
Mind - Dreams - animals
Mind - Dreams - animals - healing, using small animals for (new rubric)
Mind - Dreams - animals - pursued by
Mind - Dreams - anxious
Mind - Dreams - appearance, concern about
Mind - Dreams - ashamed - she is
Mind - Dreams - attacked
Mind - Dreams - beautiful
Mind - Dreams - birds
Mind - Dreams - boundaries crossed
Mind - Dreams - breathe under water, she can

Mind - Dreams - business - success
Mind - Dreams - cats, felines
Mind - Dreams - cats, felines - big

Mind - Dreams - cats, felines - black
Mind - Dreams - cautious
Mind - Dreams - child - falling (new rubric)
Mind - Dreams - child - losing
Mind - Dreams - children
Mind - Dreams - children - babies
Mind - Dreams - children - protecting them
Mind - Dreams - children in danger
Mind - Dreams - cities
Mind - Dreams - cliff, standing on a
Mind - Dreams - climbing
Mind - Dreams - clothes
Mind - Dreams - clothes - washing
Mind - Dreams - coffins
Mind - Dreams - coffins - alive sleeping person inside (new rubric)
Mind - Dreams - computers
Mind - Dreams - confidence - want of
Mind - Dreams - confused
Mind - Dreams - cougars (new rubric)
Mind - Dreams - crime - he had committed a
Mind - Dreams - crimes
Mind - Dreams - criminals
Mind - Dreams - cursed (new rubric)
Mind - Dreams - danger
Mind - Dreams - danger - falling
Mind - Dreams - danger - fleeing from a
Mind - Dreams - danger - impending
Mind - Dreams - danger - safe in a dangerous situation
Mind - Dreams - daughter, of
Mind - Dreams - death - friends
Mind - Dreams - death - preachers
Mind - Dreams - death, of
Mind - Dreams - deception
Mind - Dreams - defending - himself
Mind - Dreams - dirty
Mind - Dreams - dogs
Mind - Dreams - doors
Mind - Dreams - driving - car
Mind - Dreams - drugs - hallucinogens
Mind - Dreams - ducks
Mind - Dreams - eating
Mind - Dreams - efforts - unsuccessful

Mind - Dreams - embarrassment
Mind - Dreams - entertainment
Mind - Dreams - escape
Mind - Dreams - evil
Mind - Dreams - excrement
Mind - Dreams - excrement - animal
Mind - Dreams - excrement - walking in
Mind - Dreams - fairytale, as in a
Mind - Dreams - falling
Mind - Dreams - family
Mind - Dreams - fights
Mind - Dreams - figures
Mind - Dreams - fire
Mind - Dreams - fire - house, building on
Mind - Dreams - fleeing, of
Mind - Dreams - flowers
Mind - Dreams - flying
Mind - Dreams - food
Mind - Dreams - food - cakes and pastries
Mind - Dreams - forest
Mind - Dreams - forgetful, being
Mind - Dreams - forsaken, forsaking
Mind - Dreams - fortune tellers, of
Mind - Dreams - friends
Mind - Dreams - friends - old
Mind - Dreams - frightful
Mind - Dreams - funerals
Mind - Dreams - graves
Mind - Dreams - guilt
Mind - Dreams - hiding
Mind - Dreams – home - of - childhood home
Mind - Dreams - hospitals
Mind - Dreams - hotels
Mind - Dreams – house, houses
Mind - Dreams – house, houses - flood, in a
Mind - Dreams – house, houses - looking at to buy
Mind - Dreams – house, houses - run-down
Mind - Dreams – house, houses - small, too (new rubric)
Mind - Dreams – house, houses - tree (new rubric)
Mind - Dreams – house, houses - water's edge, at (new rubric)
Mind - Dreams - hummingbirds
Mind - Dreams - ice, of
Mind - Dreams - ill-treatment
Mind - Dreams - inadequate, feels
Mind - Dreams - invasion; people invading her space
Mind - Dreams - jumping

Mind - Dreams - kidnapping
Mind - Dreams - large, of growing
Mind - Dreams - late, being
Mind - Dreams - leash, being on a
Mind - Dreams - losing things
Mind - Dreams - luggage
Mind - Dreams - magic
Mind - Dreams - magnetic
Mind - Dreams - maltreatment
Mind - Dreams - man - she is a
Mind - Dreams - mistreated by relatives
Mind - Dreams - money
Mind - Dreams - mother
Mind - Dreams - mountains
Mind - Dreams - movies - going to the
Mind - Dreams - nakedness
Mind - Dreams - out of body
Mind - Dreams - outsider - he is a
Mind - Dreams - parents
Mind - Dreams - parties
Mind - Dreams - people - aboriginals
Mind - Dreams - persecution
Mind - Dreams - pins, needles
Mind - Dreams - places - narrow
Mind - Dreams - places - tropical
Mind - Dreams - pleasant
Mind - Dreams - police, of
Mind - Dreams - prisoner - being taken a
Mind - Dreams - purchases, making
Mind - Dreams - purse - lost
Mind - Dreams - pursued - hunted, being
Mind - Dreams - quarrels, strife
Mind - Dreams - relatives
Mind - Dreams - responsibility, of - children, for
Mind - Dreams - rivers
Mind - Dreams - rocks
Mind - Dreams - ropes, chains, rings
Mind - Dreams - running
Mind - Dreams - sad
Mind - Dreams - school, of
Mind - Dreams - school, of - old, of
Mind - Dreams - seduction, of
Mind - Dreams - shameful
Mind - Dreams - slugs (new rubric)
Mind - Dreams - snakes
Mind - Dreams - snakes - bitten by, of being

Mind - Dreams - soldiers
Mind - Dreams - stairs
Mind - Dreams - stars, of
Mind - Dreams - stealing, theft
Mind - Dreams - stealing, theft - he was
Mind - Dreams - streams
Mind - Dreams - studies
Mind - Dreams - subordination like a servant
Mind - Dreams - tested, being
Mind - Dreams - tigers
Mind - Dreams - traffic
Mind - Dreams - train, tram
Mind - Dreams - treasure, finding a
Mind - Dreams - trees
Mind - Dreams - trees - climbing (new rubric)
Mind - Dreams - trolls
Mind - Dreams - universe, sees the (new rubric)
Mind - Dreams - urgency
Mind - Dreams - urinating, of
Mind - Dreams - violence
Mind - Dreams - waiting (new rubric)
Mind - Dreams - walls
Mind - Dreams - washing
Mind - Dreams - water
Mind - Dreams - water - crossing (new rubric)
Mind - Dreams - water - diving in
Mind - Dreams - water - flood
Mind - Dreams - water - lakes
Mind - Dreams - water - people - jumping into
Mind - Dreams - water - rivers
Mind - Dreams - water - sea, ocean
Mind - Dreams - water - swimming in
Mind - Dreams - weeping
Mind - Dreams - women - man, changing into (new rubric)
Mind - Dreams - work
Mind - Dreams - writing
Mind - Dullness
Mind - Dullness - comprehend conversation, does not, and is unable to relate properly
Mind - Dullness - fog, feels enveloped in a
Mind - Egotism, self esteem
Mind - Estranged
Mind - Fear - failure - business or work
Mind - Fight, wants to
Mind - Forsaken feeling
Mind - Gestures - tapping with fingers
Mind - Growling like a dog

Mind - Home - desire to leave
Mind - Hurry, haste
Mind - Ideas - abundant
Mind - Impatience
Mind - Indifference, apathy - duties - domestic
Mind - Indifference, apathy - persons, to all
Mind - Indignation
Mind - Indolence - housework, aversion to her usual
Mind - Indolence, aversion to work
Mind - Injustice, cannot support
Mind - Intolerance
Mind - Irresolution, indecision
Mind - Irritability
Mind - Irritability - trifles
Mind - Laughing - anxiety, during
Mind - Laughing - joyless
Mind - Laughing - loudly
Mind - Laughing - nervous
Mind - Loquacity
Mind - Memory - weakness
Mind - Memory - weakness - do, for what he was about to
Mind - Memory - weakness - time
Mind - Mistakes - reading
Mind - Mistakes - time
Mind - Mistakes, making - perception, of
Mind - Mood - agreeable
Mind - Mood - variable
Mind - Neglects - household
Mind - Optimism
Mind - Pessimist
Mind - Positiveness
Mind - Postponing everything to next day
Mind - Prostration of mind
Mind - Quarrelsomeness
Mind - Quick to act
Mind - Restlessness, nervousness
Mind - Restlessness, nervousness - work, during
Mind - Senses - acute - body, of - skin surface
Mind - Sensitive, oversensitive - colors, to
Mind - Sensitive, oversensitive - light, to
Mind - Sensitive, oversensitive - noise, to
Mind - Sensitive, oversensitive - odors, to
Mind - Slowness - motion, in
Mind - Starting - sleep - from
Mind - Sympathetic
Mind - Thoughts - rush, flow of - sleeplessness - with

Mind - Time - loss of conception of
Mind - Time - passes too quickly, appearing shorter
Mind - Wearisome
Mind - Weeping - morning - waking - dreaming, after
Mind - Weeping - waking, on

Vertigo

Vertigo - Headache - during
Vertigo - Nausea - with
Vertigo - Sudden
Vertigo - Turning - agg - motion of head, or
Vertigo - Violent

Head

Head - Brittle - hair
Head - Cutting hair - desires
Head - Dryness - hair
Head - Eruptions
Head - Eruptions - margins of hair
Head - Eruptions - rash
Head - Fog, brain feels enveloped in a
Head - Fullness
Head - Pain - afternoon - agg - 2pm
Head - Pain - disordered stomach, with
Head - Pain - dull
Head - Pain - dull - forehead
Head - Pain - dull - forehead - eyes - above
Head - Pain - dull - forehead - noise, loud agg
Head - Pain - forehead - extending to - sides
Head - Pain - forehead - eyes - above
Head - Pain - forehead - right
Head - Pain - forehead - right - extending to - eye
Head - Pain - heat - agg
Head - Pain - left
Head - Pain - lying - amel
Head - Pain - menses - before
Head - Pain - night - agg.
Head - Pain - noise agg
Head - Pain - occiput
Head - Pain - pressing - one-sided
Head - Pain - pressing - temples - left
Head - Pain - pressing - temples - pressure - agg
Head - Pain - pressing - temples - right
Head - Pain - pulsating

Head - Pain - right
Head - Pain - sudden
Head - Pain - sudden - forehead
Head - Pain - temples - pressure - agg
Head - Pain - temples - right
Head - Pain - warmth - agg
Head - Pressure
Head - Twisting and sensation of

Eyes

Eyes - Dryness
Eyes - Eruptions - Lids - upper
Eyes - Eruptions - Lids - upper - Left
Eyes - Eruptions - Lids - upper - Right
Eyes - Eruptions - Pimples - lids
Eyes - Eruptions - Pustules - lids
Eyes - Lachrymation
Eyes - Lachrymation - left
Eyes - Movement - rolling - right
Eyes - Movement - rolling - upwards
Eyes - Pain - aching - left
Eyes - Pain - canthi - Right
Eyes - Pain - constricting
Eyes - Pain - extending to - forehead
Eyes - Pain - left
Eyes - Pain - pressing
Eyes - Pain - pressing - dark - amel.
Eyes - Pain - pressing - pressure - agg.
Eyes - Pain - right
Eyes - Pain - stitching - left
Eyes - Redness
Eyes - Turned - right
Eyes - Turned - upward

Vision

Vision - Blurred
Vision - Blurred - lachrymation, with
Vision - Bright, seems
Vision - Dazzling
Vision - Light - agg. – bright

Ears

Ears - Inflammation - bones, mastoid

Ears - Pain - dull - right
Ears - Pain - pressure - amel.
Ears - Pain - rubbing - amel.
Ears - Pain - swallowing, on
Ears - Stopped sensation - right
Ears - Water, sensation of

Hearing

Hearing - Acute - noise, to
Hearing - Acute - voices and talking
Hearing - Impaired
Hearing - Impaired - water in ear, from
Hearing - Reverberating
Hearing - Reverberating - loud

Nose

Nose - Air - cold, as if
Nose - Discharge - profuse
Nose - Pain - air - cold, in
Nose - Pain - air - inhaling - agg
Nose - Pain - air - open - agg
Nose - Pain - inspiration - cold
Nose - Pain - internal - air, to inhaled
Nose - Sneezing
Nose - Sneezing – frequent

Smell

Smell - Acute
Smell - Acute - odors, for offensive
Smell - Bad
Smell – Offensive

Face

Face - Cracks - lips
Face - Dark - eyes - below
Face - Dryness - lips
Face - Dryness - lips - thirst, with
Face - Eruptions - cheeks
Face - Eruptions - cheeks - left
Face - Eruptions - fine
Face - Eruptions - forehead
Face – Eruptions – forehead – left

Face - Eruptions - pustules
Face - Eruptions - rash
Face - Eruptions - rash - forehead
Face - Eruptions - rash - left
Face - Eruptions - red - cheeks
Face - Eruptions - rough
Face - Heat
Face - Heat - cheeks
Face - Heat - cheeks - right
Face - Heat - cheeks - waking, on
Face - Heat - lips
Face - Heat - sensation of
Face - Pain - lips
Face - Pain - stitching - jaws
Face - Pain - stitching - jaws - articulation
Face - Pain - stitching - jaws - articulation - right
Face - Pressure - sensation, painless
Face - Swelling - hot
Face - Swelling - jaws - lower
Face - Swelling - jaws - lower - right
Face - Swelling - right
Face - Tingling, Prickling - cheeks
Face - Tingling, Prickling - right

Mouth

Mouth - Dryness
Mouth - Dryness - tongue
Mouth - Inflammation - tongue, glossitis
Mouth - Swelling - glands, salivary - submaxillary, submandibular
Mouth - Swelling - glands, salivary - submaxillary, submandibular - right
Mouth - Swelling - tongue - edges

Taste

Taste - Diminished
Taste - Insipid - food - tastes

Throat

Throat - Dryness - painful
Throat - Dryness - thirst - with
Throat - Hawking - ineffectual
Throat - Hawking - mucus in the larynx, from
Throat - Inflammation - left
Throat - Lump, plug sensation - swallowing - agg

Throat - Lump, plug sensation - swallowing - not amel by
Throat - Mucus
Throat - Mucus - detach, difficult to
Throat - Mucus - eating - after
Throat - Pain - drinks - cold - amel
Throat - Pain - evening
Throat - Pain - left
Throat - Pain - pulsating, throbbing
Throat - Pain - rawness
Throat - Pain - rawness - drinks amel - cold
Throat - Pain - rawness - hawking agg
Throat - Pain - soreness
Throat - Pain - swallowing - agg
Throat - Scratching sensation
Throat - Swelling – left

Neck

Neck - Pain - drawing
Neck - Pain - extending - downward
Neck - Pain - extending - shoulder
Neck - Pain - right
Neck - Pain - sides - right
Neck - Pain - stitching
Neck - Pain - stitching - sides - right
Neck - Tension

Stomach

Stomach - Anger - agg
Stomach - Appetite - capricious
Stomach - Appetite - increased
Stomach - Appetite - increased - morning
Stomach - Appetite - increased - nausea - with
Stomach - Appetite - increased - sudden
Stomach - Appetite - insatiable
Stomach - Appetite - ravenous
Stomach - Appetite - ravenous - headache, during
Stomach - Appetite - ravenous - nausea - with
Stomach - Gurgling noise
Stomach - Heaviness
Stomach - Heaviness - eating - after
Stomach - Lump sensation - eating, after
Stomach - Nausea
Stomach - Nausea - drinking - agg. - water
Stomach - Nausea - drinking - amel

Stomach - Nausea - eating - after
Stomach - Nausea - eating - amel
Stomach - Nausea - evening
Stomach - Nausea - fasting - agg.
Stomach - Nausea - headache, during
Stomach - Nausea - intermittent
Stomach - Nausea - night
Stomach - Nausea - paroxysmal
Stomach - Nausea - vomiting - without
Stomach - Pain - stitching
Stomach - Pain - stitching - paroxysmal
Stomach - Pain - stitching - sitting - amel
Stomach - Sadness, with
Stomach - Thirst
Stomach - Thirst - drink, with aversion to
Stomach - Thirst - extreme
Stomach - Thirst - often, frequent
Stomach - Vomiting - desire to
Stomach - Vomiting - desire to - cannot, but

Abdomen

Abdomen - Distention
Abdomen - Distention - with nausea
Abdomen - Eruptions - itching
Abdomen - Eruptions - urticaria
Abdomen - Flatulence
Abdomen - Heaviness
Abdomen - Heaviness - hypogastrium
Abdomen - Nausea
Abdomen - Pain - inguinal region - extending - downward
Abdomen - Pain - inguinal region - extending - lower limbs - thigh
Abdomen - Pain - inguinal region - left
Abdomen - Pain - stitching - inguinal region - extending - downward
Abdomen - Pain - stitching - inguinal region - extending - thighs
Abdomen - Pain - stitching - inguinal region - left

Rectum

Rectum - Constipation - urging - with
Rectum - Diarrhea - menses - during
Rectum - Flatus - offensive
Rectum - Flatus - offensive - foul
Rectum - Hemorrhage - stool - during
Rectum - Hemorrhoids - painful - stool - during
Rectum - Hemorrhoids - stool - agg

Rectum - Menses agg - during
Rectum - Urging
Rectum - Urging – night

Bladder

Bladder - Inactivity
Bladder - Urging to urinate, morbid desire - absent
Bladder - Urination - frequent - night
Bladder - Urination - frequent - night - seldom during day

Urine

Urine - Odor - Asparagus, like after eating
Urine - Profuse, increased

Female

Female - Dryness - vagina
Female - Eruptions - labia
Female - Eruptions - painful
Female - Eruptions - pimples - labia
Female - Eruptions - pustules - labia
Female - Heat - flushes of
Female - Heaviness - uterus
Female - Leucorrhea - standing - agg
Female - Leucorrhea - thin, watery
Female - Leucorrhea - walking - agg
Female - Leucorrhea - white
Female - Menses - bright red
Female - Menses - brown
Female - Menses - clotted
Female - Menses - clotted - dark
Female - Menses - frequent, too early, too soon
Female - Menses - frequent, too early, too soon - five days too early
Female - Menses - frequent too early, too soon - nine days too early
Female - Menses - intermittent
Female - Menses - irregular
Female - Menses - painful - standing - amel. (new rubric)
Female - Menses - painful - walking - amel.
Female - Menses - painful, dysmenorrhea
Female - Menses - profuse
Female - Menses - profuse - protracted, and
Female - Menses - protracted, prolonged
Female - Menses - protracted, prolonged - seven days
Female - Pain - Bearing down - menses - during

Female - Pain - bearing down - uterus and region of - menses - during
Female - Pain - cramping - menses - before
Female - Pain - cramping - uterus
Female - Pain - cramping - uterus - menses - before
Female - Pain - cramping - uterus - ovulation, during
Female - Pain - menses - after
Female - Pain - menses -before
Female - Pain - ovaries - menses - after
Female - Pushing sensation, uterus
Female - Redness – spots

Speech & Voice

Speech - Lost - voice
Speech - Lost - voice - talking, after prolonged
Speech - Loud voice
Speech - Talking agg
Speech - Weak voice

Respiration

Respiration - Difficult - pain, during
Respiration - Impeded - constriction - chest
Respiration - Impeded – night

Cough

Cough - Breathing - agg - deep
Cough - Dry
Cough - Dry - inspiration - deep
Cough - Dry - morning
Cough - Dry - tickling, from - throat
Cough - Dry - waking
Cough - Tickling - from - throat
Cough - Tickling - waking, on
Cough - Waking, on

Chest

Chest - Constriction
Chest - Constriction - night - bed, in
Chest - Constriction - restlessness, with
Chest - Dryness - nipples
Chest - Dryness - nipples - right (new rubric)
Chest - Fluttering sensation
Chest - Heaviness

Chest - Itching - mammae
Chest - Itching - mammae - right (new rubric)
Chest - Pain - stitching - mammae - region of - under - left
Chest - Pressure on chest
Chest - Scratching sensation

Heart & Circulation

Heart & Circulation - Fluttering Sensation, heart

Back

Back - Pain - cervical region
Back - Pain - cervical region - extending - back, down
Back - Pain - cervical region - extending - downwards
Back - Pain - cervical region - muscles - trapezius
Back - Pain - constricting - cervical region
Back - Pain - dorsal region - scapulae - between
Back - Pain - drawing - cervical Region
Back - Pain - menses - during
Back - Pain - pinching - dorsal region - scapulae
Back - Pain - pinching - lumbar region
Back - Pain - pressing - dorsal region - scapulae
Back - Pain - pressing - lumbar region - menses, during
Back - Pain - pressing - sitting - amel
Back - Pain - pressing - standing - agg
Back - Pain - rubbing - amel
Back - Pain - shoulders, between
Back - Pain - sitting - amel
Back - Pain - sore - cervical region
Back - Pain - standing - agg
Back - Stiffness - dorsal region
Back - Stiffness - stretching amel
Back - Tension - dorsal region
Back - Tension - stretching amel.

Extremities

Extremities - Chilliness - feet
Extremities - Chilliness - legs
Extremities - Chilliness - lower limbs
Extremities - Cracks - hands
Extremities - Dryness - hands
Extremities - Dryness - hands - palms
Extremities - Eruptions - desquamating - hands
Extremities - Eruptions - dry - elbows - bend of

Extremities - Eruptions - dry - hands
Extremities - Eruptions - dry - legs
Extremities - Eruptions - eczema - hands
Extremities - Eruptions - hands
Extremities - Eruptions - itching - hands
Extremities - Eruptions - red - elbows
Extremities - Eruptions - red - hands
Extremities - Eruptions - red - legs
Extremities - Eruptions - red - spots
Extremities - Eruptions - red - spots - lower limbs
Extremities - Eruptions - red - spots - upper limbs
Extremities - Eruptions - rough
Extremities - Eruptions - spots - lower limbs
Extremities - Eruptions - spots - upper limbs
Extremities - Eruptions - urticaria - hands
Extremities - Eruptions - vesicles - hands
Extremities - Eruptions - vesicles - itching - hands
Extremities - Eruptions - vesicles - itching - hands - between fingers
Extremities - Itching - feet - right
Extremities - Itching - feet - soles
Extremities - Itching - feet - soles - right
Extremities - Itching - right
Extremities - Itching - toes
Extremities - Itching - toes - first
Extremities - Pain - 5pm-6pm
Extremities - Pain - 5pm-6pm
Extremities - Pain - aching - elbows
Extremities - Pain - ankles - right
Extremities - Pain - ankles - waking, on
Extremities - Pain - elbows - right
Extremities - Pain - fingers - pressure - agg
Extremities - Pain - intermittent
Extremities - Pain - knees
Extremities - Pain - knees - bending - agg
Extremities - Pain - knees - hollow of
Extremities - Pain - knees - left
Extremities - Pain - knees - Motion agg.
Extremities - Pain - knees - patella
Extremities - Pain - knees - patella - left
Extremities - Pain - knees - rubbing amel
Extremities - Pain - knees - walking
Extremities - Pain - numbness, with
Extremities - Pain - pinching
Extremities - Pain - pinching - knees
Extremities - Pain - pinching - knees - hollow of
Extremities - Pain - rubbing amel.

Extremities - Pain - sciatica
Extremities - Pain - sciatica - night - agg
Extremities - Pain - sciatica - numbness, with
Extremities - Pain - sciatica - right
Extremities - Pain - standing agg.
Extremities - Pain - stitching - knees - standing - while
Extremities - Pain - stitching - rubbing amel
Extremities - Pain - stitching - ankles
Extremities - Pain - stitching - fingers - pressure - agg
Extremities - Pain - stitching - fingers - second, index
Extremities - Pain - stitching - fingers - second, index - left
Extremities - Pain - stitching - fingers - tips
Extremities - Pain - stitching - knees
Extremities - Pain - stitching - knees - left
Extremities - Pain - stitching - knees - outer, lateral
Extremities - Pain - stitching - knees - patella
Extremities - Pain - stitching - knees - patella - left
Extremities - Pain - stitching - right
Extremities - Pain - stitching - splinters, as from - fingers
Extremities - Pain - stitching - sudden - knees - disappearing suddenly
Extremities - Pain - stitching - wrists
Extremities - Pain - stitching - wrists - right
Extremities - Pain - weariness - ankles
Extremities - Pain - weariness - legs
Extremities - Pain - weariness - lower limbs
Extremities - Pain - weariness - wrists
Extremities - Pain - wrists - extending to - arm
Extremities - Pain - wrists - right
Extremities - Pulling Sensation - lower limbs
Extremities - Redness - fingers - tips
Extremities - Restlessness - lying, while
Extremities - Restlessness - night - bed, before going to
Extremities - Restlessness - upper limbs - night
Extremities - Tingling, prickling - upper limbs - forearms
Extremities - Tingling, prickling - upper limbs - forearms - right
Extremities - Tingling, prickling - upper limbs - right
Extremities - Trembling - hands
Extremities - Trembling - upper limbs
Extremities - Twitching - legs - calves
Extremities - Twitching - night

Sleep

Sleep - Disturbed - heat, during
Sleep - Disturbed - pain, from
Sleep - Dozing

Sleep - Falling asleep - late
Sleep - Interrupted - heat, sensation of
Sleep - Position - side - impossible - right
Sleep - Position - side - left
Sleep - Refreshing
Sleep - Restless - anxiety, from
Sleep - Restless - heat - during
Sleep - Restless - restlessness, from physical
Sleep - Short - refreshing
Sleep - Sleepiness
Sleep - Sleepiness - afternoon - 5pm
Sleep - Sleepiness - chill - during
Sleep - Sleepiness - driving - agg
Sleep - Sleepiness - evening - 5pm - about
Sleep - Sleepiness - evening - early
Sleep - Sleepiness - intermittent
Sleep - Sleepiness - lying - lie down, desire to
Sleep - Sleepiness - morning - waking - on
Sleep - Sleepiness - overpowering
Sleep - Sleepiness - yawning, with
Sleep - Sleeplessness - night - first part of
Sleep - Sleeplessness - night - thoughts, with activity of
Sleep - Sleeplessness - thoughts, from
Sleep - Waking - anxiety, after
Sleep - Waking - cares, worries, from
Sleep - Waking - cough, from
Sleep - Waking - early, too
Sleep - Waking - easily
Sleep - Waking - fright, fear, after
Sleep - Waking - morning - 5am
Sleep - Waking - slept one's fill
Sleep - Waking - slept one's fill - short sleep, even after

Chill

Chill - Chilliness
Chill - Chilliness - bed - in
Chill - Chilliness - wrap up, with desire to
Chill - Vertigo, in
Chill - Warmth - desire for

Fever, Heat

Fever, Heat – Internal

Perspiration

Perspiration - Anxiety, with

Skin

Skin - Cracks

Skin - Dryness

Skin - Eruptions - desquamating

Skin - Eruptions - dry

Skin - Eruptions - eczema - dry

Skin - Eruptions - eczema - itching

Skin - Eruptions - granular

Skin - Eruptions - itching

Skin - Eruptions - painful

Skin - Eruptions - painful - sore, smarting

Skin - Eruptions - painless

Skin - Eruptions - pimples

Skin - Eruptions - pustules

Skin - Eruptions - rash - red

Skin - Eruptions - red - spots

Skin - Eruptions - spots

Skin - Eruptions - urticaria

Skin - Eruptions - urticaria - itching - with

Skin - Eruptions - vesicles - itching

Skin - Eruptions - vesicles - red

Skin - Heat

Skin - Itching - sudden

Skin - Itching - violent

Skin - Purpura - haemorrhagica

Skin - Red - spots

Skin - tingling, prickling

Generalities

Generalities - Activity - desires

Generalities - Afternoon - agg

Generalities - Afternoon - agg - 5pm

Generalities - Agility

Generalities - Applications - cold - amel

Generalities - Bed - in

Generalities - Clumsiness

Generalities - Conscious of body

Generalities - Covering - amel and desire for

Generalities - Energy - lots of

Generalities - Evening - agg

Generalities - Evening - agg - 8pm

Generalities - Exercise - desires
 Generalities - Faintness - vertigo, in
 Generalities - Food and drinks - cheese - amel. (new rubric)
 Generalities - Food and drinks - chocolate - agg
 Generalities - Food and drinks - chocolate - desires
 Generalities - Food and drinks - cold - drinks - desires
 Generalities - Food and drinks - cold - drinks, water - desires
 Generalities - Food and drinks - fat and rich food - aversion
 Generalities - Food and drinks - fruits - desires
 Generalities - Food and drinks - indistinct, knows not what, desires
 Generalities - Food and drinks - many things, desires
 Generalities - Food and drinks - milk - desires
 Generalities - Food and drinks - sugar - desires
 Generalities - Food and drinks - sweets - aversion
 Generalities - Food and drinks - tea - desires
 Generalities - Food and drinks - water - agg.
 Generalities - Food and drinks - water - desires
 Generalities - Heat - flushes of
 Generalities - Heat - flushes of - headache - during
 Generalities - Heat - lack of vital heat
 Generalities - Heat - sensation of
 Generalities - Heaviness
 Generalities - Lassitude
 Generalities - Lassitude - menses - before
 Generalities - Lie down - inclination to
 Generalities - Lump Sensation
 Generalities - Lying - during - bed
 Generalities - Motion - amel - rapid, running, dancing
 Generalities - Motion - amel - violent
 Generalities - Night - agg
 Generalities - Night - agg - 9pm
 Generalities - Numbness
 Generalities - One-sided
 Generalities - Pains - constricting
 Generalities - Pains - one-sided
 Generalities - Pains - pressing
 Generalities - Pains - shooting, darting, lightning quick
 Generalities - Pains - stitching
 Generalities - Physical restlessness - move, about continuously, wants to
 Generalities - Waking - agg
 Generalities - Waking - amel
 Generalities - Weariness
 Generalities - Weariness - menses - before
 Generalities - Weariness - waking - on
 Generalities - Wrapping - amel - head

Proving Symptoms with their Corresponding Rubrics

Mind

Prover	Day	Symptom	Rubric
1	3	Last clinic shift: in clinic, I thought I was remembering everything, but I was forgetting steps in a procedure.	Mind - Absentmindedness
6	0	feeling very creative, more ideas opening up	Mind - Activity - creative
2	7	Feels like I should be doing something or moving faster	Mind - Activity - desire for
6	1	masculine drive and movement, > pacing forcefully	Mind - Activity - desire for
2	7	Feels like I should be doing something or moving faster	Mind - Activity - restless
6	1	feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the hcild that can't be still	Mind - Activity - restless
5	1 to 9	once the symptoms dissipated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Affectionate
6	5	The dynamic of ease and disquiet isn't natural to my patterns	Mind - Alternating states - emotional
6	1	It's a heaviness, a simmering anger and resentment in response to that. No awareness of choice. There is no choice. Like a teen would feel; they have to do what their parents say, no power over their own life, the direction it's taking or the things they have to do.	Mind - Anger
98	60	Feeling angry and expressing it more.	Mind - Anger
1	11	had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach	Mind - Anger - stomach
1	11	had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach	Mind - Anguish - pain, with - stomach in
1	11	had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach	Mind - Anguish - pain, with - stomach in - pit
1	0	I was feeling kind of anxious	Mind - Anxiety
2	0	Normally have a bit of anxiety but not now (amel during proving)	Mind - Anxiety

5	3	one of my clients who came today (smoker)..his 3 rd hand smoke residue clings to his clothing and when I give Hypno to him, I tend to cough a lot, it disturbs my working abilities. This is a fear.	Mind - Anxiety - business, about
5	6	Normally feeling pressure to do things, but now I am looking forward to accomplishing the goals (amel during proving)	Mind - Anxiety - business, about
6	0	anxious, jittery feeling in throat and upper thoracic with sweats	Mind - Anxiety - chest, in
6	0	anxious, jittery feeling in throat and upper thoracic with sweats	Mind - Anxiety - throat, in
2	8	I've been noticing I feel calmer if I have an appointment.....I'm usually anxious if I have an appointment (amel during proving)	Mind - Anxiety - time is set, when a
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Mind - Anxiety - waking, on
97	3	Restless with a feeling of time is passing too quickly and being nervous about that	Mind - Anxiety - work - cannot
6	0	feeling very creative, more ideas opening up	Mind - Artistic
6	0	feels `creepy', wants to `crawl out of my skin'.	Mind - Aversion - herself, to
6	0	distaste, loathing, disgust, turned inwardly	Mind - Aversion - herself, to
6	0	not interacting w/ supervisor and she's sitting in front of me	Mind - Aversion to company
1	0	When I do things, I feel kind of awkward. When I carry things, or hold things, I'll move them in a position that's awkward, like my dexterity has gone down.	Mind - Awkwardness
5	6	Normally feeling pressure to do things, but now I am looking forward to accomplishing the goals (amel during proving)	Mind - Business - aptitude for
6	3	feels tired and doesn't want to go on trip for business	Mind - Business - averse to
1	3	was listening to people saying things that were funny and it would not bother me at all, I was quite enjoying it,	Mind - Cheerfulness
8	3	Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Cheerfulness
5	5	There is a happiness.	Mind - Cheerfulness

2	8	Feel less inclined to do things with the kids	Mind - Children - aversion to - her own
8	3	Feel that I want to care for my children - not protective - but nurturing them	Mind - Children - desires to - have, to beget, to nurture
96	5	intense feeling about my kids, very protective, walking around with them and if a car drove too close, growled.	Mind - Children - desires to - have, to beget, to nurture
6	1	I want to wear black. No color! Like a teenager going Gothic with black eyeliner.	Mind - Colors - aversion to
6	1	I want to wear black. No color! Like a teenager going Gothic with black eyeliner.	Mind - Colors - desires - black
6	2	looking at color was too stimulating, want no stimulation of the eyes > wearing black	Mind - Colors - desires - black - clothes
6	3	feels like she's knocking on doors, scaling walls to get through to her son	Mind - Communication - inability for
5	5	I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	Mind - Communication - inability for
8	21	During conversations...I have this feeling that I don't understand what they are saying...like they are speaking a different language and I don't understand the meaning.	Mind - Communication - inability for
8	1	More focused than usual	Mind - Concentration - active
8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Concentration - difficult
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Concentration - difficult
8	0	I tried to read a book. I found that I wasn't focussing as well as I used to.	Mind - Concentration - difficult - studying, reading
3	0	focusing on proofreading difficult	Mind - Concentration - difficult - studying, reading, while
8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Concentration - difficult - work, during
8	11	More confidence in what I do	Mind - Confidence - self, in

		feel a firmness, straight, let me tell you how it is. This masculine energy, who gives a shit!? My system will assimilate and integrate this energy whatever its about, not concerned about it. (supervisor observation - great confidence and no nonsense)	Mind - Confidence - self, in
6	1		
	2	9 No confidence Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Confidence - want of self
97	3		Mind - Confusion - time Mind - Confusion of mind
	2	0 The whole experience made me feel confused	Mind - Confusion of mind - identity, as to his
6	1	it's like being another person, living inside of me I'm flowing and then the left brain cuts in and	Mind - Confusion of mind - identity, as to his
6	5	doubts or I imagine it	Mind - Confusion of mind - identity, as to his
		My connection with people seems different, I don't seem to have a sense of distance, of boundaries,	Mind - Confusion of mind - identity, as to his - boundaries, and personal
1	1		Mind - Confusion of mind - identity, as to his
6	1	it's like being another person, living inside of me I'm flowing and then the left brain cuts in and	- duality, sensation of Mind - Confusion of mind - identity, as to his
6	5	doubts or I imagine it	- duality, sensation of
	5	I have more of a tendency this week to be In a place of contentment.	Mind - Contented
	5	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Contradict, disposition to Mind - Delusions, imagination - appreciated, that she is not
98	45		Mind - Delusions, imagination - coat of armor, wearing a (new rubric)
	6	1 Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions, imagination - controlled, every movement and thought
	6	1 Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions,
	6	1 There's a statement in that of feeling oppressed, a victim under someone else's influence and being controlled by that.	imagination - controlled, every movement and thought
	2	9 I feel that I look like a grub. I feel grubby.	Mind - Delusions,

			imagination - dirty - he is, she is
			Mind - Delusions, imagination - poisoned
6	0	feel toxic, like I've been poisoned	- has been, he
			Mind - Delusions, imagination - ugly
2	9	I don't feel confident and beautiful	
			Mind - Delusions, imagination - unreal, everything is
6	5	sense that things are not as they appear to be	
		There's a statement in that of feeling oppressed, a victim under someone else's influence and being	Mind - Delusions, imagination - victim, she is a
6	1	controlled by that.	
		Life is so much more mundane, boring, detached,	
1	6	not fun.	Mind - Detached
		I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	
5	5		Mind - Detached
		once the symptoms disappeared, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	
5	1 to 9		Mind - Detached
			Mind - Disgust - himself, with
6	0	distaste, loathing, disgust, turned inwardly	
		I feel like I talk to people at a distance . . . I'm speaking to you as if you were right beside me, and	Mind - Distance - inaccurate judgement of
1	1	clearly they were not close and it was inappropriate	
		He put his hand on my lap and I didn't know what	Mind - Dreams - abused, being
1	5	to do, and I realized I should remove it.	
		One girl at the party tried to stick her finger up my	Mind - Dreams - abused, being
2	0	anus	
		Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to	Mind - Dreams - accusations
6	1	get even with her. Tells me i'm very angry.	
			Mind - Dreams - adolescence
2	0	We are all really young, teenagers maybe	
			Mind - Dreams - adoption
1	4	Dream...I was planning to adopt the child	
		Dreams: Like an Indiana Jones adventure, into a	Mind - Dreams - adventurous
6	1	tomb, deep into the earth looking for treasure.	

1	4	We were starting to have trouble breathing, and he found a place up high, that we shot up to so that we could breathe.	Mind - Dreams - air, want of
2	2	I was thinking how irritating she is and I didn't want her to talk to me	Mind - Dreams - anger, angry
2	14	The feeling in the dream was a mix of anger at her stupidity and fear for her safety	Mind - Dreams - anger, angry
6	1	Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - anger, angry
8	20	I dreamt about ducks	Mind - Dreams - animals
3	3	Dream - something about catching a hummingbird - the rest of it escapes me though.	Mind - Dreams - animals
2	15	Dreamt about black panther licking my face	Mind - Dreams - animals
98	87	dream, all I remember is clearly seeing a tiger standing in front of me	Mind - Dreams - animals
2	0	There is a dog that I am leading	Mind - Dreams - animals
1	12	It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams - animals
2	1	A teen had cut a hole in the wall and snakes were living in the wall that led into the ground	Mind - Dreams - animals
4	12	Last night, I dreamt about being at a place where people were able to heal by having all sorts of animals (small ones) to take care of. It was was all very moving and heart stirring.	Mind - Dreams - animals - healing, using small animals for (new rubric)
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - animals - pursued by
2	14	The feeling in the dream was a mix of anger at her stupidity and fear for her safety	Mind - Dreams - anxious
8	6	Feeling - anguish, anxiety.	Mind - Dreams - anxious
2	0	I check out another girl to see if I am skinnier than her	Mind - Dreams - appearance, concern about
1	5	I felt guilty and ashamed for protecting my own boundaries	Mind - Dreams - ashamed - she is

4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - attacked
3	2	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - beautiful
8	20	I dreamt about ducks	Mind - Dreams - birds
3	3	Dream - something about catching a hummingbird - the rest of it escapes me though.	Mind - Dreams - birds
1	5	It's all about me creating a boundary, people invading my space	Mind - Dreams - boundaries crossed
1	4	We weren't concerned about the lack of air, because we could breath under water.	Mind - Dreams - breathe under water, she can
8	5	Dream, I arrived at the correct remedy. Feeling was of being successful at work	Mind - Dreams - business - success
2	15	Dreamt about black panther licking my face	Mind - Dreams - cats, felines
98	87	dream, all I remember is clearly seeing a tiger standing in front of me	Mind - Dreams - cats, felines
4	3	but when I saw it, it was a big cougar.	Mind - Dreams - cats, felines - big
2	15	Dreamt about black panther licking my face	Mind - Dreams - cats, felines - black
4	13	In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember feeling I had to be very careful about what I said to hi and then I woke up.	Mind - Dreams - cautious
2	14	Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - child - falling (new rubric)
2	8	Had a terrible dream that my daughter was lost	Mind - Dreams - child - losing

		She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her passing.	Mind - Dreams - children
6	6		
		Dream...something about me telling a story as a baby, like I was an infant in my parents arms,	Mind - Dreams - children - babies
1	2		Mind - Dreams - children - protecting them
		I was with family and children protecting them and the snake bit me	
2	23		
		That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others wish to abuse in her sexuality. I was concerned.”	Mind - Dreams - children - protecting them
6	1		
		Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - children in danger
2	14		
		That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others wish to abuse in her sexuality. I was concerned.”	Mind - Dreams - children in danger
6	1		
		Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that rolling them up was the best way.	Mind - Dreams - cities
4	1		

98	70	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - cliff, standing on a
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.	Mind - Dreams - climbing
1	12	went to the trees, landed in the branches. Climbed on many, many branches.	Mind - Dreams - climbing
1	4	the belt is an open washer and all the clothes, wad of clothes are clogged in it	Mind - Dreams - clothes
6	1	I'm on my knees putting stuff away in a clothes cupboard.	Mind - Dreams - clothes
1	4	the belt is an open washer and all the clothes, wad of clothes are clogged in it	Mind - Dreams - clothes - washing
1	1	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was sleeping	Mind - Dreams - coffins
1	1	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was sleeping	Mind - Dreams - coffins - alive sleeping person inside (new rubric)
3	2	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't remember what it was.	Mind - Dreams - computers
8	4	Dream...he was very assured of himself. He was more confident than I.	Mind - Dreams - confidence - want of
6	1	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - confused
4	3	but when I saw it, it was a big cougar.	Mind - Dreams - cougars (new rubric)
1	12	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - crime - he had committed a
2	9	Dream I was by a marina and I was trespassing	Mind - Dreams - crime - he had committed a
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - crimes

98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - criminals
4	13	In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember feeling I had to be very careful about what I said to hi and then I woke up.	Mind - Dreams - Criminals
8	6	Dream that I was being cursed by some person I feel responsible and worried for the other dogs	Mind - Dreams - cursed (new rubric)
2	0	safety	Mind - Dreams - danger
2	9	I had to get out of there because the ice was cracking and I was going to get engulfed in a wave of ice	Mind - Dreams - danger
1	1	it felt more perilous a situation when inside the car . . . it looked like we were going to fall off the left side of the ledge	Mind - Dreams - danger - falling
1	12	something happening threatening our lives so we had to make a run for it.	Mind - Dreams - danger - fleeing from a
4	3	I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would be dangerous, but I went anyway.	Mind - Dreams - danger - impending Mind - Dreams - danger - safe in a dangerous situation
2	15	Dreamt about black panther licking my face	
6	1	The dream shifted to a house in Black Diamond (Alberta), having coffee on the veranda with my daughter, feeling friendly and nice.	Mind - Dreams - daughter, of
7	0	Ex-friend has died. Phone call that he was in hospital in serious conditions.	Mind - Dreams - death - friends
1	1	A person of the clergy had died, like a pastor or reverend	Mind - Dreams - death - preachers
6	6	She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her passing.	Mind - Dreams - death, of

2	2	I new I would catch friend Ruth in a lie about her knowing stuff	Mind - Dreams - deception
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - defending - himself
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - defending - himself
2	75	I was concerned that they were going to eat food and get poop on the food so I was about to tell them to go wash their hands	Mind - Dreams - dirty
2	0	There is a dog that I am leading	Mind - Dreams - dogs
6	1	He accidently pushed a lever and the floor opened, fascinating what it revealed, amazing carved doors. Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards the	Mind - Dreams - doors
1	1	drive-in,	Mind - Dreams - driving - car
4	1	As we were driving downtown, we saw that some streets were being closed off.	Mind - Dreams - driving - car
6	1	A man came up to me. Looking into his eyes, he was stoned, a natural exalted state, expansive, maybe he'd taken peyote.	Mind - Dreams - drugs - hallucinogens
8	20	I dreamt about ducks	Mind - Dreams - ducks
2	2	There was pie and I was eating it	Mind - Dreams - eating
8	5	We were having lunch at a party	Mind - Dreams - eating
2	14	Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - efforts - unsuccessful
2	75	I was really embarrassed that I was not better prepared for that emergency	Mind - Dreams - embarrassment
8	4	I had to disguise the feeling that I did not know what to give him	Mind - Dreams - embarrassment
4	1	I remember that we met some people who were very excited about a big entertainer coming to town.	Mind - Dreams - entertainment
1	12	something happening threatening our lives so we had to make a run for it.	Mind - Dreams - escape
2	9	I had to get out of there because the ice was cracking and I was going to get engulfed in a wave of ice	Mind - Dreams - escape
8	6	Something evil was after us. We had to get rid of it.	Mind - Dreams - evil

2	75	Then I pooped on the floor of the tree house	Mind - Dreams - excrement
2	75	one of my treehouse siblings got it (feces) on their paw	Mind - Dreams - excrement - animal
2	75	one of my treehouse siblings got it (feces) on their paw	Mind - Dreams - excrement - walking in
2	0	I am being led through the streets of a very organized quaint little fairy tale city	Mind - Dreams - fairytale, as in a
2	14	Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - falling
1	4	I realized that she was going to fall, so I ran to the window and I caught her through the window	Mind - Dreams - falling
1	4	Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere, don't remember where we were going	Mind - Dreams - family
2	8	I was looking after my son and my husband let my daughter go with the ladies and babies	Mind - Dreams - family
8	5	The other was being around a lot of people, many patients and aso my family was there	Mind - Dreams - family
2	0	I manage to get him away from the other dog just in time to avoid a dog fight	Mind - Dreams - fights
1	12	On the side of the rock face, there were some clay/plastic men.	Mind - Dreams - figures
6	1	Carved stone ten feet tall and six feet wide, massive base relief including two figures holding a basket showing what treasure was behind the door, but the treasure wasn't what the man thought it would be.	Mind - Dreams - figures
4	1	We went by some some huge make shift statues of people in various positions.	Mind - Dreams - figures
8	6	We had to go where a bed post was, and light it on fire	Mind - Dreams - fire
2	75	First I dreamt that I was in a house and it was on fire	Mind - Dreams - fire - house, building on
1	12	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - fleeing, of
6	3	Dream - I remember being on my hands and knees peering at a small clump of white daisies	Mind - Dreams - flowers
1	4	We went up to the end of this area, we were flying by this time,	Mind - Dreams - flying
1	1	There was a Tupperware of food and a spoon, and it was pretty empty, and he had taken/eaten it.	Mind - Dreams - food

2	2	There was pie and I was eating it	Mind - Dreams - food
8	5	We were having lunch at a party	Mind - Dreams - food
			Mind - Dreams - food -
2	9	I was mortified I'd forgotten the cake	cakes and pastries
1	12	I was in a forest.	Mind - Dreams - forest
		Got up, went to Walmart, Forgot purse, went back	
		(confused), came back to store, couldn't remember	Mind - Dreams -
6	1	what to buy.	forgetful, being
		Which to me meant that those feelings of love that	Mind - Dreams -
1	5	people gave me were not genuine.	forsaken, forsaking
		I was in a group and we went to a psychic who did	Mind - Dreams - fortune
1	5	group readings	tellers, of
		An old friend found me just in time and I made it to	
2	2	the test	Mind - Dreams - friends
		Ex-friend has died. Phone call that he was in	
7	0	hospital in serious conditions.	Mind - Dreams - friends
		Anyway, we went to a friends place to sleep at	
		some place in town and we were supposed to get	
		up early to head out across town to see this big	
4	1	show that this entertainer was going to give.	Mind - Dreams - friends
		An old friend found me just in time and I made it to	Mind - Dreams - friends
2	2	the test	- old
			Mind - Dreams - friends
8	4	Took a case of a friend I hadn't seen in years	- old
		Last night I had a dream of someone holding me or	
		somebody else hostage in a store. There was fear or	Mind - Dreams -
98	90	threat of violence.	frightful
		They come in for the ceremony with an elaborate	Mind - Dreams -
1	1	ivory coffin.	funerals
		Dreams: Like an Indiana Jones adventure, into a	
6	1	tomb, deep into the earth looking for treasure.	Mind - Dreams - graves
		I felt guilty and ashamed for protecting my own	
1	5	boundaries	Mind - Dreams - guilt
1	1	someone was hiding him, or he was hiding.?	Mind - Dreams - hiding
		I was hiding from the police because they thought I	
1	12	had killed someone.	Mind - Dreams - hiding
		I couldn't see well on the stage and there she was	
2	8	hiding under a blanket crying	Mind - Dreams - hiding
		In my old house, the one I was in when I created	Mind - Dreams - home
1	6	the game.	- of - childhood home
7	0	Went to the hospital, his only option was life	Mind - Dreams -

		support		hospitals
1	1	Dream...there was a section where I was staying at a hotel with a friend, or trying to stay at a hotel,		Mind - Dreams - hotels
2	0	Then we are all just waiting outside this house for time to get our presents		Mind - Dreams - house, houses
2	1	It was bilt on the water's edge and when the tide came in the lot gets covered in water		Mind - Dreams - house, houses - flood, in a Mind - Dreams - house, houses - looking at to buy
2	1	Looking for a house to buy		Mind - Dreams - house, houses - run-down
2	1	The house was poorly designed and in bad shape		Mind - Dreams - house, houses - small, too (new rubric)
2	2	It was about a house and it was the wrong size, too small		Mind - Dreams - house, houses - tree (new rubric)
2	75	I had a dream right after that about being invited to live in a tree house		Mind - Dreams - house, houses - water's edge, at (new rubric)
2	1	It was bilt on the water's edge and when the tide came in the lot gets covered in water		Mind - Dreams - hummingbirds
3	3	Dream - something about catching a hummingbird - the rest of it escaps me though.		
2	9	I had to get out of there because the ice was cracking and I was going to get engulfed in a wave of ice		Mind - Dreams - ice, of
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."		Mind - Dreams - ill-treatment
1	5	He put his hand on my lap and I didn't know what to do, and I realized I should remove it.		Mind - Dreams - ill-treatment
8	4	I was not as prepared as I should be		Mind - Dreams - inadequate, feels
1	5	It's all about me creating a boundary, people invading my space		Mind - Dreams - invasion; people invading her space
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.		Mind - Dreams - jumping
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.		Mind - Dreams - kidnapping

1	4	It's like the belt is small and we're big, even if we're inside of it, we're bigger, if that makes sense.	Mind - Dreams - large, of growing
2	2	An old friend found me just in time and I made it to the test	Mind - Dreams - late, being
2	0	We are all attached to long long ropes and he is leading us	Mind - Dreams - leash, being on a
1	4	Then, I was thinking we would find the clothes, now that we could fly, but we dove back down in to the water because we couldn't find them,	Mind - Dreams - losing things
1	1	There was a line of baggage outside on the street, so we put our luggage there . . . someone was picking up the piece of luggage and we could not get it back from that person.	Mind - Dreams - luggage
1	2	they went to see this person we called the wizard	Mind - Dreams - magic
2	2	It was the wrong size so I used magic to make my head fit	Mind - Dreams - magic
8	6	Dream that I was being cursed by some person	Mind - Dreams - magic
1	12	If Judy held on, she went back to that same spot as well, like a very strong magnetic pull that didn't let her go very far.	Mind - Dreams - magnetic
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - maltreatment
1	12	I'm male in the dream, not female.	Mind - Dreams - man - she is a
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - mistreated by relatives
1	4	and there's wads of money - change, not bills	Mind - Dreams - money
1	4	Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere, don't remember where we were going	Mind - Dreams - mother
1	12	kind of a jagged rock face, kind of mountainous, I thought the sea was on the other side of it.	Mind - Dreams - mountains
1	1	Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards the drive-in,	Mind - Dreams - movies - going to the
6	1	Mother in law takes off her clothes to get dressed. I'm uncomfortable & curious about her nudity.	Mind - Dreams - nakedness

1	1	it was like an out of body experience as I watched myself cross	Mind - Dreams - out of body
2	75	with a family that was kind of an outsider to the rest of the normal world	Mind - Dreams - outsider - he is a
1	2	Dream...something about me telling a story as a baby, like I was an infant in my parents arms,	Mind - Dreams - parents
2	75	My dad came in to help me with the fire	Mind - Dreams - parents
2	0	I was at a party with friend but I don't know any of them	Mind - Dreams - parties
8	5	We were having lunch at a party	Mind - Dreams - parties
1	2	It was a story of my parents: they were First-Nation or Hawaiian, or something like that	Mind - Dreams - people - aboriginals
8	6	Something evil was after us. We had to get rid of it.	Mind - Dreams - persecution
1	11	dream, I had acupuncture needles stuck in my belly and scapula region of my left arm and my hip.	Mind - Dreams - pins, needles
2	9	Wanted to go hide in a room but there was a narrow opening	Mind - Dreams - places - narrow
1	1	There was a tropical setting again	Mind - Dreams - places - tropical
98	70	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - places - tropical
6	1	It was a loving and amused feeling. Amused by him, a tender, gentle amusement.	Mind - Dreams - pleasant
1	12	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - police, of
2	9	Dream ended by me almost to the point of successfully seducing my way out of being arrested	Mind - Dreams - police, of
4	1	We finally winded our way to the place where we were yesterday and found police directing traffic.	Mind - Dreams - police, of
1	12	The police found me and took me to a confinement centre.	Mind - Dreams - prisoner - being taken a
6	1	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - purchases, making

		Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that rolling them up was the best way.	Mind - Dreams - purchases, making
4	1		
		Then there was something about going somewhere and having to wait for 2 hours outside because of my purse was inside,	Mind - Dreams - purse - lost
1	4		
		The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - pursued - hunted, being
4	3		
		Then I reprimanded everyone including the children for not watching more closely	Mind - Dreams - quarrels, strife
2	8		
		Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - quarrels, strife
6	1		
		Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - quarrels, strife
3	2		
		Dream - visiting husbands first mother in law. She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her passing.	Mind - Dreams - responsibility, of - children, for
6	6		
		Then I heard a movement near by a river or a stream.	Mind - Dreams - rivers
4	3		
		kind of a jagged rock face, kind of mountainous, I thought the sea was on the other side of it.	Mind - Dreams - rocks
1	12		
		We are all attached to long long ropes and he is leading us	Mind - Dreams - ropes, chains, rings
2	0		
		I was being chased	Mind - Dreams - running
2	9		

7	0	Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Dreams - sad
1	12	It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams – school, of
4	1	I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that “smart” kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents. This is all I could remember.	Mind - Dreams – school, of
4	11	I only remember that I dreamt about learning how to learn in school. I really had to pay attention. I wish I could remember more.	Mind - Dreams – school, of
4	3	I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would be dangerous, but I went anyway.	Mind - Dreams - school, of – old, of
2	9	Dream ended by me amost to the point of successfully seducing my way out of being arrested	Mind - Dreams - seduction, of
2	0	I feel ashamed, but as if I have no choice	Mind - Dreams - shameful
1	12	It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams - slugs (new rubric)
2	1	A teen had cut a hole in the wall and snakes were living in the wall that led into the ground	Mind - Dreams - snakes
2	23	I dreamt that I had been bitten by a very large snake twice	Mind - Dreams - snakes - bitten by, of being
1	12	was a small Greecian army, in red and white	Mind - Dreams - soldiers
2	11	Once again I was looking at steps	Mind - Dreams - stairs
6	1	Looking into his eyes I could see the universe, a night sky with stars.	Mind - Dreams - stars, of
1	1	There was a line of baggage outside on the street, so we put our luggage there . . . someone was picking up the piece of luggage and we could not get it back from that person.	Mind - Dreams - stealing, theft

2	9	I actually shoplifted a \$6000 CD and had to escape getting caught	Mind - Dreams - stealing, theft
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - stealing, theft
2	9	I actually shoplifted a \$6000 CD and had to escape getting caught	Mind - Dreams - stealing, theft - he was
4	3	Then I heard a movement near by a river or a stream.	Mind - Dreams - streams
4	1	I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that "smart" kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents. This is all I could remember.	Mind - Dreams - studies
2	0	There is also a feeling of being possessed by him	Mind - Dreams - subordination like a servant
2	2	I dreamt I had to take some test and they forgot to give the room info and time	Mind - Dreams - tested, being
98	87	dream, all I remember is clearly seeing a tiger standing in front of me	Mind - Dreams - tigers
4	1	We finally winded our way to the place where we were yesterday and found police directing traffic.	Mind - Dreams - traffic
1	4	Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere, don't remember where we were going	Mind - Dreams - train, tram
6	3	Dream: Then getting on a crowded little tourist train, getting off at city center, having a meal, needing to pee.	Mind - Dreams - train, tram
6	1	Dreams: Like an Indiana Jones adventure, into a tomb, deep into the earth looking for treasure.	Mind - Dreams - treasure, finding a
1	12	went to the trees, landed in the branches. Climbed on many, many branches.	Mind - Dreams - trees
2	75	I had a dream right after that about being invited to live in a tree house	Mind - Dreams - trees

98	70	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - trees
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.	Mind - Dreams - trees
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.	Mind - Dreams - trees - climbing (new rubric)
1	12	went to the trees, landed in the branches. Climbed on many, many branches.	Mind - Dreams - trees - climbing (new rubric)
1	12	ghoul/troll person was handing out Duo-tangs of materials	Mind - Dreams - trolls
6	1	Looking into his eyes I could see the universe, a night sky with stars.	Mind - Dreams - universe, sees the (new rubric)
8	6	We were scared. Urgency to take this thing off.	Mind - Dreams - urgency
6	3	Jessica went to the toilet w/ me, no door, 2 toilet holes, side by side, sitting to pee, jessica becomes L.H.	Mind - Dreams - urinating, of
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - violence
2	0	Then we are all just waiting outside this house for time to get our presents	Mind - Dreams - waiting (new rubric)
4	3	When I got there, I came to a big huge wall. I somehow climbed on the top and looked over to where the school was.	Mind - Dreams - walls
2	75	I was concerned that they were going to eat food and get poop on the food so I was about to tell them to go wash their hands	Mind - Dreams - washing
1	4	and the belt is full of water, so we have to go back, and we have to swim back	Mind - Dreams - water
1	1	when we went to cross the bridge, it was actually a sand bar across the ocean,	Mind - Dreams - water - crossing (new rubric)
1	4	Then, I was thinking we would find the clothes, now that we could fly, but we dove back down in to the water because we couldn't find them,	Mind - Dreams - water - diving in

1	4	So we make it all the way up, and then the water starts to fill in to the level that we are on.	Mind - Dreams - water - flood
2	8	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - lakes
98	70	People were jumping from the top into some water or a pool below.	Mind - Dreams - water - people - jumping into
2	8	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - rivers
1	1	when we went to cross the bridge, it was actually a sand bar across the ocean,	Mind - Dreams - water - sea, ocean
1	4	and the belt is full of water, so we have to go back, and we have to swim back	Mind - Dreams - water - swimming in
2	0	We are all swimming	Mind - Dreams - water - swimming in
1	5	Then I began to cry, because I was completely overwhelmed	Mind - Dreams - weeping
1	21	I remember on Sunday night I was crying in my dream	Mind - Dreams - weeping
7	0	Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Dreams - weeping
1	4	My mother changed in to a guy, a random dude,	Mind - Dreams - women - man, changing into (new rubric)
8	4	Took a case of a friend I hadn't seen in years	Mind - Dreams - work
		Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it	
3	2	was.	Mind - Dreams - work
2	2	Then I was writing a story in the test	Mind - Dreams - writing
1	3	I'm just spacey today.	Mind - Dullness
		Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	
97	3		Mind - Dullness
		During conversations...I have this feeling that I don't understand what they are saying...like they are speaking a different language and I don't	Mind - Dullness - comprehend conversation, does not, and is unable to relate properly
8	21	understand the meaning.	
2	0	Have anxiety driving normally but it's like I'm driving in a fog	Mind - Dullness - fog, feels enveloped in a

5	1 to 9	Her manner of speech is slightly condescending (amel during proving)	Mind - Egotism, self esteem
5	5	I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	Mind - Estranged
5	1 to 9	once the symptoms dissipated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Estranged
5	3	I am more sensitive. The family issue was resolved there is nothing to be sensitive about.	Mind - Fear - failure - business or work
98	45	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Fight, wants to
8	21	Somehow excluded from the group	Mind - Forsaken feeling
2	7	Can't stop wriggling my right foot and I'm tapping my foot and fingers	Mind - Gestures - tapping with fingers
96	5	intense feeling about my kids, very protective, walking around with them and if a car drove too close, growled.	Mind - Growling like a dog
2	8	Feeling of not wanting to be home	Mind - Home - desire to leave
2	7	Feels like I should be doing something or moving faster	Mind - Hurry, haste
8	5	I have many plans	Mind - Ideas - abundant
4	1	during my meditation I felt like I could use my imagination in a more lively manner	Mind - Ideas - abundant
2	7	Feels like I want the other person to get on with it too	Mind - Impatience
8	3	Also with my dog, normally so impatient with them (amel during proving)	Mind - Impatience
8	23	I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Indifference, apathy - duties - domestic
1	1	I don't have the same sense of the importance of people or the fact that I like them.	Mind - Indifference, apathy - persons, to all
6	1	It's not fair. Someone oppressing me; they're not being reasonable.	Mind - Indignation
8	23	I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Indolence - housework, aversion to her usual

5	3	Today I am feeling like I am lazy bum...I should be doing more but I am not. I am not getting anything done.	Mind - Indolence, aversion to work
6	3	feels tired and doesn't want to go on trip for business	Mind - Indolence, aversion to work
8	1	The theme of being victimized and accused of unfairly came up	Mind - Injustice, cannot support
6	1	It's not fair. Someone oppressing me; they're not being reasonable.	Mind - Injustice, cannot support
8	3	Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Intolerance
5	9	In the past there would have been some time to take before decisions were made. Now, I just do it. I like the feeling of being decisive. (amel during proving)	Mind - Irresolution, indecision
8	3	Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Irritability
1	8	feeling annoyed to little things	Mind - Irritability
1	8	feeling annoyed to little things	Mind - Irritability - trifles
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - anxiety, during
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - joyless
1	1	I am laughing at things loudly and I am aware that it is loud	Mind - Laughing - loudly
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - nervous
1	1	I seem more outspoken, I'll say more things.	Mind - Loquacity
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Memory - weakness
1	3	Last clinic shift: in clinic, I thought I was remembering everything, but I was forgetting steps in a procedure.	Mind - Memory - weakness - do, for what he was about to
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Memory - weakness - time
2	12	I'm noticing that when I'm reading to the kids I slip on words, get a letter wrong, add a letter or change a letter	Mind - Mistakes - reading

97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Mistakes - time
2	0	I guess everything was distorted	Mind - Mistakes, making - perception, of
1	3	was listening to people saying things that were funny and it would not bother me at all, I was quite enjoying it,	Mind - Mood - agreeable
2	0	Emotions aren't as up and down today (amel during proving)	Mind - Mood - variable
8	23	I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Neglects - household
8	11	I have an optimistic overview	Mind - Optimism
1	5	If I wanted something to happen, I would say 'please let it happen', then immediately I would say "it won't" or "she won't" or "he won't",	Mind - Pessimist
8	11	I am more assertive in what I want	Mind - Positiveness
8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Postponing everything to next day
8	8	Mentally I feel drained	Mind - Prostration of mind
4	15	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Mind - Prostration of mind
5	5	Not to be at odds with anybody. There is no confrontation. (amel during proving)	Mind - Quarrelsomeness
98	45	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Quarrelsomeness
2	75	I was very quick and decisive and everyone was amazed at how quickly I acted	Mind - Quick to act
6	0	if I were a child, I wouldn't stop moving	Mind - Restlessness, nervousness
6	1	feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the hcild that can't be still	Mind - Restlessness, nervousness
97	3	Restless with a feeling of time is passing too quickly and being nervous about that	Mind - Restlessness, nervousness - work, during
6	2	I feel it under my skin, especially the right arm. I'm not comfortable in my own skin.	Mind - Senses - acute - body, of - skin surface

1	0	some colors more vivid: blue, red, everything seemed brighter, very vivid.	Mind - Sensitive, oversensitive - colors, to
6	2	looking at color was too stimulating, want no stimulation of the eyes > wearing black	Mind - Sensitive, oversensitive - colors, to
1	0	The lights were bothering my eyes	Mind - Sensitive, oversensitive - light, to
2	0	I was very sensitive to the kids noises	Mind - Sensitive, oversensitive - noise, to
5	5	heightened sense of smell – doesn't smell good.	Mind - Sensitive, oversensitive - odors, to
2	0	I felt like I was moving slowly	Mind - Slowness - motion, in
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Mind - Starting - sleep - from
1	3	I was more tolerant of intolerance	Mind - Sympathetic
8	1	I did not get along with this neighbor but said I would support her. This is new for me to be nice to her.	Mind - Sympathetic
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Mind - Thoughts - rush, flow of - sleeplessness - with
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Time - loss of conception of
97	3	Restless with a feeling of time is passing too quickly and being nervous about that	Mind - Time - passes too quickly, appearing shorter
3	1	energy, low	Mind - Wearisome
3	1	lethargic, heavy feeling >early evening (napped 5-8 pm)	Mind - Wearisome
4	15	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Mind - Wearisome
7	0	Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Weeping - morning - waking - dreaming, after
6	1	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - morning - waking - dreaming, after
6	1	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - waking, on

Vertigo

Prover	Day	Symptom	Rubric
8	8	Vertigo with headache	Vertigo - Headache - during
8	4	Nauseous and I felt cold all over (with vertigo)	Vertigo - Nausea - with
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Sudden
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Turning - agg - motion of head, or
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Violent

Head

Prover	Day	Symptom	Rubric
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Brittle - hair Head - Cutting hair - desires
2	9	I have a strong desire to cut and dye hair	
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Dryness - hair
8	3	Hair is smoother. It is usually drier. (amel during proving)	Head - Dryness - hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - margins of hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - rash
2	1	Foggy feeling in eyes and head all day	Head - Fog, brain feels enveloped in a
2	1	Heaviness on head, a pressure from inside like a fullness inside head	Head - Fullness
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - afternoon - agg - 2pm
8	4	2pm, Pain in head like a flash on the left side of the temple. A pressure.	Head - Pain - afternoon - agg - 2pm Head - Pain - disordered stomach, with
2	2	I had very noisy digestion at the same time	
8	6	Headache all day, all over the place. Pulsating, dull headache	Head - Pain - dull

2	0	Dull ache	Head - Pain - dull - forehead
2	0	Dull ache	Head - Pain - dull - forehead - eyes - above
2	0	Dull ache	Head - Pain - dull - forehead - noise, loud
2	0	Low grade headache in my frontal lobe...equal across forehead and over to sides	agg
2	0	Low grade headache in my frontal lobe...equal across forehead and over to sides	Head - Pain - forehead - extending to - sides
2	0	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - forehead - eyes - above
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - forehead - right
4	16	left side of head was really tender <hot bath	Head - Pain - forehead - right - extending to - eye
4	15	headache- left side	Head - Pain - heat - agg
2	2	The headache only got better when I went to lie down on my right side of my head	Head - Pain - left
8	5	A day before menses usuay get a headache. Didn't have that (amel during proving)	Head - Pain - lying - amel
2	10	Headache started at 9:30pm	Head - Pain - menses - before
2	0	Loud voices made headache worse	Head - Pain - night - agg.
4	3	back of my head feels tender	Head - Pain - noise agg
8	2	Headache like a pressure, worse pressure also	Head - Pain - occiput
8	4	2pm, Pain in head like a flash on the left side of the temple. A pressure.	Head - Pain - pressing - one-sided
8	2	Headache like a pressure, worse pressure also	Head - Pain - pressing - temples - left
8	2	Headache like a pressure, worse pressure also	Head - Pain - pressing - temples - pressure - agg
8	6	Headache all day, all over the place. Pulsating, dull headache	Head - Pain - pressing - temples - right
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - pulsating
2	2	Headache, Intense, came on suddenly	Head - Pain - right
2	2	Headache, Intense, came on suddenly	Head - Pain - sudden
			Head - Pain - sudden - forehead

8	2	Headache like a pressure, worse pressure also	Head - Pain - temples - pressure - agg
8	2	Slight headache on the right side of temple	Head - Pain - temples - right
4	16	left side of head was really tender <hot bath	Head - Pain - warmth - agg
2	1	Heaviness on head, a pressure from inside like a fullness inside head	Head - Pressure
6	0	head twisting to the right	Head - Twisting and sensation of

Eyes

Prover	Day	Symptom	Rubric
2	1	My eyes feel tight and dry	Eyes - Dryness
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Lids - upper
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Eyes - Eruptions - Lids - upper
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Eyes - Eruptions - Lids - upper - Left
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Lids - upper - Right
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Pimples - lids
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Pustules - lids
5	3	Like when you blink they have lachymation, not tears, but they are wet	Eyes - Lachrymation
4	14	(left eye) aches less today, but it is a little watery	Eyes - Lachrymation - left
6	0	looking up and to the right	Eyes - Movement - rolling - right
6	0	looking up and to the right	Eyes - Movement - rolling - upwards
4	13	Left eye aching - this is my weak eye.	Eyes - Pain - aching - left
5	5	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - canthi - Right
1	0	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - constricting

2	1	My eyes feel tight and dry	Eyes - Pain - constricting
2	2	Headache after lunch. On top of forehead on right side and behind right eye.	Eyes - Pain - extending to - forehead
2	15	Before going to sleep got a sharp shooting pain in my left eye. Lasted 30 seconds.	Eyes - Pain - left
4	13	Left eye aching - this is my weak eye.	Eyes - Pain - left
1	0	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing
1	0	It didn't change my vision with my glasses off, but the squeezing sensation was gone; when I put on my glasses in a dark room it was ok.	Eyes - Pain - pressing - dark - amel.
1	0	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing - pressure - agg.
2	2	Headache after lunch. On top of forehead on right side and behind right eye.	Eyes - Pain - right
2	15	Before going to sleep got a sharp shooting pain in my left eye. Lasted 30 seconds.	Eyes - Pain - stitching - left
4	13	Aching in left eye...Sometimes sharp, goes from the top to the back, constant sharp pain	Eyes - Pain - stitching - left
5	5	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - Stitching - right
5	3	The eyes are red. Like I have finished crying.	Eyes - Redness
6	0	looking up and to the right	Eyes - Turned - right
6	0	looking up and to the right	Eyes - Turned - upward

Vision

Prover	Day	Symptom	Rubric
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred - lachrymation, with
1	0	I felt shaky and everything was looking brighter,	Vision - Bright, seems
1	0	I felt shaky and everything was looking brighter,	Vision - Dazzling
1	0	The lights were bothering my eyes	Vision - Light - agg. - bright

Ears

Prover	Day	Symptom	Rubric
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Ears - Inflammation - bones, mastoid
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - dull - right
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - pressure - amel.
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - rubbing - amel.
3	7	Left ear hurts to swallow; old symptom of eustatian tube being blocked	Ears - Pain - swallowing, on
6	0	ear plugged on right side	Ears - Stopped sensation - right
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Stopped sensation - right
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Water, sensation of

Hearing

Prover	Day	Symptom	Rubric
2	0	I was very sensitive to the kids noises	Hearing - Acute - noise, to
2	0	I was very sensitive to the kids noises	Hearing - Acute - voices and talking
3	1	less sensitiive to noise - didn't have to wear ear plugs while using skill saw	Hearing - Impaired
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Hearing - Impaired
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Hearing - Impaired - water in ear, from

2	0	At noon had the sensation as if everyone's voices were echoing loudly	Hearing - Reverberating
2	0	At noon had the sensation as if everyone's voices were echoing loudly	Hearing - Reverberating - loud

Nose

Prover	Day	Symptom	Rubric
8	0	I started feeling cold air through the nose as I was breathing	Nose - Air - cold, as if Nose - Discharge - profuse
5	3	The nose has a lot of discharge.	Nose - Pain - air - cold, in
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - air - inhaling - agg
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - air - open - agg
8	4	Nose pain worse outside	Nose - Pain - inspiration - cold
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - internal - air, to inhaled
8	6	Cold air through the nose when breathing but now it is happening inside the house	Nose - Sneezing
5	3	Sneezing.	Nose - Sneezing
3	5	still sneezing more than usual	Nose - Sneezing - frequent
3	5	still sneezing more than usual	

Smell

Prover	Day	Symptom	Rubric
5	5	heightened sense of smell – doesn't smell good.	Smell - Acute
5	5	heightened sense of smell – doesn't smell good.	Smell - Acute - odors, for offensive
5	5	heightened sense of smell – doesn't smell good.	Smell - Bad
5	5	heightened sense of smell – doesn't smell good.	Smell - Offensive

Face

Prover	Day	Symptom	Rubric
1	3	painfully raw, dry cracked lips	Face - Cracks - lips

2	75	over the last month I have been noticing these very dark circles under my eyes	Face - Dark - eyes - below
1	3	painfully raw, dry cracked lips	Face - Dryness - lips
1	3	My lips are really dry, better when I drink.	Face - Dryness - lips - thirst, with
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - cheeks
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - cheeks
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - cheeks - left
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - fine
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - forehead
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - forehead - left
4	17	face really broke out in pustules	Face - Eruptions - pustules
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - rash
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - rash - forehead
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - rash - left
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - red - cheeks
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - rough
1	0	My face started to feel warm.	Face - Heat
3	1	cheeks warm, toasty, after nap, early evening	Face - Heat - cheeks
6	0	heat in right cheek	Face - Heat - cheeks - right
3	1	cheeks warm, toasty, after nap, early evening	Face - Heat - cheeks - waking, on
1	5	My lips are sill dry, but I'm drinking water and it's improving the rawness, and the heat of the lips.	Face - Heat - lips
7	6	Hot inside?...Feel it in the face...	Face - Heat - sensation of
1	3	painfully raw, dry cracked lips	Face - Pain - lips

5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws
5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws - articulation
5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws - articulation - right
6	0	feeling pressure in cheek and jaw	Face - Pressure - sensation, painless
6	0	swelling under R jaw w/ heat	Face - Swelling - hot
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Face - Swelling - jaws - lower
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Face - Swelling - jaws - lower - right
6	0	swelling under R jaw w/ heat	Face - Swelling - right
6	0	tingling right cheek, where I used to get herpes as a child	Face - Tingling, Prickling - cheeks
6	0	tingling right cheek, where I used to get herpes as a child	Face - Tingling, Prickling - right

Mouth

Prover	Day	Symptom	Rubric
8	3	Mouth is drier	Mouth - Dryness
8	3	Tonguer is drier	Mouth - Dryness - tongue
2	34	My tongue is swollen on the sides and inflamed	Mouth - Inflammation - tongue, glossitis
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Mouth - Swelling - glands, salivary - submaxillary, submandibulary
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Mouth - Swelling - glands, salivary - submaxillary, submandibulary - right
2	34	My tongue is swollen on the sides and inflamed	Mouth - Swelling - tongue - edges

Taste

Prover	Day	Symptom	Rubric
1	5	Food has lost its flavour	Taste - Diminished

1	7	Also anything I want to eat “this would taste good”, but then it doesn’t feel or taste good.	Taste - Insipid - food - tastes
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Throat

Prover	Day	Symptom	Rubric
2	14	Throat feels sore and scratchy and dry	Throat - Dryness - painful
2	3	More thirsty today. Throat more dry again	Throat - Dryness - thirst - with
4	1	I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Hawking - ineffectual Throat - Hawking - mucus in the larynx, from
8	7	Mucus in back of throat. Clear my throat.	
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Inflammation - left
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - agg
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - not amel by
97	3	Clearing the throat	Throat - Mucus
8	7	Mucus in back of throat. Clear my throat.	Throat - Mucus
4	1	I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Mucus - detach, difficult to
5	0	phlegm in my throat after eating lunch, unusual, rare, started at around 2 0’clock	Throat - Mucus - eating - after
2	3	Throat pain better cold liquids	Throat - Pain - drinks - cold - amel
8	5	Around 8pm I had a pain on the left side of the throat	Throat - Pain - evening
8	5	Around 8pm I had a pain on the left side of the throat	Throat - Pain - left
8	5	Pulsating throat pain...worse swallowing	Throat - Pain - pulsating, throbbing
2	3	Feels raw when clear throat	Throat - Pain - rawness
2	3	Throat pain better cold liquids	Throat - Pain - rawness - drinks amel - cold
2	3	Feels raw when clear throat	Throat - Pain - rawness - hawking agg

2	14	Throat feels sore and scratchy and dry	Throat - Pain - soreness
8	5	Pulsating throat pain...worse swallowing	Throat - Pain - swallowing - agg
2	2	Feel a cold in throat but cold's not there yet, like a scratch	Throat - Scratching sensation
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Swelling - left

Neck

Prover	Day	Symptom	Rubric
1	0	Neck pain not a pain I'm used to describe, kind of a drawing down	Neck - Pain - drawing
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Neck - Pain - extending - downward
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Neck - Pain - extending - shoulder
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - right
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - sides - right
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - stitching
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - stitching - sides - right
1	0	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in the area.	Neck - Tension

Stomach

Prover	Day	Symptom	Rubric
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Anger - agg Stomach - Appetite - capricious
1	6	I can't figure out what to eat	Stomach - Appetite - increased
2	2	Feel hungrier than normal but no cravings	

8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - increased
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Appetite - increased - morning
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Appetite - increased - nausea - with
2	6	I am definitely more hungry and the hunger comes on suddenly with nausea	Stomach - Appetite - increased - sudden
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - insatiable
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - ravenous
2	11	Ravenous hunger with headache	Stomach - Appetite - ravenous - headache, during
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous - nausea - with
2	2	My stomach was growling and gurling away for about 20 mins.	Stomach - Gurgling noise
97	3	Heaviness in stomach area. Nauseous during the day.	Stomach - Heaviness
8	3	Ate some chocolate and felt a heaviness in the stomach	Stomach - Heaviness - eating - after
1	7	when eat something it's sitting in my stomach.	Stomach - Lump sensation - eating, after
8	4	Ate soup for lunch and it sits heavy in my stomach.	Stomach - Lump sensation - eating, after
1	6	Like a stone. Sitting like heaviness.	Stomach - Nausea
1	6	feel a bit nauseous	Stomach - Nausea
97	3	Heaviness in stomach area. Nauseous during the day.	Stomach - Nausea
1	6	Water helps the water point but it accentualizes the nausea	Stomach - Nausea - drinking - agg. - water
2	11	Eating and drinking cold gatorade helped the nausea/hunger feeling	Stomach - Nausea - drinking - amel
1	7	Generally nauseous upon eating	Stomach - Nausea - eating - after
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - eating - after
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Nausea - eating - amel
8	2	8pm, started feeling nauseous	Stomach - Nausea - evening

1	6	The slightly nauseous sensation when I'm not eating what my body thinks it needs.	Stomach - Nausea - fasting - agg.
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - headache, during
8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - intermittent
2	18	9pm, very nauseous	Stomach - Nausea - night
8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - paroxysmal
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Nausea - vomiting - without
1	7	Nauseous, but I didn't throw up.	Stomach - Nausea - vomiting - without
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - paroxysmal
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - sitting - amel
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Sadness, with
8	2	Thirstier than usual	Stomach - Thirst
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - drink, with aversion to
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - extreme
2	6	More thirsty...I brought water to bed with me...I usually don't like water	Stomach - Thirst - often, frequent
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to - cannot, but

Abdomen

Prover	Day	Symptom	Rubric
1	7	Lot of gas, bit bloated.	Abdomen - Distention
1	7	Lot of gas, bit bloated.	Abdomen - Distention - with nausea

6	0	right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - itching
6	0	right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - urticaria
1	7	Lot of gas, bit bloated.	Abdomen - Flatulence
1	11	like something sitting heavy in it. ? Low. Midline under my umbilicus,	Abdomen - Heaviness
1	11	like something sitting heavy in it. ? Low. Midline under my umbilicus,	Abdomen - Heaviness - hypogastrium
1	7	Any physical location for nausea? Below umbilicus [across abdomen],	Abdomen - Nausea
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - extending - downward
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - extending - lower limbs - thigh
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - left
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - extending - downward
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - extending - thighs
5	1	a ‘stitch or pain’ on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - left

Rectum

Prover	Day	Symptom	Rubric
1	6	Urgency for BM, but nothing happened – today	Rectum - Constipation - urging - with
2	27	BM's are normal with my period now. I usually get diarrhea (amel during proving) or BM's with severe cramps.	Rectum - Diarrhea - menses - during
3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive

3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive - foul
2	5	Hemorrhoids - not there. I used to get rectal bleeding with them, so far has stopped (amel during proving)	Rectum - Hemorrhage - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - painful - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - stool - agg
2	27	BM's are normal with my period now. I usually get diarrhea (CS) or BM's with severe cramps.	Rectum - Menses agg - during
2	10	Bowel movements were more urgent	Rectum - Urging
1	7	BM? I've been having them at night for a while now, usually got them in the morning.	Rectum - Urging - night

Bladder

Prover	Day	Symptom	Rubric
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Inactivity
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urging to urinate, morbid desire - absent
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night - seldom during day

Urine

Prover	Day	Symptom	Rubric
3	0	urine, smells like when you eat asparagus and I hadn't eaten that	Urine - Odor - Asparagus, like after eating
8	8	Urinating profusely. Drinking the same amount.	Urine - Profuse, increased

Female

Prover	Day	Symptom	Rubric
6	1	vagina, dry inside	Female - Dryness - vagina
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - labia
5	1	It hurts, feels like you have a zit, discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - painful
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pimples - labia
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pustules - labia
6	2	hot flashes	Female - Heat - flushes of
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Heaviness - uterus
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - standing - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - thin, watery
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - walking - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - white
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - bright red
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - brown
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted - dark
8	5	Menses early. My period came almost a week before it should. 5 days.	Female - Menses - frequent, too early, too soon

3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Menses - frequent, too early, too soon
8	5	Menses early. My period came almost a week before it should. 5 days.	Female - Menses - frequent, too early, too soon - five days too early
3	9	menses 9 days early, flow is heavy	Female - Menses - frequent, too early, too soon - nine days too early
97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - intermittent
97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - irregular
2	0	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - standing - amel. (new rubric)
2	0	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - walking - amel.
2	1	Have menses - usually very, very painfu. Now there is no pain (amel during proving)	Female - Menses - painful, dysmenorrhea
8	8	Cramps around 5pm. It is the end of my period	Female - Menses - painful, dysmenorrhea
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Menses - painful, dysmenorrhea
2	1	No heaviness of period. Usually heavy flow. (amel during proving)	Female - Menses - profuse
3	9	menses 9 days early, flow is heavy	Female - Menses - profuse
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - profuse - protracted, and
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged
97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - protracted, prolonged
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged - seven days

3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pain - Bearing down - menses - during Female - Pain - bearing down - uterus and region of - menses - during
2	1	Normally feels like everything will fall out during period (amel during proving)	Female - Pain - cramping - menses - before
3	6	cramping one week before period	Female - Pain - cramping - uterus
3	1	cramping two weeks before period	Female - Pain - cramping - uterus - menses - before
3	1	cramping two weeks before period	Female - Pain - cramping - uterus - ovulation, during
3	1	cramping two weeks before period	Female - Pain - menses - after
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	Female - Pain - menses -before
3	6	cramping one week before period	Female - Pain - ovaries - menses - after
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pushing sensation, uterus Female - Redness - spots
5	1	next to it something that looks like a blood spot	

Speech & Voice

Prover	Day	Symptom	Rubric
8	7	My voice went.	Speech - Lost - voice
8	11	Voice goes away after talking	Speech - Lost - voice - talking, after prolonged
1	1	I'll say rather loudly, emphatically, the major point of my thought, instead of keeping it in my head.	Speech - Loud voice
8	11	Voice goes away after talking	Speech - Talking agg
8	7	Voice is weaker - not the same strength	Speech - Weak voice

Respiration

Prover	Day	Symptom	Rubric
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3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Respiration - Difficult - pain, during
8	0	Constricted in the chest and the respiration (at night in bed)	Respiration - Impeded - constriction - chest
8	0	Constricted in the chest and the respiration (at night in bed)	Respiration - Impeded - night

Cough

Prover	Day	Symptom	Rubric
8	0	When breathing deeply I started to cough. A quick dry, not deep cough.	Cough - Breathing - agg - deep
8	11	Coughing...tickling back of the throat. It was dry. Nothing helped it.	Cough - Dry
8	0	When breathing deeply I started to cough. A quick dry, not deep cough.	Cough - Dry - inspiration - deep
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - morning
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - tickling, from - throat
8	11	Coughing...tickling back of the throat. It was dry. Nothing helped it.	Cough - Dry - tickling, from - throat
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - waking
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Tickling - from - throat
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Tickling - waking, on
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Waking, on

Chest

Prover	Day	Symptom	Rubric
8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction

8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - night - bed, in
8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - restlessness, with
1	4	Dry nipples	Chest - Dryness - nipples
1	8	dry nipple more dry on right side	Chest - Dryness - nipples - right (new rubric)
6	1	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Chest - Fluttering sensation
8	0	Then I started feeling a heaviness in my chest	Chest - Heaviness
1	4	itchy right breast	Chest - Itching - mammae
8	8	Right breast - have to scratch!	Chest - Itching - mammae
1	4	itchy right breast	Chest - Itching - mammae - right (new rubric)
8	8	Right breast - have to scratch!	Chest - Itching - mammae - right (new rubric)
5	0	I had prickles, shots of pain, momentary...under my breast- left breast.	Chest - Pain - stitching - mammae - region of - under - left
8	0	But this time I feel a pressure on the chest.	Chest - Pressure on chest
2	4	Throughout the day had a weird feeling in my chest and back. Like a scratchy feeling.	Chest - Scratching sensation

Heart & Circulation

Prover	Day	Symptom	Rubric
	6	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Heart & Circulation - Fluttering Sensation, heart

Back

Prover	Day	Symptom	Rubric
	1	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region

1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - back, down
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - downwards
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - muscles - trapezius
1	0	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in the area.	Back - Pain - constricting - cervical region
8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - dorsal region - scapulae - between
1	0	Neck pain not a pain I'm used to describe, kind of a drawing down	Back - Pain - drawing - cervical Region
2	1	No back pain with this menses (amel during proving)	Back - Pain - menses - during
8	5	Really bad back pain with it - lower back pain (with menses)	Back - Pain - menses - during
8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - pinching - dorsal region - scapulae
8	5	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pinching - lumbar region
8	6	Shoulder area felt pressure	Back - Pain - pressing - dorsal region - scapulae
8	5	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pressing - lumbar region - menses, during
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - sitting - amel
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - standing - agg
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - rubbing - amel
8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - shoulders, between
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - sitting - amel

1	0	For example, say you pulled your neck, you're sore from doing something not normally done, that's what it felt like.	Back - Pain - sore - cervical region
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - standing - agg
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Stiffness - dorsal region
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Stiffness - stretching amel
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Tension - dorsal region
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Tension - stretching amel.

Extremities

Prover	Day	Symptom	Rubric
2	12	When going to sleep, I feel colder than usual especialy on my legs and feet	Extremities - Chilliness - feet
2	12	When going to sleep, I feel colder than usual especialy on my legs and feet	Extremities - Chilliness - legs
2	12	When going to sleep, I feel colder than usual especialy on my legs and feet	Extremities - Chilliness - lower limbs
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Cracks - hands
8	4	Hands are drier especially the palms. Both hands are really dry.	Extremities - Dryness - hands
8	4	Hands are drier especially the palms. Both hands are really dry.	Extremities - Dryness - hands - palms
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - desquamating - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - dry - elbows - bend of
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - dry - hands

98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - dry - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - dry - legs
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - eczema - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - hands
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - itching - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - elbows
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - red - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - legs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots - lower limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots - upper limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - rough

5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - spots - lower limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - spots - upper limbs
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - urticaria - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - vesicles - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - vesicles - itching - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - vesicles - itching - hands - between fingers
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - right
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles - right
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - right
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - toes
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - toes - first
2	2	5:30pm, Knee pain worse walking and lifting leg 5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a	Extremities - Pain - 5pm-6pm
8	3	sliver	Extremities - Pain - 5pm-6pm
8	11	Tennis elbow in right elbow. Aching elbow.	Extremities - Pain - aching - elbows
8	11	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching pain.	Extremities - Pain - ankles - right
8	11	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching pain.	Extremities - Pain - ankles - waking, on

8	11	Tennis elbow in right elbow. Aching elbow.	Extremities - Pain - elbows - right
8	4	Felt the sting in the left index finger again, worse pressure	Extremities - Pain - fingers - pressure - agg
2	2	Knee pain on right knee, inner part. Intermittent pain for one hour.	Extremities - Pain - intermittent
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - knees
2	2	Hurts like a pinch when I move it into bended position	Extremities - Pain - knees - bending - agg
2	2	Knee pain on right knee, inner part. Intermittent pain for one hour.	Extremities - Pain - knees - hollow of
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - knees - left
2	2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - Motion agg.
2	0	It was on the outside of the knee	Extremities - Pain - knees - patella
2	0	It was on the outside of the knee	Extremities - Pain - knees - patella - left
2	0	I rubbed it and it felt better	Extremities - Pain - knees - rubbing amel
2	2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - walking
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - numbness, with
2	2	Hurts like a pinch when I move it into bended position	Extremities - Pain - pinching
2	2	Hurts like a pinch when I move it into bended position	Extremities - Pain - pinching - knees
2	2	Hurts like a pinch when I move it into bended position	Extremities - Pain - pinching - knees - hollow of
2	0	I rubbed it and it felt better	Extremities - Pain - rubbing amel.
2	11	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica
2	11	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica - night - agg
2	11	A numb pain from coccyx down back of both legs	Extremities - Pain - sciatica - numbness,

with

2	11	Right leg hurting again coccyx pain down to thigh, sharp pain	Extremities - Pain - sciatica - right
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - standing agg.
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees - standing - while
2	0	I rubbed it and it felt better	Extremities - Pain - stitching - rubbing amel
2	6	Ankle - sore right achilles tendon...same sharp pain that I felt in my knee	Extremities - Pain - stitching - ankles
8	11	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching pain.	Extremities - Pain - stitching - ankles
8	4	Felt the sting in the left index finger again, worse pressure	Extremities - Pain - stitching - fingers - pressure - agg
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - second, index
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - second, index - left
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - tips
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees - left
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - outer, lateral
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - patella
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - patella - left

2	6	Ankle - sore right achilles tendon...same sharp pain that I felt in my knee	Extremities - Pain - stitching - right
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - splinters, as from - fingers Extremities - Pain - stitching - sudden - knees - disappearing suddenly
2	0	It was a sharp quick pain...subsided quickly	Extremities - Pain - stitching - wrists
5	0	prickle at wrist (r.) inside – momentary duration	Extremities - Pain - stitching - wrists - right
5	0	prickle at wrist (r.) inside – momentary duration	Extremities - Pain - stitching - wrists - right
2	6	Felt like my ankle gave away with a sharp pain and then weakness	Extremities - Pain - weariness - ankles
2	0	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	Extremities - Pain - weariness - legs
2	0	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	Extremities - Pain - weariness - lower limbs
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - weariness - wrists Extremities - Pain - wrists - extending to - arm
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - wrists - right
2	2	I feel a little pull up my inner right thigh	Extremities - Pulling Sensation - lower limbs
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Redness - fingers - tips Extremities - Restlessness - lying, while
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Extremities - Restlessness - night - bed, before going to
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Extremities - Restlessness - upper limbs - night
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Extremities - Tingling, prickling - upper limbs - forearms
6	0	prickly under skin on right forearm	

6	0	prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - forearms - right
6	0	prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - right
6	1	shaky hands and through arms, < 10a.m.	Extremities - Trembling - hands
6	1	shaky hands and through arms, < 10a.m.	Extremities - Trembling - upper limbs
2	2	9pm, Sitting quietly and my right leg calf muscle started twitching	Extremities - Twitching - legs - calves
2	2	9pm, Sitting quietly and my right leg calf muscle started twitching	Extremities - Twitching - night

Sleep

Prover	Day	Symptom	Rubric
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Disturbed - heat, during
4	17	My face really broke out in pustules and I could not sleep well. My headaches got worse.	Sleep - Disturbed - pain, from
2	1	At 5:30pm got really cold again. Laid down under 2 blankets for 20 minutes and dozed off.	Sleep - Dozing
98	60	Normally I am tired earlier but these days am feeling very alert and full of energy late at night, go to bed late	Sleep - Falling asleep - late
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Interrupted - heat, sensation of
8	0	I couldn't sleep on my right side. Strange because I always fall asleep on that side.	Sleep - Position - side - impossible - right
8	0	Lying on the left side	Sleep - Position - side - left
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Refreshing
2	7	Woke up at 7:30am and didn't feel tired even though I went to bed late	Sleep - Refreshing
5	3	didn't wake up, but was restless, to a theta semi conscious state, worrying about one of my clients	Sleep - Restless - anxiety, from
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Restless - heat - during

			Sleep - Restless - restlessness, from physical
2	8	Restless sleep again. A body restlessness	
		Arms were restless and I couldn't find a	Sleep - Restless - restlessness, from physical
8	0	comfortable position	
		I felt very refreshed, and lots of energy, and that's	
		very unusual for me. And I went to bed at 12:30 the	Sleep - Short - refreshing
1	2	night before!	
		Woke up at 7:30am and didn't feel tired even	Sleep - Short - refreshing
2	7	though I went to bed late	
		I haven't been needing as much sleep. I don't get as	Sleep - Short - refreshing
98	60	many hours as usual but wake up feeling OK.	
2	1	Tired about 5:30pm. That is out of character for me	Sleep - Sleepiness
		A wave of sleepiness. Like yawning in the face.	
		Really sleepy. This is for 10 minutes while I was	
8	0	driving.	Sleep - Sleepiness
		Started noticing drowsiness about 5 pm, over	Sleep - Sleepiness - afternoon - 5pm
3	0	dinner	
		At 5:30pm got really cold again. Laid down under	Sleep - Sleepiness - chill - during
2	1	2 blankets for 20 minutes and dozed off.	
		A wave of sleepiness. Like yawning in the face.	
		Really sleepy. This is for 10 minutes while I was	Sleep - Sleepiness - driving - agg
8	0	driving.	
		Started noticing drowsiness about 5 pm, over	Sleep - Sleepiness - evening - 5pm - about
3	0	dinner	
		Tired about 5:30pm. That is out of character for me	Sleep - Sleepiness - evening - early
2	1	My energy also seems to lag after dinner – I	
98	60	become quite prostrated, have to lie down.	Sleep - Sleepiness - evening - early
		Started noticing drowsiness about 5 pm, over	Sleep - Sleepiness - evening - early
3	0	dinner	
		A wave of sleepiness. Like yawning in the face.	
		Really sleepy. This is for 10 minutes while I was	Sleep - Sleepiness - intermittent
8	0	driving.	
		My energy also seems to lag after dinner – I	Sleep - Sleepiness - lying - lie down, desire to
98	60	become quite prostrated, have to lie down.	
		Want to lie down and go to sleep	Sleep - Sleepiness - lying - die down, desire to
2	1		
		tired on waking	Sleep - Sleepiness - morning - waking - on
3	1		

8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - overpowering
98	60	My energy also seems to lag after dinner – I become quite prostrated, have to lie down.	Sleep - Sleepiness - overpowering
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - yawning, with
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - first part of
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - thoughts, with activity of
8	17	Took a long time to fall asleep. Busy head. Trying not to think of things.	Sleep - Sleeplessness - thoughts, from
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - thoughts, from
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - anxiety, after
8	2	Not a good feeling when I wake. Something bothering me.	Sleep - Waking - cares, worries, from
1	5	and I woke up with a very dry cough	Sleep - Waking - cough, from
1	5	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - early, too
7	0	It was early in am 8 – 8:30 am...I wouldn't get up this early on w/e...I normally stay in bed until 9 am	Sleep - Waking - early, too
1	1	When woke up at 6 am, it was relatively easy, which is pretty unusual.	Sleep - Waking - easily
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - fright, fear, after
1	5	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - morning - 5am
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - morning - 5am
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Waking - slept one's fill
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Waking - slept one's fill - short sleep, even after

Chill

Prover	Day	Symptom	Rubric
8	0	Chilliness In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Chilliness
5	4	Immediately felt chilly...I am now wrapped in a blanket	Chill - Chilliness - bed - in
2	0	In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Chilliness - wrap up, with desire to
5	4	Nauseous and I felt cold all over (with vertigo)	Chill - Chilliness - wrap up, with desire to
8	4	In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Vertigo, in
5	4		Chill - Warmth - desire for

Fever, Heat

Prover	Day	Symptom	Rubric
3	1	body temp warmer than usual	Fever, Heat - Internal

Perspiration

Prover	Day	Symptom	Rubric
6	0	anxious, jittery feeling in my throat and upper thoracic with sweats	Perspiration - Anxiety, with

Skin

Prover	Day	Symptom	Rubric
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Cracks
8	4	Hands are drier especially the palms. Both hands are really dry.	Skin - Dryness
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - desquamating
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - dry

5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - itching
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - granular
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - itching
5	1	It hurts, feels like you have a zit,	Skin - Eruptions - painful
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - painful - sore, smarting
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - painless
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pimples
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pimples
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pustules
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pustules
4	17	face really broke out in pustules	Skin - Eruptions - pustules
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - rash - red
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Skin - Eruptions - rash - red
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - red - spots
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - spots
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - urticaria

6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - urticaria - itching - with
		Right hand, little vesicles with nothing inside.	Skin - Eruptions - vesicles - itching
8	11	Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - vesicles - red
		Right hand, little vesicles with nothing inside.	Skin - Heat
8	11	Dryness, itching between the fingers. Red, stung.	Skin - Heat
1	0	My face started to feel warm.	
6	0	heat in right cheek	
		Itching, right foot arch (bottom). When I was	
8	8	driving. Sudden. Itches like mad.	Skin - Itching - sudden
		Itching, right foot arch (bottom). When I was	
8	8	driving. Sudden. Itches like mad.	Skin - Itching - violent
5	1	next to it something that looks like a blood spot	Skin - Purpura - haemorrhagica
5	1	next to it something that looks like a blood spot	Skin - Red - spots
6	0	prickly under skin on right forearm	Skin - tingling, prickling

Generalities

Prover	Day	Symptom	Rubric
8	5	I have many plans, good energy, want to do thing	Generalities - Activity - desires
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg - 5pm
2	75	Then I had to apply a special technique to help her release her mouth grip. It was crazy, but I was very quick and decisive and everyone was amazed at how quickly I acted...somehow as if by instinct I was able to know where to apply the appropriate pressure in order to get her to let go	Generalities - Agility Generalities - Applications - cold - amel
7	6	>cold wash cloth, help me to sleep	
1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Bed - in
1	3	Things are falling out of my hands when I carry them.	Generalities - Clumsiness
6	2	I feel it under my skin, especially the right arm. I'm not comfortable in my own skin.	Generalities - Conscious of body

2	0	I had to put a toque and scarf on to get rid of the chill	Generalities - Covering - amel and desire for
5	4	Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Generalities - Covering - amel and desire for
1	0	Nervous energy . . . Like I wanted to throw off excess energy	Generalities - Energy - lots of
2	2	Today I have a lot of energy	Generalities - Energy - lots of
8	5	I have many plans, good energy, want to do thing	Generalities - Energy - lots of
4	1	Felt energized, more than usual	Generalities - Energy - lots of
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Evening - agg
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Evening - agg - 8pm
8	3	I did exercise without giving up earlier in the morning	Generalities - Exercise - desires
6	1	masculine drive and movement, > pacing forcefully	Generalities - Exercise - desires
8	4	I felt like I might faint if it lasted longer (the vertigo)	Generalities - Faintness - vertigo, in
1	6	I felt better eating the cheese	Generalities - Food and drinks - cheese - amel. (new rubric)
8	3	Ate some chocolate and felt a heaviness in the stomach	Generalities - Food and drinks - chocolate - agg
8	11	Craving chocolate. Stronger than usual. I want chocolate.	Generalities - Food and drinks - chocolate - desires
2	6	Especially like cold cold juice or milk	Generalities - Food and drinks - cold - drinks - desires
3	0	I want to drink something cold to wake me up	Generalities - Food and drinks - cold - drinks, water - desires
1	2	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	Generalities - Food and drinks - fat and rich food - aversion
6	6	craving fruit	Generalities - Food and drinks - fruits - desires

1	2	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	Generalities - Food and drinks - indistinct, knows not what, desires
8	5	No cravings - unusual (amel during proving)	Generalities - Food and drinks - many things, desires
2	6	Especially like cold cold juice or milk	Generalities - Food and drinks - milk - desires
8	8	I want something sweet	Generalities - Food and drinks - sugar - desires Generalities - Food and drinks - sweets - aversion
1	2	Don't like sweet things this morning.	Generalities - Food and drinks - tea - desires
8	3	Wanted warm tea all day	Generalities - Food and drinks - water - agg.
1	7	worse with water	Generalities - Food and drinks - water - desires
1	2	I want water instead of sugar and fat	Generalities - Food and drinks - water - desires
2	6	More thirsty...I brought water to bed with me...I usually don't like water	Generalities - Food and drinks - water - desires
8	2	Desire water - room temperature	Generalities - Food and drinks - water - desires
7	3	drank more water than usual today	Generalities - Food and drinks - water - desires
6	2	hot flashes	Generalities - Heat - flushes of Generalities - Heat - flushes of - headache - during
2	2	Headache came on suddeny and I got a flush of heat with it too	Generalities - Heat - lack of vital heat
2	0	Immediately felt chilly	Generalities - Heat - lack of vital heat
8	0	Chilliness	Generalities - Heat - lack of vital heat
5	4	Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Generalities - Heat - lack of vital heat
3	1	body temp warmer than usual	Generalities - Heat - sensation of

1 to 8	1 to 30	Many provers experienced a sensation of heaviness in various parts of the body	Generalities - Heaviness
	3	1 energy, low by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work	Generalities - Lassitude
	4	15 the next day	Generalities - Lassitude
	3	0 It's a drowsiness that's right through you like your body is asleep, mind is fine	Generalities - Lassitude
	6	3 feels tired and doesn't want to go on trip for business	Generalities - Lassitude
	8	5 I did not feel exhausted yesterday which I usually feel the day before I get my period (amel during proving)	Generalities - Lassitude - menses - before
	2	1 Want to lie down and go to sleep	Generalities - Lie down - inclination to
1 to 8	1 to 30	Many provers experienced a sensation of a lump in various parts of the body	Generalities - Lump Sensation
1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Lying - during - bed Generalities - Motion - amel - rapid, running, dancing
	6	1 masculine drive and movement, > pacing forcefully	
	6	1 masculine drive and movement, > pacing forcefully	Generalities - Motion - amel - violent
1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Night - agg
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Night - agg - 9pm
	2	0 Have a numb feeling	Generalities - Numbness
1 to 8	1 to 30	Physical symptoms are either right or left sided, but usually one sided	Generalities - One-sided
1 to 8	1 to 30	Many provers experienced constricting pains	Generalities - Pains - constricting
1 to 8	1 to 30	Physical pain was one sided, not really favouring either right or left	Generalities - Pains - one-sided
1 to 8	1 to 30	Many provers experienced pressing pains	Generalities - Pains - pressing

	8	0-30	Quick pains. Come and go quickly.	Generalities - Pains - shooting, darting, lightning quick
1 to 8	1 to 8	1 to 30	Pains were predominantly sharp/sticking in nature	Generalities - Pains - stitching
	2	7	Can't stop wiggling my right foot and I'm tapping my foot and fingers. I'm restless and fidgety	Generalities - Physical restlessness - move, about continuously, wants to
1 to 8	1 to 8	1 to 30	Some provers experienced aggravation of physicals or mentals after waking	Generalities - Waking - agg
1 to 8	1 to 8	1 to 30	Some provers felt their energy improved or increased upon waking	Generalities - Waking - amel
	4	15	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Generalities - Weariness
	3	0	It's a drowsiness that's right through you like your body is asleep, mind is fine	Generalities - Weariness
	6	3	feels tired and doesn't want to go on trip for business	Generalities - Weariness
	8	5	I did not feel exhausted yesterday which I usually feel the day before I get my period (amel during proving)	Generalities - Weariness - menses - before
	3	1	tired on waking	Generalities - Weariness - waking - on
	2	0	It is my head being covered that keeps me warm	Generalities - Wrapping - amel - head