

## Homeopathic Proving of *Procyon Lotor* (Raccoon Fur)



### Rubrics

*Complete Repertory 2009* by Roger van Zandvoort was used as a guide to determine rubrics for the proving.

### Mind

- Mind - Absentmindedness
- Mind - Activity - creative
- Mind - Activity - desire for
- Mind - Activity - restless
- Mind - Affectionate
- Mind - Alternating states - emotional
- Mind - Anger
- Mind - Anger - stomach
- Mind - Anguish - pain, with - stomach in
- Mind - Anguish - pain, with - stomach in - pit
- Mind - Anxiety
- Mind - Anxiety - business, about

Mind - Anxiety - chest, in  
Mind - Anxiety - throat, in  
Mind - Anxiety - time is set, when a  
Mind - Anxiety - waking, on  
Mind - Anxiety - work - cannot  
Mind - Artistic  
Mind - Aversion - herself, to  
Mind - Aversion to company  
Mind - Awkwardness  
Mind - Business - aptitude for  
Mind - Business - averse to  
Mind - Cheerfulness  
Mind - Children - aversion to - her own  
Mind - Children - desires to - have, to beget, to nurture  
Mind - Colors - aversion to  
Mind - Colors - desires - black  
Mind - Colors - desires - black - clothes  
Mind - Communication - inability for  
Mind - Concentration - active  
Mind - Concentration - difficult  
Mind - Concentration - difficult - studying, reading, while  
Mind - Concentration - difficult - work, during  
Mind - Confidence - self, in  
Mind - Confidence - want of self  
Mind - Confusion - time  
Mind - Confusion of mind  
Mind - Confusion of mind - identity, as to his  
Mind - Confusion of mind - identity, as to his - duality, sensation of  
Mind - Confusion of mind - identity, as to his - boundaries, and personal  
Mind - Contented  
Mind - Contradict, disposition to  
Mind - Delusions, imaginations - appreciated, that she is not  
Mind - Delusions, imaginations - coat of armor, wearing a (new rubric)  
Mind - Delusions, imaginations - controlled, every movement and thought  
Mind - Delusions, imaginations - dirty - he is, she is  
Mind - Delusions, imaginations - poisoned - has been, he  
Mind - Delusions, imaginations - ugly  
Mind - Delusions, imaginations - unreal, everything is  
Mind - Delusions, imaginations - victim, she is a  
Mind - Detached  
Mind - Disgust - himself, with  
Mind - Distance - inaccurate judgement of  
Mind - Dreams - abused, being  
Mind - Dreams - accusations  
Mind - Dreams - adolescence  
Mind - Dreams - adoption

Mind - Dreams - adventurous  
Mind - Dreams - air, want of  
Mind - Dreams - anger, angry  
Mind - Dreams - animals  
Mind - Dreams - animals - healing, using small animals for (new rubric)  
Mind - Dreams - animals - pursued by  
Mind - Dreams - anxious  
Mind - Dreams - appearance, concern about  
Mind - Dreams - ashamed - she is  
Mind - Dreams - attacked  
Mind - Dreams - beautiful  
Mind - Dreams - birds  
Mind - Dreams - boundaries crossed  
Mind - Dreams - breathe under water, she can  
Mind - Dreams - business - success  
Mind - Dreams - cats, felines  
Mind - Dreams - cats, felines - big

Mind - Dreams - cats, felines - black  
Mind - Dreams - cautious  
Mind - Dreams - child - falling (new rubric)  
Mind - Dreams - child - losing  
Mind - Dreams - children  
Mind - Dreams - children - babies  
Mind - Dreams - children - protecting them  
Mind - Dreams - children in danger  
Mind - Dreams - cities  
Mind - Dreams - cliff, standing on a  
Mind - Dreams - climbing  
Mind - Dreams - clothes  
Mind - Dreams - clothes - washing  
Mind - Dreams - coffins  
Mind - Dreams - coffins - alive sleeping person inside (new rubric)  
Mind - Dreams - computers  
Mind - Dreams - confidence - want of  
Mind - Dreams - confused  
Mind - Dreams - cougars (new rubric)  
Mind - Dreams - crime - he had committed a  
Mind - Dreams - crimes  
Mind - Dreams - criminals  
Mind - Dreams - cursed (new rubric)  
Mind - Dreams - danger  
Mind - Dreams - danger - falling  
Mind - Dreams - danger - fleeing from a  
Mind - Dreams - danger - impending  
Mind - Dreams - danger - safe in a dangerous situation

Mind - Dreams - daughter, of  
Mind - Dreams - death - friends  
Mind - Dreams - death - preachers  
Mind - Dreams - death, of  
Mind - Dreams - deception  
Mind - Dreams - defending - himself  
Mind - Dreams - dirty  
Mind - Dreams - dogs  
Mind - Dreams - doors  
Mind - Dreams - driving - car  
Mind - Dreams - drugs - hallucinogens  
Mind - Dreams - ducks  
Mind - Dreams - eating  
Mind - Dreams - efforts - unsuccessful  
Mind - Dreams - embarrassment  
Mind - Dreams - entertainment  
Mind - Dreams - escape  
Mind - Dreams - evil  
Mind - Dreams - excrement  
Mind - Dreams - excrement - animal  
Mind - Dreams - excrement - walking in  
Mind - Dreams - fairytale, as in a  
Mind - Dreams - falling  
Mind - Dreams - family  
Mind - Dreams - fights  
Mind - Dreams - figures  
Mind - Dreams - fire  
Mind - Dreams - fire - house, building on  
Mind - Dreams - fleeing, of  
Mind - Dreams - flowers  
Mind - Dreams - flying  
Mind - Dreams - food  
Mind - Dreams - food - cakes and pastries  
Mind - Dreams - forest  
Mind - Dreams - forgetful, being  
Mind - Dreams - forsaken, forsaking  
Mind - Dreams - fortune tellers, of  
Mind - Dreams - friends  
Mind - Dreams - friends - old  
Mind - Dreams - frightful  
Mind - Dreams - funerals  
Mind - Dreams - graves  
Mind - Dreams - guilt  
Mind - Dreams - hiding  
Mind - Dreams - home - of - childhood home  
Mind - Dreams - hospitals

Mind - Dreams - hotels  
Mind - Dreams – house, houses  
Mind - Dreams – house, houses - flood, in a  
Mind - Dreams – house, houses - looking at to buy  
Mind - Dreams – house, houses - run-down  
Mind - Dreams – house, houses - small, too (new rubric)  
Mind - Dreams – house, houses - tree (new rubric)  
Mind - Dreams – house, houses - water's edge, at (new rubric)  
Mind - Dreams - hummingbirds  
Mind - Dreams - ice, of  
Mind - Dreams - ill-treatment  
Mind - Dreams - inadequate, feels  
Mind - Dreams - invasion; people invading her space  
Mind - Dreams - jumping  
Mind - Dreams - kidnapping  
Mind - Dreams - large, of growing  
Mind - Dreams - late, being  
Mind - Dreams - leash, being on a  
Mind - Dreams - losing things  
Mind - Dreams - luggage  
Mind - Dreams - magic  
Mind - Dreams - magnetic  
Mind - Dreams - maltreatment  
Mind - Dreams - man - she is a  
Mind - Dreams - mistreated by relatives  
Mind - Dreams - money  
Mind - Dreams - mother  
Mind - Dreams - mountains  
Mind - Dreams - movies - going to the  
Mind - Dreams - nakedness  
Mind - Dreams - out of body  
Mind - Dreams - outsider - he is a  
Mind - Dreams - parents  
Mind - Dreams - parties  
Mind - Dreams - people - aboriginals  
Mind - Dreams - persecution  
Mind - Dreams - pins, needles  
Mind - Dreams - places - narrow  
Mind - Dreams - places - tropical  
Mind - Dreams - pleasant  
Mind - Dreams - police, of  
Mind - Dreams - prisoner - being taken a  
Mind - Dreams - purchases, making  
Mind - Dreams - purse - lost  
Mind - Dreams - pursued - hunted, being  
Mind - Dreams - quarrels, strife

Mind - Dreams - relatives  
Mind - Dreams - responsibility, of - children, for  
Mind - Dreams - rivers  
Mind - Dreams - rocks  
Mind - Dreams - ropes, chains, rings  
Mind - Dreams - running  
Mind - Dreams - sad  
Mind - Dreams – school, of  
Mind - Dreams – school, of – old, of  
Mind - Dreams - seduction, of  
Mind - Dreams - shameful  
Mind - Dreams - slugs (new rubric)  
Mind - Dreams - snakes  
Mind - Dreams - snakes - bitten by, of being  
Mind - Dreams - soldiers  
Mind - Dreams - stairs  
Mind - Dreams - stars, of  
Mind - Dreams - stealing, theft  
Mind - Dreams - stealing, theft - he was  
Mind - Dreams - streams  
Mind - Dreams - studies  
Mind - Dreams - subordination like a servant  
Mind - Dreams - tested, being  
Mind - Dreams - tigers  
Mind - Dreams - traffic  
Mind - Dreams - train, tram  
Mind - Dreams - treasure, finding a  
Mind - Dreams - trees  
Mind - Dreams - trees - climbing (new rubric)  
Mind - Dreams - trolls  
Mind - Dreams - universe, sees the (new rubric)  
Mind - Dreams - urgency  
Mind - Dreams - urinating, of  
Mind - Dreams - violence  
Mind - Dreams - waiting (new rubric)  
Mind - Dreams - walls  
Mind - Dreams - washing  
Mind - Dreams - water  
Mind - Dreams - water - crossing (new rubric)  
Mind - Dreams - water - diving in  
Mind - Dreams - water - flood  
Mind - Dreams - water - lakes  
Mind - Dreams - water - people - jumping into  
Mind - Dreams - water - rivers  
Mind - Dreams - water - sea, ocean  
Mind - Dreams - water - swimming in

Mind - Dreams - weeping  
Mind - Dreams - women - man, changing into (new rubric)  
Mind - Dreams - work  
Mind - Dreams - writing  
Mind - Dullness  
Mind - Dullness - comprehend conversation, does not, and is unable to relate properly  
Mind - Dullness - fog, feels enveloped in a  
Mind - Egotism, self esteem  
Mind - Estranged  
Mind - Fear - failure - business or work  
Mind - Fight, wants to  
Mind - Forsaken feeling  
Mind - Gestures - tapping with fingers  
Mind - Growling like a dog  
Mind - Home - desire to leave  
Mind - Hurry, haste  
Mind - Ideas - abundant  
Mind - Impatience  
Mind - Indifference, apathy - duties - domestic  
Mind - Indifference, apathy - persons, to all  
Mind - Indignation  
Mind - Indolence - housework, aversion to her usual  
Mind - Indolence, aversion to work  
Mind - Injustice, cannot support  
Mind - Intolerance  
Mind - Irresolution, indecision  
Mind - Irritability  
Mind - Irritability - trifles  
Mind - Laughing - anxiety, during  
Mind - Laughing - joyless  
Mind - Laughing - loudly  
Mind - Laughing - nervous  
Mind - Loquacity  
Mind - Memory - weakness  
Mind - Memory - weakness - do, for what he was about to  
Mind - Memory - weakness - time  
Mind - Mistakes - reading  
Mind - Mistakes - time  
Mind - Mistakes, making - perception, of  
Mind - Mood - agreeable  
Mind - Mood - variable  
Mind - Neglects - household  
Mind - Optimism  
Mind - Pessimist  
Mind - Positiveness  
Mind - Postponing everything to next day

Mind - Prostration of mind  
Mind - Quarrelsomeness  
Mind - Quick to act  
Mind – Restlessness, nervousness  
Mind – Restlessness, nervousness - work, during  
Mind - Senses - acute - body, of - skin surface  
Mind - Sensitive, oversensitive - colors, to  
Mind - Sensitive, oversensitive - light, to  
Mind - Sensitive, oversensitive - noise, to  
Mind - Sensitive, oversensitive - odors, to  
Mind - Slowness - motion, in  
Mind - Starting - sleep - from  
Mind - Sympathetic  
Mind - Thoughts - rush, flow of - sleeplessness - with  
Mind - Time - loss of conception of  
Mind - Time - passes too quickly, appearing shorter  
Mind - Wearisome  
Mind - Weeping - morning - waking - dreaming, after  
Mind - Weeping - waking, on

## **Vertigo**

Vertigo - Headache - during  
Vertigo - Nausea - with  
Vertigo - Sudden  
Vertigo - Turning - agg - motion of head, or  
Vertigo – Violent

## **Head**

Head - Brittle - hair  
Head - Cutting hair - desires  
Head - Dryness - hair  
Head - Eruptions  
Head - Eruptions - margins of hair  
Head - Eruptions - rash  
Head - Fog, brain feels enveloped in a  
Head - Fullness  
Head - Pain - afternoon - agg - 2pm  
Head - Pain - disordered stomach, with  
Head - Pain - dull  
Head - Pain - dull - forehead  
Head - Pain - dull - forehead - eyes - above  
Head - Pain - dull - forehead - noise, loud agg  
Head - Pain - forehead - extending to - sides  
Head - Pain - forehead - eyes - above



Head - Pain - forehead - right  
Head - Pain - forehead - right - extending to - eye  
Head - Pain - heat - agg  
Head - Pain - left  
Head - Pain - lying - amel  
Head - Pain - menses - before  
Head - Pain - night - agg.  
Head - Pain - noise agg  
Head - Pain - occiput  
Head - Pain - pressing - one-sided  
Head - Pain - pressing - temples - left  
Head - Pain - pressing - temples - pressure - agg  
Head - Pain - pressing - temples - right  
Head - Pain - pulsating  
Head - Pain - right  
Head - Pain - sudden  
Head - Pain - sudden - forehead  
Head - Pain - temples - pressure - agg  
Head - Pain - temples - right  
Head - Pain - warmth - agg  
Head - Pressure  
Head - Twisting and sensation of

## **Eyes**

Eyes - Dryness  
Eyes - Eruptions - Lids - upper  
Eyes - Eruptions - Lids - upper - Left  
Eyes - Eruptions - Lids - upper - Right  
Eyes - Eruptions - Pimples - lids  
Eyes - Eruptions - Pustules - lids  
Eyes - Lachrymation  
Eyes - Lachrymation - left  
Eyes - Movement - rolling - right  
Eyes - Movement - rolling - upwards  
Eyes - Pain - aching - left  
Eyes - Pain - canthi - Right  
Eyes - Pain - constricting  
Eyes - Pain - extending to - forehead  
Eyes - Pain - left  
Eyes - Pain - pressing  
Eyes - Pain - pressing - dark - amel.  
Eyes - Pain - pressing - pressure - agg.  
Eyes - Pain - right  
Eyes - Pain - stitching - left  
Eyes - Redness

Eyes - Turned - right  
Eyes - Turned - upward

### **Vision**

Vision - Blurred  
Vision - Blurred - lachrymation, with  
Vision - Bright, seems  
Vision - Dazzling  
Vision - Light - agg. – bright

### **Ears**

Ears - Inflammation - bones, mastoid  
Ears - Pain - dull - right  
Ears - Pain - pressure - amel.  
Ears - Pain - rubbing - amel.  
Ears - Pain - swallowing, on  
Ears - Stopped sensation - right  
Ears - Water, sensation of

### **Hearing**

Hearing - Acute - noise, to  
Hearing - Acute - voices and talking  
Hearing - Impaired  
Hearing - Impaired - water in ear, from  
Hearing - Reverberating  
Hearing - Reverberating - loud

### **Nose**

Nose - Air - cold, as if  
Nose - Discharge - profuse  
Nose - Pain - air - cold, in  
Nose - Pain - air - inhaling - agg  
Nose - Pain - air - open - agg  
Nose - Pain - inspiration - cold  
Nose - Pain - internal - air, to inhaled  
Nose - Sneezing  
Nose - Sneezing – frequent

### **Smell**

Smell - Acute  
Smell - Acute - odors, for offensive

Smell - Bad  
Smell – Offensive

## Face

Face - Cracks - lips  
Face - Dark - eyes - below  
Face - Dryness - lips  
Face - Dryness - lips - thirst, with  
Face - Eruptions - cheeks  
Face - Eruptions - cheeks - left  
Face - Eruptions - fine  
Face - Eruptions - forehead  
Face – Eruptions – forehead – left  
Face - Eruptions - pustules  
Face - Eruptions - rash  
Face - Eruptions - rash - forehead  
Face – Eruptions – rash – left  
Face - Eruptions - red - cheeks  
Face - Eruptions - rough  
Face - Heat  
Face - Heat - cheeks  
Face - Heat - cheeks - right  
Face - Heat - cheeks - waking, on  
Face - Heat - lips  
Face - Heat - sensation of  
Face - Pain - lips  
Face - Pain - stitching - jaws  
Face - Pain - stitching - jaws - articulation  
Face - Pain - stitching - jaws - articulation - right  
Face - Pressure - sensation, painless  
Face - Swelling - hot  
Face - Swelling - jaws - lower  
Face - Swelling - jaws - lower - right  
Face - Swelling - right  
Face - Tingling, Prickling - cheeks  
Face - Tingling, Prickling – right

## **Mouth**

Mouth - Dryness  
Mouth - Dryness – tongue  
Mouth - Inflammation - tongue, glossitis  
Mouth - Swelling - glands, salivary - submaxillary, submandibular  
Mouth - Swelling - glands, salivary - submaxillary, submandibular - right  
Mouth - Swelling - tongue – edges

## **Taste**

Taste - Diminished  
Taste - Insipid - food – tastes

## **Throat**

Throat - Dryness - painful  
Throat - Dryness - thirst - with  
Throat - Hawking - ineffectual  
Throat - Hawking - mucus in the larynx, from  
Throat - Inflammation - left  
Throat - Lump, plug sensation - swallowing - agg  
Throat - Lump, plug sensation - swallowing - not amel by  
Throat - Mucus  
Throat - Mucus - detach, difficult to  
Throat - Mucus - eating - after  
Throat - Pain - drinks - cold - amel  
Throat - Pain - evening  
Throat - Pain - left  
Throat - Pain - pulsating, throbbing  
Throat - Pain - rawness  
Throat - Pain - rawness - drinks amel - cold  
Throat - Pain - rawness - hawking agg  
Throat - Pain - soreness  
Throat - Pain - swallowing - agg  
Throat - Scratching sensation  
Throat - Swelling – left

## **Neck**

Neck - Pain - drawing  
Neck - Pain - extending - downward  
Neck - Pain - extending - shoulder  
Neck - Pain - right  
Neck - Pain - sides - right  
Neck - Pain - stitching  
Neck - Pain - stitching - sides - right  
Neck - Tension

## **Stomach**

Stomach - Anger - agg  
Stomach - Appetite - capricious  
Stomach - Appetite - increased

Stomach - Appetite - increased - morning  
Stomach - Appetite - increased - nausea - with  
Stomach - Appetite - increased - sudden  
Stomach - Appetite - insatiable  
Stomach - Appetite - ravenous  
Stomach - Appetite - ravenous - headache, during  
Stomach - Appetite - ravenous - nausea - with  
Stomach - Gurgling noise  
Stomach - Heaviness  
Stomach - Heaviness - eating - after  
Stomach - Lump sensation - eating, after  
Stomach - Nausea  
Stomach - Nausea - drinking - agg. - water  
Stomach - Nausea - drinking - amel  
Stomach - Nausea - eating - after  
Stomach - Nausea - eating - amel  
Stomach - Nausea - evening  
Stomach - Nausea - fasting - agg.  
Stomach - Nausea - headache, during  
Stomach - Nausea - intermittent  
Stomach - Nausea - night  
Stomach - Nausea - paroxysmal  
Stomach - Nausea - vomiting - without  
Stomach - Pain - stitching  
Stomach - Pain - stitching - paroxysmal  
Stomach - Pain - stitching - sitting - amel  
Stomach - Sadness, with  
Stomach - Thirst  
Stomach - Thirst - drink, with aversion to  
Stomach - Thirst - extreme  
Stomach - Thirst - often, frequent  
Stomach - Vomiting - desire to  
Stomach - Vomiting - desire to - cannot, but

## **Abdomen**

Abdomen - Distention  
Abdomen - Distention - with nausea  
Abdomen - Eruptions - itching  
Abdomen - Eruptions - urticaria  
Abdomen - Flatulence  
Abdomen - Heaviness  
Abdomen - Heaviness - hypogastrium  
Abdomen - Nausea  
Abdomen - Pain - inguinal region - extending - downward  
Abdomen - Pain - inguinal region - extending - lower limbs - thigh

Abdomen - Pain - inguinal region - left  
Abdomen - Pain - stitching - inguinal region - extending - downward  
Abdomen - Pain - stitching - inguinal region - extending - thighs  
Abdomen - Pain - stitching - inguinal region – left

## **Rectum**

Rectum - Constipation - urging - with  
Rectum - Diarrhea - menses - during  
Rectum - Flatus - offensive  
Rectum - Flatus - offensive - foul  
Rectum - Hemorrhage - stool - during  
Rectum - Hemorrhoids - painful - stool - during  
Rectum - Hemorrhoids - stool - agg  
Rectum - Menses agg - during  
Rectum - Urging  
Rectum - Urging – night

## **Bladder**

Bladder - Inactivity  
Bladder - Urging to urinate, morbid desire - absent  
Bladder - Urination - frequent - night  
Bladder - Urination - frequent - night - seldom during day

## **Urine**

Urine - Odor - Asparagus, like after eating  
Urine - Profuse, increased

## **Female**

Female - Dryness - vagina  
Female - Eruptions - labia  
Female - Eruptions - painful  
Female - Eruptions - pimples - labia  
Female - Eruptions - pustules - labia  
Female - Heat - flushes of  
Female - Heaviness - uterus  
Female - Leucorrhea - standing - agg  
Female - Leucorrhea - thin, watery  
Female - Leucorrhea - walking - agg  
Female - Leucorrhea - white  
Female - Menses - bright red  
Female - Menses - brown  
Female - Menses - clotted

Female - Menses - clotted - dark  
Female - Menses - frequent, too early, too soon  
Female - Menses - frequent, too early, too soon - five days too early  
Female - Menses - frequent too early, too soon - nine days too early  
Female - Menses - intermittent  
Female - Menses - irregular  
Female - Menses - painful - standing - amel. (new rubric)  
Female - Menses - painful - walking - amel.  
Female - Menses - painful, dysmenorrhea  
Female - Menses - profuse  
Female - Menses - profuse - protracted, and  
Female - Menses - protracted, prolonged  
Female - Menses - protracted, prolonged - seven days  
Female - Pain - Bearing down - menses - during  
Female - Pain - bearing down - uterus and region of - menses - during  
Female - Pain - cramping - menses - before  
Female - Pain - cramping - uterus  
Female - Pain - cramping - uterus - menses - before  
Female - Pain - cramping - uterus - ovulation, during  
Female - Pain - menses - after  
Female - Pain - menses -before  
Female - Pain - ovaries - menses - after  
Female - Pushing sensation, uterus  
Female - Redness – spots

### **Speech & Voice**

Speech - Lost - voice  
Speech - Lost - voice - talking, after prolonged  
Speech - Loud voice  
Speech - Talking agg  
Speech - Weak voice

### **Respiration**

Respiration - Difficult - pain, during  
Respiration - Impeded - constriction - chest  
Respiration - Impeded – night

### **Cough**

Cough - Breathing - agg - deep  
Cough - Dry  
Cough - Dry - inspiration - deep  
Cough - Dry - morning  
Cough - Dry - tickling, from - throat

Cough - Dry - waking  
Cough - Tickling - from - throat  
Cough - Tickling - waking, on  
Cough - Waking, on

## **Chest**

Chest - Constriction  
Chest - Constriction - night - bed, in  
Chest - Constriction - restlessness, with  
Chest - Dryness - nipples  
Chest - Dryness - nipples - right (new rubric)  
Chest - Fluttering sensation  
Chest - Heaviness  
Chest - Itching - mammae  
Chest - Itching - mammae - right (new rubric)  
Chest - Pain - stitching - mammae - region of - under - left  
Chest - Pressure on chest  
Chest - Scratching sensation

## **Heart & Circulation**

Heart & Circulation - Fluttering Sensation, heart

## **Back**

Back - Pain - cervical region  
Back - Pain - cervical region - extending - back, down  
Back - Pain - cervical region - extending - downwards  
Back - Pain - cervical region - muscles - trapezius  
Back - Pain - constricting - cervical region  
Back - Pain - dorsal region - scapulae - between  
Back - Pain - drawing - cervical Region  
Back - Pain - menses - during  
Back - Pain - pinching - dorsal region - scapulae  
Back - Pain - pinching - lumbar region  
Back - Pain - pressing - dorsal region - scapulae  
Back - Pain - pressing - lumbar region - menses, during  
Back - Pain - pressing - sitting - amel  
Back - Pain - pressing - standing - agg  
Back - Pain - rubbing - amel  
Back - Pain - shoulders, between  
Back - Pain - sitting - amel  
Back - Pain - sore - cervical region  
Back - Pain - standing - agg  
Back - Stiffness - dorsal region



Back - Stiffness - stretching amel  
Back - Tension - dorsal region  
Back - Tension - stretching amel.

## **Extremities**

Extremities - Chilliness - feet  
Extremities - Chilliness - legs  
Extremities - Chilliness - lower limbs  
Extremities - Cracks - hands  
Extremities - Dryness - hands  
Extremities - Dryness - hands - palms  
Extremities - Eruptions - desquamating - hands  
Extremities - Eruptions - dry - elbows - bend of  
Extremities - Eruptions - dry - hands  
Extremities - Eruptions - dry - legs  
Extremities - Eruptions - eczema - hands  
Extremities - Eruptions - hands  
Extremities - Eruptions - itching - hands  
Extremities - Eruptions - red - elbows  
Extremities - Eruptions - red - hands  
Extremities - Eruptions - red - legs  
Extremities - Eruptions - red - spots  
Extremities - Eruptions - red - spots - lower limbs  
Extremities - Eruptions - red - spots - upper limbs  
Extremities - Eruptions - rough  
Extremities - Eruptions - spots - lower limbs  
Extremities - Eruptions - spots - upper limbs  
Extremities - Eruptions - urticaria - hands  
Extremities - Eruptions - vesicles - hands  
Extremities - Eruptions - vesicles - itching - hands  
Extremities - Eruptions - vesicles - itching - hands - between fingers  
Extremities - Itching - feet - right  
Extremities - Itching - feet - soles  
Extremities - Itching - feet - soles - right  
Extremities - Itching - right  
Extremities - Itching - toes  
Extremities - Itching - toes - first  
Extremities - Pain - 5pm-6pm  
Extremities - Pain - 5pm-6pm  
Extremities - Pain - aching - elbows  
Extremities - Pain - ankles - right  
Extremities - Pain - ankles - waking, on  
Extremities - Pain - elbows - right  
Extremities - Pain - fingers - pressure - agg  
Extremities - Pain - intermittent

Extremities - Pain - knees  
Extremities - Pain - knees - bending - agg  
Extremities - Pain - knees - hollow of  
Extremities - Pain - knees - left  
Extremities - Pain - knees - Motion agg.  
Extremities - Pain - knees - patella  
Extremities - Pain - knees - patella - left  
Extremities - Pain - knees - rubbing amel  
Extremities - Pain - knees - walking  
Extremities - Pain - numbness, with  
Extremities - Pain - pinching  
Extremities - Pain - pinching - knees  
Extremities - Pain - pinching - knees - hollow of  
Extremities - Pain - rubbing amel.  
Extremities - Pain - sciatica  
Extremities - Pain - sciatica - night - agg  
Extremities - Pain - sciatica - numbness, with  
Extremities - Pain - sciatica - right  
Extremities - Pain - standing agg.  
Extremities - Pain - stiching - knees - standing - while  
Extremities - Pain - stiching - rubbing amel  
Extremities - Pain - stitching - ankles  
Extremities - Pain - stitching - fingers - pressure - agg  
Extremities - Pain - stitching - fingers - second, index  
Extremities - Pain - stitching - fingers - second, index - left  
Extremities - Pain - stitching - fingers - tips  
Extremities - Pain - stitching - knees  
Extremities - Pain - stitching - knees - left  
Extremities - Pain - stitching - knees - outer, lateral  
Extremities - Pain - stitching - knees - patella  
Extremities - Pain - stitching - knees - patella - left  
Extremities - Pain - stitching - right  
Extremities - Pain - stitching - splinters, as from - fingers  
Extremities - Pain - stitching - sudden - knees - disappearing suddenly  
Extremities - Pain - stitching - wrists  
Extremities - Pain - stitching - wrists - right  
Extremities - Pain - weariness - ankles  
Extremities - Pain - weariness - legs  
Extremities - Pain - weariness - lower limbs  
Extremities - Pain - weariness - wrists  
Extremities - Pain - wrists - extending to - arm  
Extremities - Pain - wrists - right  
Extremities - Pulling Sensation - lower limbs  
Extremities - Redness - fingers - tips  
Extremities - Restlessness - lying, while  
Extremities - Restlessness - night - bed, before going to

Extremities - Restlessness - upper limbs - night  
Extremities - Tingling, prickling - upper limbs - forearms  
Extremities - Tingling, prickling - upper limbs - forearms - right  
Extremities - Tingling, prickling - upper limbs - right  
Extremities - Trembling - hands  
Extremities - Trembling - upper limbs  
Extremities - Twitching - legs - calves  
Extremities - Twitching - night

## **Sleep**

Sleep - Disturbed - heat, during  
Sleep - Disturbed - pain, from  
Sleep - Dozing  
Sleep - Falling asleep - late  
Sleep - Interrupted - heat, sensation of  
Sleep - Position - side - impossible - right  
Sleep - Position - side - left  
Sleep - Refreshing  
Sleep - Restless - anxiety, from  
Sleep - Restless - heat - during  
Sleep - Restless - restlessness, from physical  
Sleep - Short - refreshing  
Sleep - Sleepiness  
Sleep - Sleepiness - afternoon - 5pm  
Sleep - Sleepiness - chill - during  
Sleep - Sleepiness - driving - agg  
Sleep - Sleepiness - evening - 5pm - about  
Sleep - Sleepiness - evening - early  
Sleep - Sleepiness - intermittent  
Sleep - Sleepiness - lying - lie down, desire to  
Sleep - Sleepiness - morning - waking - on  
Sleep - Sleepiness - overpowering  
Sleep - Sleepiness - yawning, with  
Sleep - Sleeplessness - night - first part of  
Sleep - Sleeplessness - night - thoughts, with activity of  
Sleep - Sleeplessness - thoughts, from  
Sleep - Waking - anxiety, after  
Sleep - Waking - cares, worries, from  
Sleep - Waking - cough, from  
Sleep - Waking - early, too  
Sleep - Waking - easily  
Sleep - Waking - fright, fear, after  
Sleep - Waking - morning - 5am  
Sleep - Waking - slept one's fill  
Sleep - Waking - slept one's fill - short sleep, even after

## **Chill**

Chill - Chilliness

Chill - Chilliness - bed - in

Chill - Chilliness - wrap up, with desire to

Chill - Vertigo, in

Chill - Warmth - desire for

## **Fever, Heat**

Fever, Heat – Internal

## **Perspiration**

Perspiration - Anxiety, with

## **Skin**

Skin - Cracks

Skin - Dryness

Skin - Eruptions - desquamating

Skin - Eruptions - dry

Skin - Eruptions - eczema - dry

Skin - Eruptions - eczema - itching

Skin - Eruptions - granular

Skin - Eruptions - itching

Skin - Eruptions - painful

Skin - Eruptions - painful - sore, smarting

Skin – Eruptions - painless

Skin - Eruptions - pimples

Skin - Eruptions - pustules

Skin - Eruptions - rash - red

Skin - Eruptions - red - spots

Skin - Eruptions - spots

Skin - Eruptions - urticaria

Skin - Eruptions - urticaria - itching - with

Skin - Eruptions - vesicles - itching

Skin - Eruptions - vesicles - red

Skin - Heat

Skin - Itching - sudden

Skin - Itching - violent

Skin - Purpura - haemorrhagica

Skin - Red - spots

Skin - tingling, prickling

## Generalities

Generalities - Activity - desires  
Generalities - Afternoon - agg  
Generalities - Afternoon - agg - 5pm  
Generalities - Agility  
Generalities - Applications - cold - amel  
Generalities - Bed - in  
Generalities - Clumsiness  
Generalities - Conscious of body  
Generalities - Covering - amel and desire for  
Generalities - Energy - lots of  
Generalities - Evening - agg  
Generalities - Evening - agg - 8pm  
Generalities - Exercise - desires  
Generalities - Faintness - vertigo, in  
Generalities - Food and drinks - cheese - amel. (new rubric)  
Generalities - Food and drinks - chocolate - agg  
Generalities - Food and drinks - chocolate - desires  
Generalities - Food and drinks - cold - drinks - desires  
Generalities - Food and drinks - cold - drinks, water - desires  
Generalities - Food and drinks - fat and rich food - aversion  
Generalities - Food and drinks - fruits - desires  
Generalities - Food and drinks - indistinct, knows not what, desires  
Generalities - Food and drinks - many things, desires  
Generalities - Food and drinks - milk - desires  
Generalities - Food and drinks - sugar - desires  
Generalities - Food and drinks - sweets - aversion  
Generalities - Food and drinks - tea - desires  
Generalities - Food and drinks - water - agg.  
Generalities - Food and drinks - water - desires  
Generalities - Heat - flushes of  
Generalities - Heat - flushes of - headache - during  
Generalities - Heat - lack of vital heat  
Generalities - Heat - sensation of  
Generalities - Heaviness  
Generalities - Lassitude  
Generalities - Lassitude - menses - before  
Generalities - Lie down - inclination to  
Generalities - Lump Sensation  
Generalities - Lying - during - bed  
Generalities - Motion - amel - rapid, running, dancing  
Generalities - Motion - amel - violent  
Generalities - Night - agg  
Generalities - Night - agg - 9pm  
Generalities - Numbness

Generalities - One-sided  
 Generalities - Pains - constricting  
 Generalities - Pains - one-sided  
 Generalities - Pains - pressing  
 Generalities - Pains - shooting, darting, lightning quick  
 Generalities - Pains - stitching  
 Generalities - Physical restlessness - move, about continuously, wants to  
 Generalities - Waking - agg  
 Generalities - Waking - amel  
 Generalities - Weariness  
 Generalities - Weariness - menses - before  
 Generalities - Weariness - waking - on  
 Generalities - Wrapping - amel - head

### Proving Symptoms with their Corresponding Rubrics

#### Mind

Prover	Day	Symptom	Rubric
1	3	Last clinic shift: in clinic, I thought I was remembering everything, but I was forgetting steps in a procedure.	Mind - Absentmindedness
6	0	feeling very creative, more ideas opening up	Mind - Activity - creative
2	7	Feels like I should be doing something or moving faster	Mind - Activity - desire for
6	1	masculine drive and movement, > pacing forcefully	Mind - Activity - desire for
2	7	Feels like I should be doing something or moving faster	Mind - Activity - restless
6	1	feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the hcild that can't be still	Mind - Activity - restless
5	1 to 9	once the symptoms disappated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Affectionate
6	5	The dynamic of ease and disquiet isn't natural to my patterns	Mind - Alternating states - emotional
6	1	It's a heaviness, a simmering anger and resentment in response to that. No awareness of choice. There is no choice. Like a teen would feel; they have to do what their parents say, no power over their own life, the direction it's taking or the things they have	Mind - Anger

to do.

98	60	Feeling angry and expressing it more.	Mind - Anger
		had a bit of an emotional release, [tears and anger	
1	11	both]. This feeling in the pit of my stomach	Mind - Anger - stomach
		had a bit of an emotional release, [tears and anger	
1	11	both]. This feeling in the pit of my stomach	Mind - Anguish - pain, with - stomach in
		had a bit of an emotional release, [tears and anger	
1	11	both]. This feeling in the pit of my stomach	Mind - Anguish - pain, with - stomach in - pit
1	0	I was feeling kind of anxious	Mind - Anxiety
		Normally have a bit of anxiety but not now (amel	
2	0	during proving)	Mind - Anxiety
		one of my clients who came today (smoker)..his 3 <sup>rd</sup>	
		hand smoke residue clings to his clothing and when	
		I give Hypno to him, I tend to cough a lot, it	
5	3	disturbs my working abilities. This is a fear.	Mind - Anxiety - business, about
		Normally feeling pressure to do things, but now I	
		am looking forward to accomplishing the goals	
5	6	(amel during proving)	Mind - Anxiety - business, about
		anxious, jittery feeling in throat and upper thoracic	
6	0	with sweats	Mind - Anxiety - chest, in
		anxious, jittery feeling in throat and upper thoracic	
6	0	with sweats	Mind - Anxiety - throat, in
		I've been noticing I feel calmer if I have an	
		appointment. ....I'm usually anxious if I have an	
2	8	appointment (amel during proving)	Mind - Anxiety - time is set, when a
		Scared, freaked out, 5am. The anxiety/fear woke	
95	1	me up. Startled.	Mind - Anxiety - waking, on
		Restless with a feeling of time is passing too	
97	3	quickly and being nervous about that	Mind - Anxiety - work - cannot
6	0	feeling very creative, more ideas opening up	Mind - Artistic
		feels `creepy', wants to `crawl out of my skin'.	Mind - Aversion - herself, to
		distaste, loathing, disgust, turned inwardly	Mind - Aversion - herself, to
		not interacting w/ supervisor and she's sitting in	
6	0	front of me	Mind - Aversion to company

1	0	When I do things, I feel kind of awkward. When I carry things, or hold things, I'll move them in a position that's awkward, like my dexterity has gone down.	Mind - Awkwardness
5	6	Normally feeling pressure to do things, but now I am looking forward to accomplishing the goals (amel during proving)	Mind - Business - aptitude for
6	3	feels tired and doesn't want to go on trip for business	Mind - Business - averse to
1	3	was listening to people saying things that were funny and it would not bother me at all, I was quite enjoying it,	Mind - Cheerfulness
8	3	Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Cheerfulness
5	5	There is a happiness.	Mind - Cheerfulness
2	8	Feel less inclined to do things with the kids	Mind - Children - aversion to - her own
8	3	Feel that I want to care for my children - not protective - but nurturing them	Mind - Children - desires to - have, to beget, to nurture
96	5	intense feeling about my kids, very protective, walking around with them and if a car drove too close, growled.	Mind - Children - desires to - have, to beget, to nurture
6	1	I want to wear black. No color! Like a teenager going Gothic with black eyeliner.	Mind - Colors - aversion to
6	1	I want to wear black. No color! Like a teenager going Gothic with black eyeliner.	Mind - Colors - desires - black
6	2	looking at color was too stimulating, want no stimulation of the eyes > wearing black	Mind - Colors - desires - black - clothes
6	3	feels like she's knocking on doors, scaling walls to get through to her son	Mind - Communication - inability for
5	5	I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	Mind - Communication - inability for
8	21	During conversations...I have this feeling that I don't understand what they are saying...like they are speaking a different language and I don't understand the meaning.	Mind - Communication - inability for
8	1	More focused than usual	Mind - Concentration - active



8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Concentration - difficult
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Concentration - difficult Mind - Concentration - difficult - studying, reading
8	0	I tried to read a book. I found that I wasn't focussing as well as I used to.	Mind - Concentration - difficult - studying, reading, while
3	0	focusing on proofreading difficult	Mind - Concentration - difficult - work, during
8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Confidence - self, in
8	11	More confidence in what I do feel a firmness, straight, let me tell you how it is. This masculine energy, who gives a shit!? My system will assimilate and integrate this energy whatever its about, not concerned about it. (supervisor observation - great confidence and no	
6	1	nonsense)	Mind - Confidence - self, in
2	9	No confidence	Mind - Confidence - want of self
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Confusion - time Mind - Confusion of mind
2	0	The whole experience made me feel confused	Mind - Confusion of mind - identity, as to his
6	1	it's like being another person, living inside of me	Mind - Confusion of mind - identity, as to his
6	5	I'm flowing and then the left brain cuts in and doubts or I imagine it	Mind - Confusion of mind - identity, as to his - boundaries, and personal
1	1	My connection with people seems different, I don't seem to have a sense of distance, of boundaries,	Mind - Confusion of mind - identity, as to his - duality, sensation of
6	1	it's like being another person, living inside of me	Mind - Confusion of mind - identity, as to his - duality, sensation of
6	5	I'm flowing and then the left brain cuts in and doubts or I imagine it	
5	5	I have more of a tendency this week to be In a place of contentment.	Mind - Contented

98	45	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Contradict, disposition to Mind - Delusions, imaginations - appreciated, that she is not
6	1	Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions, imaginations - coat of armor, wearing a (new rubric)
6	1	Sad, not feeling myself today, like I have a coat of armor, defensive, unappreciated.	Mind - Delusions, imaginations - controlled, every movement and thought
6	1	There's a statement in that of feeling oppressed, a victim under someone else's influence and being controlled by that.	Mind - Delusions, imaginations - dirty - he is, she is
2	9	I feel that I look like a grub. I feel grubby.	Mind - Delusions, imaginations - poisoned - has been, he
6	0	feel toxic, like I've been poisoned	Mind - Delusions, imaginations - ugly
2	9	I don't feel confident and beautiful	Mind - Delusions, imaginations - unreal, everything is
6	5	sense that things are not as they appear to be	Mind - Delusions, imaginations - victim, she is a
6	1	There's a statement in that of feeling oppressed, a victim under someone else's influence and being controlled by that.	
1	6	Life is so much more mundane, boring, detached, not fun.	Mind - Detached
5	5	I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	Mind - Detached
5	1 to 9	once the symptoms dissipated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Detached
6	0	distaste, loathing, disgust, turned inwardly	Mind - Disgust - himself, with
1	1	I feel like I talk to people at a distance . . . I'm speaking to you as if you were right beside me, and clearly they were not close and it was inappropriate	Mind - Distance - inaccurate judgement of

1	5	He put his hand on my lap and I didn't know what to do, and I realized I should remove it.	Mind - Dreams - abused, being
2	0	One girl at the party tried to stick her finger up my anus	Mind - Dreams - abused, being
6	1	Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - accusations
2	0	We are all really young, teenagers maybe	Mind - Dreams - adolescence
1	4	Dream...I was planning to adopt the child	Mind - Dreams - adoption
6	1	Dreams: Like an Indiana Jones adventure, into a tomb, deep into the earth looking for treasure.	Mind - Dreams - adventurous
1	4	We were starting to have trouble breathing, and he found a place up high, that we shot up to so that we could breathe.	Mind - Dreams - air, want of
2	2	I was thinking how irritating she is and I didn't want her to talk to me	Mind - Dreams - anger, angry
2	14	The feeling in the dream was a mix of anger at her stupidity and fear for her safety	Mind - Dreams - anger, angry
6	1	Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - anger, angry
8	20	I dreamt about ducks	Mind - Dreams - animals
3	3	Dream - something about catching a hummingbird - the rest of it escapes me though.	Mind - Dreams - animals
2	15	Dreamt about black panther licking my face	Mind - Dreams - animals
98	87	dream, all I remember is clearly seeing a tiger standing in front of me	Mind - Dreams - animals
2	0	There is a dog that I am leading	Mind - Dreams - animals
1	12	It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams - animals
2	1	A teen had cut a hole in the wall and snakes were living in the wall that led into the ground	Mind - Dreams - animals

4	12	Last night, I dreamt about being at a place where people were able to heal by having all sorts of animals ( small ones) to take care of. It was was all very moving and heart stirring.	Mind - Dreams - animals - healing, using small animals for (new rubric)
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - animals - pursued by
2	14	The feeling in the dream was a mix of anger at her stupidity and fear for her safety	Mind - Dreams - anxious
8	6	Feeling - anguish, anxiety.	Mind - Dreams - anxious
2	0	I check out another girl to see if I am skinnier than her	Mind - Dreams - appearance, concern about
1	5	I felt guilty and ashamed for protecting my own boundaries	Mind - Dreams - ashamed - she is
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - attacked
3	2	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - beautiful
8	20	I dreamt about ducks	Mind - Dreams - birds
3	3	Dream - something about catching a hummingbird - the rest of it escapes me though.	Mind - Dreams - birds
1	5	It's all about me creating a boundary, people invading my space	Mind - Dreams - boundaries crossed
1	4	We weren't concerned about the lack of air, because we could breath under water.	Mind - Dreams - breathe under water, she can
8	5	Dream, I arrived at the correct remedy. Feeling was of being successful at work	Mind - Dreams - business - success
2	15	Dreamt about black panther licking my face	Mind - Dreams - cats, felines
98	87	dream, all I remember is clearly seeing a tiger standing in front of me	Mind - Dreams - cats, felines
4	3	but when I saw it, it was a big cougar.	Mind - Dreams - cats, felines - big

2	15	Dreamt about black panther licking my face	Mind - Dreams - cats, felines - black
		In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember feeling I had to be very	
4	13	careful about what I said to hi and then I woke up.	Mind - Dreams - cautious
2	14	Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - child - falling (new rubric)
2	8	Had a terrible dream that my daughter was lost She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her	Mind - Dreams - child - losing
6	6	passing.	Mind - Dreams - children
1	2	Dream...something about me telling a story as a baby, like I was an infant in my parents arms,	Mind - Dreams - children - babies
2	23	I was with family and children protecting them and the snake bit me	Mind - Dreams - children - protecting them
		That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others	
6	1	wish to abuse in her sexuality. I was concerned."	Mind - Dreams - children - protecting them
2	14	Dreamt that daughter kept falling down the steps repeatedly and I couldn't get to her	Mind - Dreams - children in danger

6	1	That shifted to being responsible for a young girl around eight years old, like a daughter or granddaughter. She was invited over to play and I was uncomfortable with her going. The other child seemed weird and dangerous, taking advantage of her naïveté. I wanted her where I could see her and take care of her because the other child, who was developing early at too young and age, was proposing harm and using; innocence that others wish to abuse in her sexuality. I was concerned.”	Mind - Dreams - children in danger
4	1	Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that rolling them up was the best way.	Mind - Dreams - cities
98	70	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - cliff, standing on a
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.	Mind - Dreams - climbing
1	12	went to the trees, landed in the branches. Climbed on many, many branches.	Mind - Dreams - climbing
1	4	the belt is an open washer and all the clothes, wad of clothes are clogged in it	Mind - Dreams - clothes
6	1	I'm on my knees putting stuff away in a clothes cupboard.	Mind - Dreams - clothes
1	4	the belt is an open washer and all the clothes, wad of clothes are clogged in it	Mind - Dreams - clothes - washing
1	1	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was sleeping	Mind - Dreams - coffins
1	1	there was a wooden coffin, and inside, there was this person, and he wasn't dead, he was sleeping	Mind - Dreams - coffins - alive sleeping person inside (new rubric)

		Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - computers
3	2		
		Dream...he was very assured of himself. He was more confident than I.	Mind - Dreams - confidence - want of
8	4		
		Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - confused
6	1		
		but when I saw it, it was a big cougar.	Mind - Dreams - cougars (new rubric)
4	3		
		I was hiding from the police because they thought I had killed someone.	Mind - Dreams - crime - he had committed a
1	12		
		Dream I was by a marina and I was trespassing	Mind - Dreams - crime - he had committed a
2	9		
		Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - crimes
98	90		
		Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - criminals
98	90		
		In my dream, I was talking with someone who had a warrant out for his arrest and I asked him some questions and provided what I knew of his case. He asked me if I had the warrant for his arrest and I said "no." He then asked where I got the info on him. He then told me he would be in touch with his lawyer. I remember feeling I had to be very careful about what I said to hi and then I woke up.	Mind - Dreams - Criminals
4	13		
		Dream that I was being cursed by some person I feel responsible and worried for the other dogs safety	Mind - Dreams - cursed (new rubric)
8	6		
		I had to get out of there because the ice was cracking and I was going to get engulfed in a wave of ice	Mind - Dreams - danger
2	0		
		it felt more perilous a situation when inside the car . . . it looked like we were going to fall off the left side of the ledge	Mind - Dreams - danger - falling
2	9		
1	1		

1	12	something happening threatening our lives so we had to make a run for it.	Mind - Dreams - danger - fleeing from a
4	3	I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would be dangerous, but I went anyway.	Mind - Dreams - danger - impending Mind - Dreams - danger - safe in a dangerous situation
2	15	Dreamt about black panther licking my face	
6	1	The dream shifted to a house in Black Diamond (Alberta), having coffee on the veranda with my daughter, feeling friendly and nice.	Mind - Dreams - daughter, of
7	0	Ex-friend has died. Phone call that he was in hospital in serious conditions.	Mind - Dreams - death - friends
1	1	A person of the clergy had died, like a pastor or reverend	Mind - Dreams - death - preachers
6	6	She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her passing.	Mind - Dreams - death, of
2	2	I new I would catch friend Ruth in a lie about her knowing stuff	Mind - Dreams - deception
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - defending - himself
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - defending - himself
2	75	I was concerned that they were going to eat food and get poop on the food so I was about to tell them to go wash their hands	Mind - Dreams - dirty
2	0	There is a dog that I am leading	Mind - Dreams - dogs
6	1	He accidently pushed a lever and the floor opened, fascinating what it revealed, amazing carved doors. Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards the	Mind - Dreams - doors
1	1	drive-in,	Mind - Dreams - driving - car
4	1	As we were driving downtown, we saw that some streets were being closed off.	Mind - Dreams - driving - car



		A man came up to me. Looking into his eyes, he was stoned, a natural exalted state, expansive,	Mind - Dreams - drugs - hallucinogens
6	1	maybe he'd taken peyote.	
8	20	I dreamt about ducks	Mind - Dreams - ducks
2	2	There was pie and I was eating it	Mind - Dreams - eating
8	5	We were having lunch at a party	Mind - Dreams - eating
		Dreamt that daughter kept falling down the steps	Mind - Dreams - efforts
2	14	repeatedly and I couldn't get to her	- unsuccessful
		I was really embarrassed that I was not better	Mind - Dreams - embarrassment
2	75	prepared for that emergency	
		I had to disguise the feeling that I did not know	Mind - Dreams - embarrassment
8	4	what to give him	
		I remember that we met some people who were	
		very excited about a big entertainer coming to	Mind - Dreams - entertainment
4	1	town.	
		something happening threatening our lives so we	
1	12	had to make a run for it.	Mind - Dreams - escape
		I had to get out of there because the ice was	
		cracking and I was going to get engulfed in a wave	
2	9	of ice	Mind - Dreams - escape
8	6	Something evil was after us. We had to get rid of it.	Mind - Dreams - evil
			Mind - Dreams - excrement
2	75	Then I pooped on the floor of the tree house	
		one of my treehouse siblings got it (feces) on their	Mind - Dreams - excrement - animal
2	75	paw	
		one of my treehouse siblings got it (feces) on their	Mind - Dreams - excrement - walking in
2	75	paw	
		I am being led through the streets of a very	Mind - Dreams - fairytale, as in a
2	0	organized quaint little fairy tale city	
		Dreamt that daughter kept falling down the steps	
2	14	repeatedly and I couldn't get to her	Mind - Dreams - falling
		I realized that she was going to fall, so I ran to the	
1	4	window and I caught her through the window	Mind - Dreams - falling
		Started out first my mom, aunt, younger sister and	
		myself on the SkyTrain, going somewhere, don't	
1	4	remember where we were going	Mind - Dreams - family
		I was looking after my son and my husband let my	
2	8	daughter go with the ladies and babies	Mind - Dreams - family
		The other was being around a lot of people, many	
8	5	patients and also my family was there	Mind - Dreams - family

2	0	I manage to get him away from the other dog just in time to avoid a dog fight	Mind - Dreams - fights
1	12	On the side of the rock face, there were some clay/plastic men. Carved stone ten feet tall and six feet wide, massive base relief including two figures holding a basket showing what treasure was behind the door, but the treasure wasn't what the man thought it would be.	Mind - Dreams - figures
6	1	We went by some some huge make shift statues of people in various positions.	Mind - Dreams - figures
8	6	We had to go where a bed post was, and light it on fire	Mind - Dreams - fire
2	75	First I dreamt that I was in a house and it was on fire	Mind - Dreams - fire - house, building on
1	12	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - fleeing, of
6	3	Dream - I remember being on my hands and knees peering at a small clump of white daisies	Mind - Dreams - flowers
1	4	We went up to the end of this area, we were flying by this time,	Mind - Dreams - flying
1	1	There was a Tupperware of food and a spoon, and it was pretty empty, and he had taken/eaten it.	Mind - Dreams - food
2	2	There was pie and I was eating it	Mind - Dreams - food
8	5	We were having lunch at a party	Mind - Dreams - food
2	9	I was mortified I'd forgotten the cake	Mind - Dreams - food - cakes and pastries
1	12	I was in a forest.	Mind - Dreams - forest
6	1	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - forgetful, being
1	5	Which to me meant that those feelings of love that people gave me were not genuine.	Mind - Dreams - forsaken, forsaking
1	5	I was in a group and we went to a psychic who did group readings	Mind - Dreams - fortune tellers, of
2	2	An old friend found me just in time and I made it to the test	Mind - Dreams - friends
7	0	Ex-friend has died. Phone call that he was in hospital in serious conditions.	Mind - Dreams - friends

		Anyway, we went to a friends place to sleep at some place in town and we were supposed to get up early to head out across town to see this big	
4	1	show that this entertainer was going to give.	Mind - Dreams - friends
		An old friend found me just in time and I made it to	Mind - Dreams - friends
2	2	the test	- old
		8	Mind - Dreams - friends
8	4	Took a case of a friend I hadn't seen in years	- old
		Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or	Mind - Dreams -
98	90	threat of violence.	frightful
		They come in for the ceremony with an elaborate	Mind - Dreams -
1	1	ivory coffin.	funerals
		Dreams: Like an Indiana Jones adventure, into a	
6	1	tomb, deep into the earth looking for treasure.	Mind - Dreams - graves
		I felt guilty and ashamed for protecting my own	
1	5	boundaries	Mind - Dreams - guilt
1	1	someone was hiding him, or he was hiding.?	Mind - Dreams - hiding
		I was hiding from the police because they thought I	
1	12	had killed someone.	Mind - Dreams - hiding
		I couldn't see well on the stage and there she was	
2	8	hiding under a blanket crying	Mind - Dreams - hiding
		In my old house, the one I was in when I created	Mind - Dreams - home
1	6	the game.	- of - childhood home
		Went to the hospital, his only option was life	Mind - Dreams -
7	0	support	hospitals
		Dream...there was a section where I was staying at	
1	1	a hotel with a friend, or trying to stay at a hotel,	Mind - Dreams - hotels
		Then we are all just waiting outside this house for	Mind - Dreams - house,
2	0	time to get our presents	houses
		It was bilt on the water's edge and when the tide	Mind - Dreams - house,
2	1	came in the lot gets covered in water	houses - flood, in a
			Mind - Dreams - house,
2	1	Looking for a house to buy	houses - looking at to buy
			Mind - Dreams - house,
2	1	The house was poorly designed and in bad shape	houses - run-down
			Mind - Dreams - house,
		It was about a house and it was the wrong size, too	houses - small, too (new
2	2	small	rubric)
		I had a dream right after that about being invited to	Mind - Dreams - house,
2	75	live in a tree house	houses - tree (new

			rubric)
2	1	It was bilt on the water's edge and when the tide came in the lot gets covered in water	Mind - Dreams - house, houses - water's edge, at (new rubric)
3	3	Dream - something about catching a hummingbird - the rest of it escapes me though.	Mind - Dreams - hummingbirds
2	9	I had to get out of there because the ice was cracking and I was going to get engulfed in a wave of ice	Mind - Dreams - ice, of
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - ill-treatment
1	5	He put his hand on my lap and I didn't know what to do, and I realized I should remove it.	Mind - Dreams - ill-treatment
8	4	I was not as prepared as I should be	Mind - Dreams - inadequate, feels
1	5	It's all about me creating a boundary, people invading my space	Mind - Dreams - invasion; people invading her space
4	3	Just below was tree, and I thought if I jumped down to the top of the branches, I could make my way down. I jumped and caught on to a strong branch.	Mind - Dreams - jumping
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - kidnapping
1	4	It's like the belt is small and we're big, even if we're inside of it, we're bigger, if that makes sense.	Mind - Dreams - large, of growing
2	2	An old friend found me just in time and I made it to the test	Mind - Dreams - late, being
2	0	We are all attached to long long ropes and he is leading us	Mind - Dreams - leash, being on a
1	4	Then, I was thinking we would find the clothes, now that we could fly, but we dove back down in to the water because we couldn't find them,	Mind - Dreams - losing things
1	1	There was a line of baggage outside on the street, so we put our luggage there . . . someone was picking up the piece of luggage and we could not get it back from that person.	Mind - Dreams - luggage
1	2	they went to see this person we called the wizard	Mind - Dreams - magic

2	2	It was the wrong size so I used magic to make my head fit	Mind - Dreams - magic
8	6	Dream that I was being cursed by some person	Mind - Dreams - magic
1	12	If Judy held on, she went back to that same spot as well, like a very strong magnetic pull that didn't let her go very far.	Mind - Dreams - magnetic
1	4	I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - maltreatment
1	12	I'm male in the dream, not female. I push her back 10 feet or so and I say something like: "I'm glad that your moving really, really fast, but your trampling on me right now, so if you need to get off..."	Mind - Dreams - man - she is a
1	4	and there's wads of money - change, not bills	Mind - Dreams - mistreated by relatives
1	4	Started out first my mom, aunt, younger sister and myself on the SkyTrain, going somewhere, don't remember where we were going	Mind - Dreams - money
1	12	kind of a jagged rock face, kind of mountainous, I thought the sea was on the other side of it.	Mind - Dreams - mother
1	1	Dream...there were a scene at drive-in movies, I never saw the movie, but was driving towards the drive-in,	Mind - Dreams - mountains
6	1	Mother in law takes off her clothes to get dressed. I'm uncomfortable & curious about her nudity.	Mind - Dreams - movies - going to the
1	1	it was like an out of body experience as I watched myself cross	Mind - Dreams - nakedness
2	75	with a family that was kind of an outsider to the rest of the normal world	Mind - Dreams - out of body
1	2	Dream...something about me telling a story as a baby, like I was an infant in my parents arms,	Mind - Dreams - outsider - he is a
2	75	My dad came in to help me with the fire	Mind - Dreams - parents
2	0	I was at a party with friend but I don't know any of them	Mind - Dreams - parties
8	5	We were having lunch at a party	Mind - Dreams - parties
1	2	It was a story of my parents: they were First-Nation or Hawaiian, or something like that	Mind - Dreams - people - aboriginals
8	6	Something evil was after us. We had to get rid of it.	Mind - Dreams - persecution

1	11	dream, I had acupuncture needles stuck in my belly and scapula region of my left arm and my hip.	Mind - Dreams - pins, needles
2	9	Wanted to go hide in a room but there was a narrow opening	Mind - Dreams - places - narrow
1	1	There was a tropical setting again	Mind - Dreams - places - tropical
98	70	I was in a group with other people, we were in a tropical jungle setting, on top of a cliff that had a lot of trees on it	Mind - Dreams - places - tropical
6	1	It was a loving and amused feeling. Amused by him, a tender, gentle amusement.	Mind - Dreams - pleasant
1	12	I was hiding from the police because they thought I had killed someone.	Mind - Dreams - police, of
2	9	Dream ended by me almost to the point of successfully seducing my way out of being arrested	Mind - Dreams - police, of
4	1	We finally winded our way to the place where we were yesterday and found police directing traffic.	Mind - Dreams - police, of
1	12	The police found me and took me to a confinement centre.	Mind - Dreams - prisoner - being taken a
6	1	Got up, went to Walmart, Forgot purse, went back (confused), came back to store, couldn't remember what to buy.	Mind - Dreams - purchases, making
4	1	Last night, I went to bed at around 10:30 pm and I had a vivid dream about being in a big city and we were looking at places to buy different size blankets. I remember tht I tried out quite a few and found that big, large blankets in single colors were the best. Storing them became a concern and after folding them in so many different ways, we found that rolling them up was the best way.	Mind - Dreams - purchases, making
1	4	Then there was something about going somewhere and having to wait for 2 hours outside because of my purse was inside,	Mind - Dreams - purse - lost
4	3	The cougar saw me and jumped up and caught on a branch just below me, and I kicked it as hard as I could and the cougar fell to the ground.	Mind - Dreams - pursued - hunted, being
2	8	Then I reprimanded everyone including the children for not watching more closely	Mind - Dreams - quarrels, strife

		Went back home. Mother in law was up. Did I remember to buy her a bottle of booze. No. She's bitchy, accusing me of deliberately doing that to get even with her. Tells me i'm very angry.	Mind - Dreams - quarrels, strife
6	1	Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - quarrels, strife
3	2		Mind - Dreams - relatives
6	1	Dream - visiting husbands first mother in law. She had a dream of a young girl who died. She was caring for the little girl and went out to buy juice for her and when she returned the child was dead. She was sorry she couldn't have been there for her passing.	Mind - Dreams - responsibility, of - children, for
6	6	Then I heard a movement near by a river or a stream.	Mind - Dreams - rivers
4	3		
1	12	kind of a jagged rock face, kind of mountainous, I thought the sea was on the other side of it.	Mind - Dreams - rocks
2	0	We are all attached to long long ropes and he is leading us	Mind - Dreams - ropes, chains, rings
2	9	I was being chased	Mind - Dreams - running
		Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Dreams - sad
7	0		
1	12	It was a school for botany and invertebrates, and I asked them about a slug	Mind - Dreams - school, of
		I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that "smart" kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents.	Mind - Dreams - school, of
4	1	This is all I could remember.	
		I only remember that I dreamt about learning how to learn in school. I really had to pay attention. I wish I could remember more.	Mind - Dreams - school, of
4	11		

		I did have a dream about being younger andn planning on going back to this residential school I attended. I was warned that it would be dangerous,	Mind - Dreams - school, of – old, of
4	3	but I went anyway.	
		Dream ended by me amost to the point of	Mind - Dreams -
2	9	successfully seducing my way out of being arrested	seduction, of
		I feel ashamed, but as if I have no choice	Mind - Dreams - shameful
2	0		
		It was a school for botany and invertebrates, and I	Mind - Dreams - slugs
1	12	asked them about a slug	(new rubric)
		A teen had cut a hole in the wall and snakes were	
2	1	living in the wall that led into the ground	Mind - Dreams - snakes
		I dreamt that I had been bitten by a very large	Mind - Dreams - snakes
2	23	snake twice	- bitten by, of being
		was a small Greecian army, in red and white	Mind - Dreams - soldiers
1	12		
2	11	Once again I was looking at steps	Mind - Dreams - stairs
		Looking into his eyes I could see the universe, a	Mind - Dreams - stars, of
6	1	night sky with stars.	
		There was a line of baggage outside on the street, so we put our luggage there . . . someone was	
		picking up the piece of luggage and we could not	Mind - Dreams -
1	1	get it back from that person.	stealing, theft
		I actually shoplifted a \$6000 CD and had to escape	Mind - Dreams -
2	9	getting caught	stealing, theft
		Last night I had a dream of someone holding me or	
		somebody else hostage in a store. There was fear or	Mind - Dreams -
98	90	threat of violence.	stealing, theft
		I actually shoplifted a \$6000 CD and had to escape	Mind - Dreams -
2	9	getting caught	stealing, theft - he was
		Then I heard a movement near by a river or a	Mind - Dreams -
4	3	stream.	streams
		I had a dream about taling with somone about a student who was learning very well, getting high grads. The other person was very happy about how smart the student is. I told the person I had a real concern. The teacher was surprised and aske why. I said that “smart” kids do very well with little effort and can get easily bored. They also find it difficul to find which direction to take their talents.	
4	1	This is all I could remember.	Mind - Dreams - studies



			Mind - Dreams - subordination like a servant
2	0	There is also a feeling of being possessed by him	
		I dreamt I had to take some test and they forgot to	Mind - Dreams - tested,
2	2	give the room info and time	being
		dream, all I remember is clearly seeing a tiger	
98	87	standing in front of me	Mind - Dreams - tigers
		We finally winded our way to the place where we	
4	1	were yesterday and found police directing traffic.	Mind - Dreams - traffic
		Started out first my mom, aunt, younger sister and	
		myself on the SkyTrain, going somewhere, don't	Mind - Dreams - train,
1	4	remember where we were going	tram
		Dream: Then getting on a crowded little tourist	
		train, getting off at city center, having a meal,	Mind - Dreams - train,
6	3	needing to pee.	tram
		Dreams: Like an Indiana Jones adventure, into a	Mind - Dreams -
6	1	tomb, deep into the earth looking for treasure.	treasure, finding a
		went to the trees, landed in the branches. Climbed	
1	12	on many, many branches.	Mind - Dreams - trees
		I had a dream right after that about being invited to	
2	75	live in a tree house	Mind - Dreams - trees
		I was in a group with other people, we were in a	
		tropical jungle setting, on top of a cliff that had a	
98	70	lot of trees on it	Mind - Dreams - trees
		Just below was tree, and I thought if I jumped	
		down to the top of the branches, I could make my	
		way down. I jumped and caught on to a strong	
4	3	branch.	Mind - Dreams - trees
		Just below was tree, and I thought if I jumped	
		down to the top of the branches, I could make my	
		way down. I jumped and caught on to a strong	Mind - Dreams - trees -
4	3	branch.	climbing (new rubric)
		went to the trees, landed in the branches. Climbed	Mind - Dreams - trees -
1	12	on many, many branches.	climbing (new rubric)
		ghoul/troll person was handing out Duo-tangs of	
1	12	materials	Mind - Dreams - trolls
		Looking into his eyes I could see the universe, a	Mind - Dreams -
6	1	night sky with stars.	universe, sees the (new rubric)
		We were scared. Urgency to take this thing off.	Mind - Dreams -
8	6		urgency

6	3	Jessica went to the toilet w/ me, no door, 2 toilet holes, side by side, sitting to pee, jessica becomes L.H.	Mind - Dreams - urinating, of
98	90	Last night I had a dream of someone holding me or somebody else hostage in a store. There was fear or threat of violence.	Mind - Dreams - violence
2	0	Then we are all just waiting outside this house for time to get our presents	Mind - Dreams - waiting (new rubric)
4	3	When I got there, I came to a big huge wall. I somehow climbed on the tom and looked over to where the school was.	Mind - Dreams - walls
2	75	I was concerned that they were going to eat food and get poop on the food so I was about to tell them to go wash their hands	Mind - Dreams - washing
1	4	and the belt is full of water, so we have to go back, and we have to swim back	Mind - Dreams - water
1	1	when we went to cross the bridge, it was actually a sand bar across the ocean,	Mind - Dreams - water - crossing (new rubric)
1	4	Then, I was thinking we would find the clothes, now that we could fly, but we dove back down in to the water because we couldn't find them,	Mind - Dreams - water - diving in
1	4	So we make it all the way up, and then the water starts to fill in to the level that we are on.	Mind - Dreams - water - flood
2	8	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - lakes
98	70	People were jumping from the top into some water or a pool below.	Mind - Dreams - water - people - jumping into
2	8	At a house and there was a lot of water (lakes and rivers) around	Mind - Dreams - water - rivers
1	1	when we went to cross the bridge, it was actually a sand bar across the ocean,	Mind - Dreams - water - sea, ocean
1	4	and the belt is full of water, so we have to go back, and we have to swim back	Mind - Dreams - water - swimming in
2	0	We are all swimming	Mind - Dreams - water - swimming in
1	5	Then I began to cry, because I was completely overwhelmed	Mind - Dreams - weeping
1	21	I remember on Sunday night I was crying in my dream	Mind - Dreams - weeping

7	0	Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Dreams - weeping
1	4	My mother changed in to a guy, a random dude,	Mind - Dreams - women - man, changing into (new rubric)
8	4	Took a case of a friend I hadn't seen in years Dream - at an office, w/ lots of workers, s'thing going on so people were pressed for time and computers were acting up and people were testy w/ each other, but it was a beautiful day outside; something lime green but don't rememeber what it was.	Mind - Dreams - work
3	2	was.	Mind - Dreams - work
2	2	Then I was writing a story in the test	Mind - Dreams - writing
1	3	I'm just spacey today. Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Dullness
97	3		Mind - Dullness
		During conversations...I have this feeling that I don't understand what they are saying...like they are speaking a different language and I don't understand the meaning.	Mind - Dullness - comprehend conversation, does not, and is unable to relate properly
8	21		
		Have anxiety driving normally but it's like I'm driving in a fog	Mind - Dullness - fog, feels enveloped in a
2	0		
		Her manner of speech is slightly condescending (amel during proving)	Mind - Egotism, self esteem
5	1 to 9		
		I think we were meant not to connect last night. It is all part of that whole thing. Maybe there isn't a connection. A breaking down.	Mind - Estranged
5	5		
		once the symptoms disappated, she became more distant. She was very enjoyable to speak with and was very engaged while she was getting symptoms (amel during proving)	Mind - Estranged
5	1 to 9		
		I am more sensitive. The family issue was resolved there is nothing to be sensitive about.	Mind - Fear - failure - business or work
5	3		
		Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Fight, wants to
98	45		
8	21	Somehow excluded from the group	Mind - Forsaken feeling
		Can't stop wriggling my right foot and I'm tapping my foot and fingers	Mind - Gestures - tapping with fingers
2	7		

96	5	intense feeling about my kids, very protective, walking around with them and if a car drove too close, growled.	Mind - Growling like a dog
	2	8 Feeling of not wanting to be home	Mind - Home - desire to leave
	2	7 Feels like I should be doing something or moving faster	Mind - Hurry, haste
	8	5 I have many plans	Mind - Ideas - abundant
	4	1 during my meditation I felt like I could use my imagination in a more lively manner	Mind - Ideas - abundant
	2	7 Feels like I want the other person to get on with it too	Mind - Impatience
	8	3 Also with my dog, normally so impatient with them (amel during proving)	Mind - Impatience
	8	23 I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Indifference, apathy - duties - domestic
	1	1 I don't have the same sense of the importance of people or the fact that I like them.	Mind - Indifference, apathy - persons, to all
	6	1 It's not fair. Someone oppressing me; they're not being reasonable.	Mind - Indignation
	8	23 I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Indolence - housework, aversion to her usual
	5	3 Today I am feeling like I am lazy bum...I should be doing more but I am not. I am not getting anything done.	Mind - Indolence, aversion to work
	6	3 feels tired and doesn't want to go on trip for business	Mind - Indolence, aversion to work
	8	1 The theme of being victimized and accused of unfairly came up	Mind - Injustice, cannot support
	6	1 It's not fair. Someone oppressing me; they're not being reasonable.	Mind - Injustice, cannot support
	8	3 Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Intolerance
	5	9 In the past there would have been some time to take before decisions were made. Now, I just do it. I like the feeling of being decisive. (amel during proving)	Mind - Irresolution, indecision
	8	3 Feel happy with my kids. Don't shout. More tolerant (amel during proving)	Mind - Irritability
	1	8 feeling annoyed to little things	Mind - Irritability

1	8	feeling annoyed to little things	Mind - Irritability - trifles
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - anxiety, during
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - joyless
1	1	I am laughing at things loudly and I am aware that it is loud	Mind - Laughing - loudly
1	4	when I laughed it was like a relief of anxiety and pain, as opposed to joy and happiness, playfulness.	Mind - Laughing - nervous
1	1	I seem more outspoken, I'll say more things.	Mind - Loquacity
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Memory - weakness
1	3	Last clinic shift: in clinic, I thought I was remembering everything, but I was forgetting steps in a procedure.	Mind - Memory - weakness - do, for what he was about to
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Memory - weakness - time
2	12	I'm noticing that when I'm reading to the kids I slip on words, get a letter wrong, add a letter or change a letter	Mind - Mistakes - reading
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Mistakes - time
2	0	I guess everything was distorted	Mind - Mistakes, making - perception, of
1	3	was listening to people saying things that were funny and it would not bother me at all, I was quite enjoying it,	Mind - Mood - agreeable
2	0	Emotions aren't as up and down today (amel during proving)	Mind - Mood - variable
8	23	I have not had the need to clean my house. I would like to leave everything scattered around and not pick up.	Mind - Neglects - household
8	11	I have an optimistic overview	Mind - Optimism
1	5	If I wanted something to happen, I would say 'please let it happen', then immediately I would say "it won't" or "she won't" or "he won't",	Mind - Pessimist
8	11	I am more assertive in what I want	Mind - Positiveness

8	2	It was hard to concentrate. I couldn't sit down and work on my pamphlets	Mind - Postponing everything to next day
8	8	Mentally I feel drained	Mind - Prostration of mind
4	15	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Mind - Prostration of mind
5	5	Not to be at odds with anybody. There is no confrontation. (amel during proving)	Mind - Quarrelsomeness
98	45	Feeling very argumentative and confrontational. Really standing up for myself, and what I can or cannot live with or put up with. More aggressive.	Mind - Quarrelsomeness
2	75	I was very quick and decisive and everyone was amazed at how quickly I acted	Mind - Quick to act
6	0	if I were a child, I wouldn't stop moving	Mind - Restlessness, nervousness
6	1	feels like a caffeine high, physical jitteriness, a part of me inside pacing - the adult form of the child that can't be still	Mind - Restlessness, nervousness
97	3	Restless with a feeling of time is passing too quickly and being nervous about that	Mind - Restlessness, nervousness - work, during
6	2	I feel it under my skin, especially the right arm. I'm not comfortable in my own skin.	Mind - Senses - acute - body, of - skin surface
1	0	some colors more vivid: blue, red, everything seemed brighter, very vivid.	Mind - Sensitive, oversensitive - colors, to
6	2	looking at color was too stimulating, want no stimulation of the eyes > wearing black	Mind - Sensitive, oversensitive - colors, to
1	0	The lights were bothering my eyes	Mind - Sensitive, oversensitive - light, to
2	0	I was very sensitive to the kids noises	Mind - Sensitive, oversensitive - noise, to
5	5	heightened sense of smell – doesn't smell good.	Mind - Sensitive, oversensitive - odors, to
2	0	I felt like I was moving slowly	Mind - Slowness - motion, in
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Mind - Starting - sleep - from
1	3	I was more tolerant of intolerance	Mind - Sympathetic
8	1	I did not get along with this neighbor but said I would support her. This is new for me to be nice to her.	Mind - Sympathetic

3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Mind - Thoughts - rush, flow of - sleeplessness - with
97	3	Very unfocused, forgetful, confusing time schedules (being late for an appt, forgetting time zones, etc.)	Mind - Time - loss of conception of
97	3	Restless with a feeling of time is passing too quickly and being nervous about that	Mind - Time - passes too quickly, appearing shorter
3	1	energy, low	Mind - Wearisome
3	1	lethargic, heavy feeling >early evening (napped 5-8 pm)	Mind - Wearisome
4	15	by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Mind - Wearisome
7	0	Then I had to go and tell his family that he had died...They were all upset...Woke up with tears in my face	Mind - Weeping - morning - waking - dreaming, after
6	1	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - morning - waking - dreaming, after
6	1	I wake up feeling heavy hearted, weepy, depressed, jaw clenched. Shitty.	Mind - Weeping - waking, on

### Vertigo

Prover	Day	Symptom	Rubric
8	8	Vertigo with headache	Vertigo - Headache - during
8	4	Nauseous and I felt cold all over (with vertigo)	Vertigo - Nausea - with
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Sudden
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Turning - agg - motion of head, or
8	4	Suddenly when I turned my head to see my friend I got this vertigo	Vertigo - Violent

### Head

Prover	Day	Symptom	Rubric
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Brittle - hair

2	9	I have a strong desire to cut and dye hair	Head - Cutting hair - desires
1	5	Today, my hair is feeling really dry and brittle to me.	Head - Dryness - hair
8	3	Hair is smoother. It is usually drier. (amel during proving)	Head - Dryness - hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - margins of hair
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Head - Eruptions - rash
2	1	Foggy feeling in eyes and head all day	Head - Fog, brain feels enveloped in a
2	1	Heaviness on head, a pressure from inside like a fullness inside head	Head - Fullness
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - afternoon - agg - 2pm
8	4	2pm, Pain in head like a flash on the left side of the temple. A pressure.	Head - Pain - afternoon - agg - 2pm
2	2	I had very noisy digestion at the same time	Head - Pain - disordered stomach, with
8	6	Headache all day, all over the place. Pulsating, dull headache	Head - Pain - dull
2	0	Dull ache	Head - Pain - dull - forehead
2	0	Dull ache	Head - Pain - dull - forehead - eyes - above
2	0	Dull ache	Head - Pain - dull - forehead - noise, loud agg
2	0	Low grade headache in my frontal lobe...equal across forehead and over to sides	Head - Pain - forehead - extending to - sides
2	0	Low grade headache in my frontal lobe...equal across forehead and over to sides	Head - Pain - forehead - eyes - above
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - forehead - right
2	2	Headache after lunch at 2pm. On top of forehead on right side and behind right eye.	Head - Pain - forehead - right - extending to - eye
4	16	left side of head was really tender <hot bath	Head - Pain - heat - agg



4	15	headache- left side	Head - Pain - left
		The headache only got better when I went to lie	Head - Pain - lying -
2	2	down on my right side of my head	amel
		A day before menses usuay get a headache. Didn't	Head - Pain - menses -
8	5	have that (amel during proving)	before
			Head - Pain - night -
2	10	Headache started at 9:30pm	agg.
2	0	Loud voices made headache worse	Head - Pain - noise agg
4	3	back of my head feels tender	Head - Pain - occiput
			Head - Pain - pressing -
8	2	Headache like a pressure, worse pressure also	one-sided
		2pm, Pain in head like a flash on the left side of the	Head - Pain - pressing -
8	4	temple. A pressure.	temples - left
			Head - Pain - pressing -
8	2	Headache like a pressure, worse pressure also	temples - pressure - agg
			Head - Pain - pressing -
8	2	Headache like a pressure, worse pressure also	temples - right
		Headache all day, all over the place. Pulsating, dull	
8	6	headache	Head - Pain - pulsating
		Headache after lunch at 2pm. On top of forehead	
2	2	on right side and behind right eye.	Head - Pain - right
2	2	Headache, Intense, came on suddenly	Head - Pain - sudden
			Head - Pain - sudden -
2	2	Headache, Intense, came on suddenly	forehead
			Head - Pain - temples -
8	2	Headache like a pressure, worse pressure also	pressure - agg
			Head - Pain - temples -
8	2	Slight headache on the right side of temple	right
			Head - Pain - warmth -
4	16	left side of head was really tender <hot bath	agg
		Heaviness on head, a pressure from inside like a	
2	1	fullness inside head	Head - Pressure
			Head - Twisting and
6	0	head twisting to the right	sensation of

## Eyes

Prover	Day	Symptom	Rubric
2	1	My eyes feel tight and dry	Eyes - Dryness
		Red dot on right lid. Kept growing like a pimple	Eyes - Eruptions -
8	20	with white inside. Doesn't hurt.	Lids - upper

4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Eyes - Eruptions - Lids - upper
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Eyes - Eruptions - Lids - upper - Left
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Lids - upper - Right
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Pimples - lids
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Eyes - Eruptions - Pustules - lids
5	3	Like when you blink they have lachymation, not tears, but they are wet	Eyes - Lachrymation
4	14	(left eye) aches less today, but it is a little watery	Eyes - Lachrymation - left
6	0	looking up and to the right	Eyes - Movement - rolling - right
6	0	looking up and to the right	Eyes - Movement - rolling - upwards
4	13	Left eye aching - this is my weak eye.	Eyes - Pain - aching - left
5	5	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - canthi - Right
1	0	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - constricting
2	1	My eyes feel tight and dry	Eyes - Pain - constricting
2	2	Headache after lunch. On top of forehead on right side and behind right eye.	Eyes - Pain - extending to - forehead
2	15	Before going to sleep got a sharp shooting pain in my left eye. Lasted 30 seconds.	Eyes - Pain - left
4	13	Left eye aching - this is my weak eye.	Eyes - Pain - left
1	0	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing
1	0	It didn't change my vision with my glasses off, but the squeezing sensation was gone; when I put on my glasses in a dark room it was ok.	Eyes - Pain - pressing - dark - amel.
1	0	It felt like someone was squeezing down around my eye muscles, outside of my eyes, I wanted to take my glasses off, and I did and it helped a bit.	Eyes - Pain - pressing - pressure - agg.

2	2	Headache after lunch. On top of forehead on right side and behind right eye.	Eyes - Pain - right
2	15	Before going to sleep got a sharp shooting pain in my left eye. Lasted 30 seconds.	Eyes - Pain - stitching - left
4	13	Aching in left eye... Sometimes sharp, goes from the top to the back, constant sharp pain	Eyes - Pain - stitching - left
5	5	woke up with corner of the right eye, sharp pain – also in evening – sharp pricks	Eyes - Pain - Stitching - right
5	3	The eyes are red. Like I have finished crying.	Eyes - Redness
6	0	looking up and to the right	Eyes - Turned - right
6	0	looking up and to the right	Eyes - Turned - upward

### Vision

Prover	Day	Symptom	Rubric
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred
5	3	It effects the vision – kind of blurry once in a while. (with lachrymation and redness)	Vision - Blurred - lachrymation, with
1	0	I felt shaky and everything was looking brighter,	Vision - Bright, seems
1	0	I felt shaky and everything was looking brighter,	Vision - Dazzling
1	0	The lights were bothering my eyes	Vision - Light - agg. - bright

### Ears

Prover	Day	Symptom	Rubric
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Ears - Inflammation - bones, mastoid
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - dull - right
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - pressure - amel.
6	1	(right) ear still plugged w/ pain above mastoid, like a dull pressure. >popping ears, rubbing and pressing - counter pressure.	Ears - Pain - rubbing - amel.
3	7	Left ear hurts to swallow; old symptom of eustatian tube being blocked	Ears - Pain - swallowing, on

6	0	ear plugged on right side	Ears - Stopped sensation - right
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Stopped sensation - right
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Ears - Water, sensation of

## Hearing

Prover	Day	Symptom	Rubric
2	0	I was very sensitive to the kids noises	Hearing - Acute - noise, to
2	0	I was very sensitive to the kids noises	Hearing - Acute - voices and talking
3	1	less sensitive to noise - didn't have to wear ear plugs while using skill saw	Hearing - Impaired
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Hearing - Impaired
99	67	R ear blocked, feels like water in it, can hear `water' moving in there when I tip my head from side to side. Difficulty hearing w/ this.	Hearing - Impaired - water in ear, from
2	0	At noon had the sensation as if everyone's voices were echoing loudly	Hearing - Reverberating
2	0	At noon had the sensation as if everyone's voices were echoing loudly	Hearing - Reverberating - loud

## Nose

Prover	Day	Symptom	Rubric
8	0	I started feeling cold air through the nose as I was breathing	Nose - Air - cold, as if
5	3	The nose has a lot of discharge.	Nose - Discharge - profuse
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - air - cold, in
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - air - inhaling - agg

8	4	Nose pain worse outside	Nose - Pain - air - open - agg
8	4	A blast of cold air through the left nostril. Had to cover nostril to breathe - very painful.	Nose - Pain - inspiration - cold
8	6	Cold air through the nose when breathing but now it is happening inside the house	Nose - Pain - internal - air, to inhaled
5	3	Sneezing.	Nose - Sneezing
3	5	still sneezing more than usual	Nose - Sneezing
3	5	still sneezing more than usual	Nose - Sneezing - frequent

### Smell

Prover	Day	Symptom	Rubric
5	5	heightened sense of smell – doesn't smell good.	Smell - Acute
5	5	heightened sense of smell – doesn't smell good.	Smell - Acute - odors, for offensive
5	5	heightened sense of smell – doesn't smell good.	Smell - Bad
5	5	heightened sense of smell – doesn't smell good.	Smell - Offensive

### Face

Prover	Day	Symptom	Rubric
1	3	painfully raw, dry cracked lips	Face - Cracks - lips
2	75	over the last month I have been noticing these very dark circles under my eyes	Face - Dark - eyes - below
1	3	painfully raw, dry cracked lips	Face - Dryness - lips
1	3	My lips are really dry, better when I drink.	Face - Dryness - lips - thirst, with
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - cheeks
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - cheeks
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - cheeks - left
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - fine
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - forehead

4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face – Eruptions – forehead – left
4	17	face really broke out in pustules	Face - Eruptions - pustules
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - rash
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face - Eruptions - rash - forehead
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Face – Eruptions – rash – left
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - red - cheeks
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Face - Eruptions - rough
1	0	My face started to feel warm.	Face - Heat
3	1	cheeks warm, toasty, after nap, early evening	Face - Heat - cheeks
6	0	heat in right cheek	Face - Heat - cheeks - right
3	1	cheeks warm, toasty, after nap, early evening	Face - Heat - cheeks - waking, on
1	5	My lips are sill dry, but I'm drinking water and it's improving the rawness, and the heat of the lips.	Face - Heat - lips
7	6	Hot inside?...Feel it in the face...	Face - Heat - sensation of
1	3	painfully raw, dry cracked lips	Face - Pain - lips
5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws
5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws - articulation
5	0	prickle at r where the mandible and the maxilla join	Face - Pain - stitching - jaws - articulation - right
6	0	feeling pressure in cheek and jaw	Face - Pressure - sensation, painless
6	0	swelling under R jaw w/ heat	Face - Swelling - hot
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Face - Swelling - jaws - lower
6	0	glandular sweeling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Face - Swelling - jaws - lower - right
6	0	swelling under R jaw w/ heat	Face - Swelling - right

6	0	tingling right cheek, where I used to get herpes as a child	Face - Tingling, Prickling - cheeks
6	0	tingling right cheek, where I used to get herpes as a child	Face - Tingling, Prickling - right

### Mouth

Prover	Day	Symptom	Rubric
8	3	Mouth is drier	Mouth - Dryness Mouth - Dryness - tongue
8	3	Tongue is drier	Mouth - Inflammation - tongue, glossitis
2	34	My tongue is swollen on the sides and inflamed	Mouth - Swelling - glands, salivary - submaxillary, submandibular
6	0	glandular swelling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Mouth - Swelling - glands, salivary - submaxillary, submandibular - right
6	0	glandular swelling @ right mastoid, hx of mastoid infection as a child, feels like mumps, as a child	Mouth - Swelling - tongue - edges
2	34	My tongue is swollen on the sides and inflamed	

### Taste

Prover	Day	Symptom	Rubric
1	5	Food has lost its flavour	Taste - Diminished
1	7	Also anything I want to eat “this would taste good”, but then it doesn’t feel or taste good.	Taste - Insipid - food - tastes

### Throat

Prover	Day	Symptom	Rubric
2	14	Throat feels sore and scratchy and dry	Throat - Dryness - painful
2	3	More thirsty today. Throat more dry again	Throat - Dryness - thirst - with
4	1	I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Hawking - ineffectual
8	7	Mucus in back of throat. Clear my throat.	Throat - Hawking - mucus in the larynx, from

4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Inflammation - left
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - agg
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Lump, plug sensation - swallowing - not amel by
97	3	Clearing the throat	Throat - Mucus
8	7	Mucus in back of throat. Clear my throat.	Throat - Mucus
4	1	I usually have a frog in my throat, but now it seems to be all cleared up	Throat - Mucus - detach, difficult to
5	0	phlegm in my throat after eating lunch, unusual, rare, started at around 2 0'clock	Throat - Mucus - eating - after
2	3	Throat pain better cold liquids	Throat - Pain - drinks - cold - amel
8	5	Around 8pm I had a pain on the left side of the throat	Throat - Pain - evening
8	5	Around 8pm I had a pain on the left side of the throat	Throat - Pain - left
8	5	Pulsating throat pain...worse swallowing	Throat - Pain - pulsating, throbbing
2	3	Feels raw when clear throat	Throat - Pain - rawness
2	3	Throat pain better cold liquids	Throat - Pain - rawness - drinks amel - cold
2	3	Feels raw when clear throat	Throat - Pain - rawness - hawking agg
2	14	Throat feels sore and scratchy and dry	Throat - Pain - soreness
8	5	Pulsating throat pain...worse swallowing	Throat - Pain - swallowing - agg
2	2	Feel a cold in throat but cold's not there yet, like a scratch	Throat - Scratching sensation
4	14	Left side is swollen, feels like a little lump and I feel it when I swallow food	Throat - Swelling - left

## Neck

Prover	Day	Symptom	Rubric
1	0	Neck pain not a pain I'm used to describe, kind of a drawing down	Neck - Pain - drawing



1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Neck - Pain - extending - downward
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Neck - Pain - extending - shoulder
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - right
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - sides - right
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - stitching
2	1	Slight sharp pain in neck on right side when visiting a friend	Neck - Pain - stitching - sides - right
1	0	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in the area.	Neck - Tension

## Stomach

Prover	Day	Symptom	Rubric
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Anger - agg Stomach - Appetite - capricious
1	6	I can't figure out what to eat	Stomach - Appetite - increased
2	2	Feel hungrier than normal but no cravings	Stomach - Appetite - increased
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - increased
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Appetite - increased - morning Stomach - Appetite - increased - nausea - with
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Appetite - increased - sudden
2	6	I am definitely more hungry and the hunger comes on suddenly with nausea	Stomach - Appetite - insatiable
8	18	Incredible hunger. All day I could eat, eat everything, munching on everything.	Stomach - Appetite - ravenous
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous
8	18	Incredible hunger. All day I could eat, eat	Stomach - Appetite -

		everything, munching on everything.	ravenous
2	11	Ravenous hunger with headache	Stomach - Appetite - ravenous - headache, during
2	6	For each mealtime if I don't eat I get nauseous and feel ravenous	Stomach - Appetite - ravenous - nausea - with
2	2	My stomach was growling and gurling away for about 20 mins.	Stomach - Gurgling noise
97	3	Heaviness in stomach area. Nauseous during the day.	Stomach - Heaviness
8	3	Ate some chocolate and felt a heaviness in the stomach	Stomach - Heaviness - eating - after
1	7	when eat something it's sitting in my stomach.	Stomach - Lump sensation - eating, after
8	4	Ate soup for lunch and it sits heavy in my stomach.	Stomach - Lump sensation - eating, after
1	6	Like a stone. Sitting like heaviness.	Stomach - Nausea
97	3	feel a bit nauseous	Stomach - Nausea
		Heaviness in stomach area. Nauseous during the day.	Stomach - Nausea
1	6	Water helps the water point but it accentualizes the nausea	Stomach - Nausea - drinking - agg. - water
2	11	Eating and drinking cold gatorade helped the nausea/hunger feeling	Stomach - Nausea - drinking - amel
1	7	Generally nauseous upon eating	Stomach - Nausea - eating - after
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - eating - after
2	4	9am really hungry, hard to eat, felt nauseous. Better if I ate.	Stomach - Nausea - eating - amel
8	2	8pm, started feeling nauseous	Stomach - Nausea - evening
1	6	The slightly nauseous sensation when I'm not eating what my body thinks it needs.	Stomach - Nausea - fasting - agg.
2	2	After I ate I felt nauseated with the headache	Stomach - Nausea - headache, during
8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - intermittent
2	18	9pm, very nauseous	Stomach - Nausea - night
8	5	Felt nauseous all day. Just moments throughout the day	Stomach - Nausea - paroxysmal
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Nausea - vomiting - without
1	7	Nauseous, but I didn't throw up.	Stomach - Nausea -

			vomiting - without
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - paroxysmal
2	6	I got 3 sharp shooting pains in my upper stomach...I sat down and went away	Stomach - Pain - stitching - sitting - amel
1	11	Huge day, I came home, had a bit of an emotional release, [tears and anger both]. This feeling in the pit of my stomach like something was off. Like an actual physical sensation, it was emotionally hurting me,	Stomach - Sadness, with
8	2	Thirstier than usual	Stomach - Thirst
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - drink, with aversion to
1	3	VERY thirsty, but not drinking despite this	Stomach - Thirst - extreme
2	6	More thirsty...I brought water to bed with me...I usually don't like water	Stomach - Thirst - often, frequent
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to
1	11	I've been feeling like vomiting a lot but I'm not going to induce myself . . . but I'd feel better if I did.	Stomach - Vomiting - desire to - cannot, but

### Abdomen

Prover	Day	Symptom	Rubric
1	7	Lot of gas, bit bloated.	Abdomen - Distention
1	7	Lot of gas, bit bloated.	Abdomen - Distention - with nausea
6	0	right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - itching
6	0	right side of belly, itchy spots, hive-ish	Abdomen - Eruptions - urticaria
1	7	Lot of gas, bit bloated.	Abdomen - Flatulence
1	11	like something sitting heavy in it. ? Low. Midline under my umbilicus,	Abdomen - Heaviness
1	11	like something sitting heavy in it. ? Low. Midline under my umbilicus,	Abdomen - Heaviness - hypogastrium
1	7	Any physical location for nausea? Below umbilicus [across abdomen],	Abdomen - Nausea

5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - extending - downward
5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - extending - lower limbs - thigh
5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - inguinal region - left
5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - extending - downward
5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - extending - thighs
5	1	a 'stitch or pain' on the groin (left sided)...Shoots out to the outer leg as well...It starts there and radiates down 4 inches	Abdomen - Pain - stitching - inguinal region - left

## Rectum

Prover	Day	Symptom	Rubric
1	6	Urgency for BM, but nothing happened – today	Rectum - Constipation - urging - with
2	27	BM's are normal with my period now. I usually get diarrhea (amel during proving) or BM's with severe cramps.	Rectum - Diarrhea - menses - during
3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive
3	1	Flatulence very stinkly, had to get away from myself	Rectum - Flatus - offensive - foul
2	5	Hemorrhoids - not there. I used to get rectal bleeding with them, so far has stopped (amel during proving)	Rectum - Hemorrhage - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - painful - stool - during
2	2	No pain from passing stool this morning (Normally hemorrhoids sting with each BM) (amel during proving)	Rectum - Hemorrhoids - stool - agg

2	27	BM's are normal with my period now. I usually get diarrhea (CS) or BM's with severe cramps.	Rectum - Menses agg - during
2	10	Bowel movements were more urgent	Rectum - Urging
1	7	BM? I've been having them at night for a while now, usually got them in the morning.	Rectum - Urging - night

### Bladder

Prover	Day	Symptom	Rubric
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Inactivity
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urging to urinate, morbid desire - absent
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night
3	1	urination frequent (every 2 hours) in the night...didn't urinate all day and no desire to go, even when I got home	Bladder - Urination - frequent - night - seldom during day

### Urine

Prover	Day	Symptom	Rubric
3	0	urine, smells like when you eat asparagus and I hadn't eaten that	Urine - Odor - Asparagus, like after eating
8	8	Urinating profusely. Drinking the same amount.	Urine - Profuse, increased

### Female

Prover	Day	Symptom	Rubric
6	1	vagina, dry inside	Female - Dryness - vagina
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - labia
5	1	It hurts, feels like you have a zit,	Female - Eruptions - painful
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pimples - labia

5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Female - Eruptions - pustules - labia
6	2	hot flashes	Female - Heat - flushes of
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Heaviness - uterus
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - standing - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - thin, watery
8	20	Vaginal discharge happened when I walked, stood up	Female - Leucorrhea - walking - agg
8	20	Vaginal discharge - watery discharge, whitish in colour.	Female - Leucorrhea - white
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - bright red
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - brown
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted
2	27	Flow is heavy but it is a good colour. Before it was brown and clotty (amel during proving), now it's clear red.	Female - Menses - clotted - dark
8	5	Menses early. My period came almost a week before it should. 5 days.	Female - Menses - frequent, too early, too soon
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Menses - frequent, too early, too soon
8	5	Menses early. My period came almost a week before it should. 5 days.	Female - Menses - frequent, too early, too soon - five days too early
3	9	menses 9 days early, flow is heavy	Female - Menses - frequent, too early, too soon - nine days too early
97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - intermittent

97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - irregular
2	0	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - standing - amel. (new rubric)
2	0	My menstrual cramps are better for standing and walking slowly	Female - Menses - painful - walking - amel.
2	1	Have menses - usually very, very painfu. Now there is no pain (amel during proving)	Female - Menses - painful, dysmenorrhea
8	8	Cramps around 5pm. It is the end of my period	Female - Menses - painful, dysmenorrhea
3	7	vaginal bleeding @ 17/28. cramping on and off w/ that and uterus feels heavy	Female - Menses - painful, dysmenorrhea
2	1	No heaviness of period. Usually heavy flow. (amel during proving)	Female - Menses - profuse
3	9	menses 9 days early, flow is heavy	Female - Menses - profuse
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - profuse - protracted, and
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged
97	5	had an odd period for 4 days, then stopped for a week then had it for 2 weeks straight.	Female - Menses - protracted, prolonged
2	2	Period almost gone - today is day 4 of period. Normally last 7 days and is heavy (amel during proving)	Female - Menses - protracted, prolonged - seven days
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pain - Bearing down - menses - during Female - Pain - bearing down - uterus and region of - menses - during
2	1	Normally feels like everything will fall out during period (amel during proving)	Female - Pain - cramping - menses - before
3	6	cramping one week before period	Female - Pain - cramping - uterus
3	1	cramping two weeks before period	

3	1	cramping two weeks before period	Female - Pain - cramping - uterus - menses - before
3	1	cramping two weeks before period	Female - Pain - cramping - uterus - ovulation, during
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	Female - Pain - menses - after
3	6	cramping one week before period	Female - Pain - menses -before
8	9	Cramps, menstrual cramps. Period just ended. Pressure in the ovaries	Female - Pain - ovaries - menses - after
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Female - Pushing sensation, uterus
5	1	next to it something that looks like a blood spot	Female - Redness - spots

### Speech & Voice

Prover	Day	Symptom	Rubric
8	7	My voice went.	Speech - Lost - voice
8	11	Voice goes away after talking	Speech - Lost - voice - talking, after prolonged
1	1	I'll say rather loudly, emphatically, the major point of my thought, instead of keeping it in my head.	Speech - Loud voice
8	11	Voice goes away after talking	Speech - Talking agg
8	7	Voice is weaker - not the same strength	Speech - Weak voice

### Respiration

Prover	Day	Symptom	Rubric
3	12	cramping++, difficult to breathe, felt like I was trying to lay an egg. During the night and lasted an hour	Respiration - Difficult - pain, during
8	0	Constricted in the chest and the respiration (at night in bed)	Respiration - Impeded - constriction - chest
8	0	Constricted in the chest and the respiration (at night in bed)	Respiration - Impeded - night

### Cough

Prover	Day	Symptom	Rubric
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8	0	When breathing deeply I started to cough. A quick dry, not deep cough.	Cough - Breathing - agg - deep
8	11	Coughing...tickling back of the throat. It was dry. Nothing helped it.	Cough - Dry
8	0	When breathing deeply I started to cough. A quick dry, not deep cough.	Cough - Dry - inspiration - deep
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - morning
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - tickling, from - throat
8	11	Coughing...tickling back of the throat. It was dry. Nothing helped it.	Cough - Dry - tickling, from - throat
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Dry - waking
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Tickling - from - throat
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Tickling - waking, on
1	5	I woke up with a very dry cough, a tickle in my throat, coughing, coughing, no expectoration of any kind.	Cough - Waking, on

## Chest

Prover	Day	Symptom	Rubric
8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction
8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - night - bed, in
8	0	I was restless. Constricted in the chest and the respiration (trying to fall to sleep).	Chest - Constriction - restlessness, with
1	4	Dry nipples	Chest - Dryness - nipples
1	8	dry nipple more dry on right side	Chest - Dryness - nipples - right (new rubric)
6	1	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Chest - Fluttering sensation
8	0	Then I started feeling a heaviness in my chest	Chest - Heaviness

1	4	itchy right breast	Chest - Itching - mammas
8	8	Right breast - have to scratch!	Chest - Itching - mammas
1	4	itchy right breast	Chest - Itching - mammas - right (new rubric)
8	8	Right breast - have to scratch!	Chest - Itching - mammas - right (new rubric)
5	0	I had prickles, shots of pain, momentary...under my breast- left breast.	Chest - Pain - stitching - mammas - region of - under - left
8	0	But this time I feel a pressure on the chest.	Chest - Pressure on chest
2	4	Throughout the day had a weird feeling in my chest and back. Like a scratchy feeling.	Chest - Scratching sensation

### Heart & Circulation

Prover	Day	Symptom	Rubric
6	1	chest and heart, jittery feeling, like a caffeine high < 10 a.m.	Heart & Circulation - Fluttering Sensation, heart

### Back

Prover	Day	Symptom	Rubric
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - back, down
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - extending - downwards
1	0	I got pain in my neck . . . it spread across my back and shoulders to where my trapezius is located, but it disappeared quickly, within 10 minutes.	Back - Pain - cervical region - muscles - trapezius
1	0	Neck sensation similar to sensation around eyes, like muscle not being used before was being used and causing tension developing in the area.	Back - Pain - constricting - cervical region

8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - dorsal region - scapulae - between
1	0	Neck pain not a pain I'm used to describe, kind of a drawing down	Back - Pain - drawing - cervical Region
2	1	No back pain with this menses (amel during proving)	Back - Pain - menses - during
8	5	Really bad back pain with it - lower back pain (with menses)	Back - Pain - menses - during
8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - pinching - dorsal region - scapulae
8	5	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pinching - lumbar region
8	6	Shoulder area felt pressure	Back - Pain - pressing - dorsal region - scapulae
8	5	The pain in the back is constant, it feels like pinching and also like pressure	Back - Pain - pressing - lumbar region - menses, during
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - sitting - amel
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - pressing - standing - agg
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - rubbing - amel
8	6	Back pain, shoulder area, in in the middle of the back. Pinching pain between the shoulder blades.	Back - Pain - shoulders, between
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - sitting - amel
1	0	For example, say you pulled your neck, you're sore from doing something not normally done, that's what it felt like.	Back - Pain - sore - cervical region
8	5	Back pain better sitting, worse standing, better massaging the area	Back - Pain - standing - agg
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Stiffness - dorsal region
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Stiffness - stretching amel
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Tension - dorsal region
3	12	stiffness, upper back, middle. Feels like muscles tighten and you have to pop your spine	Back - Tension - stretching amel.

## Extremities

Prover	Day	Symptom	Rubric
2	12	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - feet
2	12	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - legs
2	12	When going to sleep, I feel colder than usual especially on my legs and feet	Extremities - Chilliness - lower limbs
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Cracks - hands
8	4	Hands are drier especially the palms. Both hands are really dry.	Extremities - Dryness - hands
8	4	Hands are drier especially the palms. Both hands are really dry.	Extremities - Dryness - hands - palms
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - desquamating - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - dry - elbows - bend of
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - dry - hands
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - dry - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - dry - legs
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - eczema - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - hands
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Extremities - Eruptions - itching - hands

5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - elbows
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - red - hands
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - legs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots - lower limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - red - spots - upper limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - rough
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - spots - lower limbs
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them...tops are dry and red underneath	Extremities - Eruptions - spots - upper limbs
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - urticaria - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - vesicles - hands
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Extremities - Eruptions - vesicles - itching - hands

		Right hand, little vesicles with nothing inside.	Extremities - Eruptions
8	11	Dryness, itching between the fingers. Red, stung.	- vesicles - itching - hands - between fingers
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - right
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Extremities - Itching - feet - soles - right
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - right
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - toes
8	3	Right big toe started itching like crazy. Came and then gone. Crazy itch.	Extremities - Itching - toes - first
2	2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - 5pm-6pm
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - 5pm-6pm
8	11	Tennis elbow in right elbow. Aching elbow.	Extremities - Pain - aching - elbows
8	11	Pain in the right ankle as if I sprained the ankle.	Extremities - Pain - ankles - right
8	11	Pain woke me up at 5am. Stitching pain.	Extremities - Pain - ankles - waking, on
8	11	Pain in the right ankle as if I sprained the ankle.	Extremities - Pain - ankles - waking, on
8	11	Pain woke me up at 5am. Stitching pain.	Extremities - Pain - elbows - right
8	4	Tennis elbow in right elbow. Aching elbow.	Extremities - Pain - fingers - pressure - agg
8	4	Felt the sting in the left index finger again, worse pressure	Extremities - Pain - fingers - pressure - agg
2	2	Knee pain on right knee, inner part. Intermittent pain for one hour.	Extremities - Pain - intermittent
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - knees
2	2	Hurts like a pinch when I move it into bended position	Extremities - Pain - knees - bending - agg
2	2	Knee pain on right knee, inner part. Intermittent pain for one hour.	Extremities - Pain - knees - hollow of
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - knees - left

2	2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - Motion agg.
2	0	It was on the outside of the knee	Extremities - Pain - knees - patella
2	0	It was on the outside of the knee	Extremities - Pain - knees - patella - left
2	0	I rubbed it and it felt better	Extremities - Pain - knees - rubbing amel
2	2	5:30pm, Knee pain worse walking and lifting leg	Extremities - Pain - knees - walking
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - numbness, with
2	2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching
2	2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching - knees
2	2	Hurts ike a pinch when I move it into bended position	Extremities - Pain - pinching - knees - hollow of
2	0	I rubbed it and it felt better	Extremities - Pain - rubbing amel.
2	11	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica
2	11	9pm, Got sciatica like nerve pain from coccyx to thigh to calf	Extremities - Pain - sciatica - night - agg Extremities - Pain - sciatica - numbness, with
2	11	A numb pain from coccyx down back of both legs	Extremities - Pain - sciatica - right
2	11	Right leg hurting again coccyx pain down to thigh, sharp pain	Extremities - Pain - standing agg.
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stiching - knees - standing - while
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stiching - rubbing amel
2	0	I rubbed it and it felt better	Extremities - Pain - stitching - ankles
2	6	Ankle - sore right achilles tendon...same sharp pain that I felt in my knee	Extremities - Pain - stitching - ankles
8	11	Pain in the right ankle as if I sprained the ankle. Pain woke me up at 5am. Stitching pain.	Extremities - Pain - stitching - ankles

8	4	Felt the sting in the left index finger again, worse pressure	Extremities - Pain - stitching - fingers - pressure - agg
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - second, index
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - second, index - left
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - fingers - tips
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees
2	0	After lunch I stood up and got a sharp pain in my left knee	Extremities - Pain - stitching - knees - left
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - outer, lateral
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - patella
2	0	It was on the outside of the knee	Extremities - Pain - stitching - knees - patella - left
2	6	Ankle - sore right achilles tendon...same sharp pain that I felt in my knee	Extremities - Pain - stitching - right
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Pain - stitching - splinters, as from - fingers Extremities - Pain - stitching - sudden - knees - disappearing suddenly
2	0	It was a sharp quick pain...subsided quickly	Extremities - Pain - stitching - wrists
5	0	prickle at wrist (r.) inside – momentary duration	Extremities - Pain - stitching - wrists - right
2	6	Felt like my ankle gave away with a sharp pain and then weakness	Extremities - Pain - weariness - ankles
2	0	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	Extremities - Pain - weariness - legs



2	0	I felt like I couldn't put weight on that leg, because the sharp pain makes it weak	Extremities - Pain - weariness - lower limbs
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - weariness - wrists Extremities - Pain - wrists - extending to - arm
2	7	Started as a pain in my right wrist then moved up to my arm, my arm felt numb/weak	Extremities - Pain - wrists - right
2	2	I feel a little pull up my inner right thigh	Extremities - Pulling Sensation - lower limbs
8	3	5pm, My left finger pointer started to hurt, the tip turned red and I had the sensation as if I had a sliver	Extremities - Redness - fingers - tips Extremities -
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Restlessness - lying, while
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Extremities - Restlessness - night - bed, before going to
8	0	Arms restless. Could not find a comfortable position for them (in bed at night)	Extremities - Restlessness - upper limbs - night
6	0	prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - forearms
6	0	prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - forearms - right
6	0	prickly under skin on right forearm	Extremities - Tingling, prickling - upper limbs - right
6	1	shaky hands and through arms, < 10a.m.	Extremities - Trembling - hands
6	1	shaky hands and through arms, < 10a.m.	Extremities - Trembling - upper limbs
2	2	9pm, Sitting quietly and my right leg calf muscle started twitching	Extremities - Twitching - legs - calves
2	2	9pm, Sitting quietly and my right leg calf muscle started twitching	Extremities - Twitching - night

## Sleep

Prover	Day	Symptom	Rubric
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Disturbed - heat, during
4	17	My face really broke out in pustules and I could not sleep well. My headaches got worse.	Sleep - Disturbed - pain, from
2	1	At 5:30pm got really cold again. Laid down under 2 blankets for 20 minutes and dozed off.	Sleep - Dozing
98	60	Normally I am tired earlier but these days am feeling very alert and full of energy late at night, go to bed late	Sleep - Falling asleep - late
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Interrupted - heat, sensation of
8	0	I couldn't sleep on my right side. Strange because I always fall asleep on that side.	Sleep - Position - side - impossible - right
8	0	Lying on the left side	Sleep - Position - side - left
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Refreshing
2	7	Woke up at 7:30am and didn't feel tired even though I went to bed late	Sleep - Refreshing
5	3	didn't wake up, but was restless, to a theta semi conscious state, worrying about one of my clients	Sleep - Restless - anxiety, from
7	6	Getting very hot inside...Not a good sleep, up every hour	Sleep - Restless - heat - during
2	8	Restless sleep again. A body restlessness	Sleep - Restless - restlessness, from physical
8	0	Arms were restless and I couldn't find a comfortable position	Sleep - Restless - restlessness, from physical
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Short - refreshing
2	7	Woke up at 7:30am and didn't feel tired even though I went to bed late	Sleep - Short - refreshing
98	60	I haven't been needing as much sleep. I don't get as many hours as usual but wake up feeling OK.	Sleep - Short - refreshing
2	1	Tired about 5:30pm. That is out of character for me	Sleep - Sleepiness
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness

3	0	Started noticing drowsiness about 5 pm, over dinner	Sleep - Sleepiness - afternoon - 5pm
2	1	At 5:30pm got really cold again. Laid down under 2 blankets for 20 minutes and dozed off.	Sleep - Sleepiness - chill - during
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - driving - agg
3	0	Started noticing drowsiness about 5 pm, over dinner	Sleep - Sleepiness - evening - 5pm - about
2	1	Tired about 5:30pm. That is out of character for me	Sleep - Sleepiness - evening - early
98	60	My energy also seems to lag after dinner – I become quite prostrated, have to lie down.	Sleep - Sleepiness - evening - early
3	0	Started noticing drowsiness about 5 pm, over dinner	Sleep - Sleepiness - evening - early
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - intermittent
98	60	My energy also seems to lag after dinner – I become quite prostrated, have to lie down.	Sleep - Sleepiness - lying - lie down, desire to
2	1	Want to lie down and go to sleep	Sleep - Sleepiness - lying - die down, desire to
3	1	tired on waking	Sleep - Sleepiness - morning - waking - on
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - overpowering
98	60	My energy also seems to lag after dinner – I become quite prostrated, have to lie down.	Sleep - Sleepiness - overpowering
8	0	A wave of sleepiness. Like yawning in the face. Really sleepy. This is for 10 minutes while I was driving.	Sleep - Sleepiness - yawning, with
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - first part of
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - night - thoughts, with activity of
8	17	Took a long time to fall asleep. Busy head. Trying not to think of things.	Sleep - Sleeplessness - thoughts, from
3	1	sleeplessness, things running around in my head, took a couple of hours to go to sleep	Sleep - Sleeplessness - thoughts, from

95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - anxiety, after
8	2	Not a good feeling when I wake. Something bothering me.	Sleep - Waking - cares, worries, from
1	5	and I woke up with a very dry cough	Sleep - Waking - cough, from
1	5	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - early, too
7	0	It was early in am 8 – 8:30 am...I wouldn't get up this early on w/e...I normally stay in bed until 9 am	Sleep - Waking - early, too
1	1	When woke up at 6 am, it was relatively easy, which is pretty unusual.	Sleep - Waking - easily
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - fright, fear, after
1	5	This am when I woke up, I woke 5:18 which was 45 minutes before my alarm,	Sleep - Waking - morning - 5am
95	1	Scared, freaked out, 5am. The anxiety/fear woke me up. Startled.	Sleep - Waking - morning - 5am
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Waking - slept one's fill
1	2	I felt very refreshed, and lots of energy, and that's very unusual for me. And I went to bed at 12:30 the night before!	Sleep - Waking - slept one's fill - short sleep, even after

## Chill

Prover	Day	Symptom	Rubric
8	0	Chilliness	Chill - Chilliness
5	4	In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Chilliness - bed - in
2	0	Immediately felt chilly...I am now wrapped in a blanket	Chill - Chilliness - wrap up, with desire to
5	4	In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Chilliness - wrap up, with desire to
8	4	Nauseous and I felt cold all over (with vertigo)	Chill - Vertigo, in
5	4	In the evening...Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Chill - Warmth - desire for

## Fever, Heat

Prover	Day	Symptom	Rubric
3	1	body temp warmer than usual	Fever, Heat - Internal

### Perspiration

Prover	Day	Symptom	Rubric
6	0	anxious, jittery feeling in my throat and upper thoracic with sweats	Perspiration - Anxiety, with

### Skin

Prover	Day	Symptom	Rubric
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Cracks
8	4	Hands are drier especially the palms. Both hands are really dry.	Skin - Dryness
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - desquamating
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - dry
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - dry
98	60	Dry itching eczema on my right hand for years, skin can crack and peel off when it's bad (amel during proving)	Skin - Eruptions - eczema - itching
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - granular
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - itching
5	1	It hurts, feels like you have a zit,	Skin - Eruptions - painful
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - painful - sore, smarting
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - painless

5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pimples
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pimples
5	1	discovered while showering a inflammation on the left labium – a swollen inflammation	Skin - Eruptions - pustules
8	20	Red dot on right lid. Kept growing like a pimple with white inside. Doesn't hurt.	Skin - Eruptions - pustules
4	17	face really broke out in pustules	Skin - Eruptions - pustules
2	34	I also have this small face rash on my cheeks, red raised very fine (like sandpaper)	Skin - Eruptions - rash - red
4	16	angry red rash on L side of forehead, L side of scalp extending to L eyelid and cheekbone	Skin - Eruptions - rash - red
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - red - spots
5	37	Little round spots, dime spots, 3 of them one right elbow, one on my left elbow and on my left leg just below my knee. Dry and red all of them.	Skin - Eruptions - spots
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - urticaria
6	0	right side of belly, itchy spots, hive-ish	Skin - Eruptions - urticaria - itching - with
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - vesicles - itching
8	11	Right hand, little vesicles with nothing inside. Dryness, itching between the fingers. Red, stung.	Skin - Eruptions - vesicles - red
1	0	My face started to feel warm.	Skin - Heat
6	0	heat in right cheek	Skin - Heat
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Skin - Itching - sudden
8	8	Itching, right foot arch (bottom). When I was driving. Sudden. Itches like mad.	Skin - Itching - violent
5	1	next to it something that looks like a blood spot	Skin - Purpura - haemorrhagica
5	1	next to it something that looks like a blood spot	Skin - Red - spots
6	0	prickly under skin on right forearm	Skin - tingling, prickling

## Generalities

Prover	Day	Symptom	Rubric
8	5	I have many plans, good energy, want to do thing	Generalities - Activity - desires
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg
1 to 8	1 to 30	Late afternoon or early evening/5pm, weariness and sleepiness for many of the provers	Generalities - Afternoon - agg - 5pm
2	75	Then I had to apply a special technique to help her release her mouth grip. It was crazy, but I was very quick and decisive and everyone was amazed at how quickly I acted...somehow as if by instinct I was able to know where to apply the appropriate pressure in order to get her to let go	Generalities - Agility Generalities - Applications - cold - amel
1 to 8	1 to 30	>cold wash cloth, help me to sleep Many provers a lot of restlessness or bad sleep at night in bed Things are falling out of my hands when I carry them.	Generalities - Bed - in Generalities - Clumsiness
1	3	I feel it under my skin, especially the right arm. I'm not comfortable in my own skin.	Generalities - Conscious of body
6	2	I had to put a toque and scarf on to get rid of the chill	Generalities - Covering - amel and desire for
2	0	Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Generalities - Covering - amel and desire for
5	4	Nervous energy . . . Like I wanted to throw off excess energy	Generalities - Energy - lots of
1	0	Today I have a lot of energy	Generalities - Energy - lots of
2	2	Today I have a lot of energy	Generalities - Energy - lots of
8	5	I have many plans, good energy, want to do thing	Generalities - Energy - lots of
4	1	Felt energized, more than usual	Generalities - Energy - lots of
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Evening - agg
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Evening - agg - 8pm
8	3	I did exercise without giving up earlier in the morning	Generalities - Exercise - desires

6	1	masculine drive and movement, > pacing forcefully	Generalities - Exercise - desires
8	4	I felt like I might faint if it lasted longer (the vertigo)	Generalities - Faintness - vertigo, in
1	6	I felt better eating the cheese	Generalities - Food and drinks - cheese - amel. (new rubric)
8	3	Ate some chocolate and felt a heaviness in the stomach	Generalities - Food and drinks - chocolate - agg
8	11	Craving chocolate. Stronger than usual. I want chocolate.	Generalities - Food and drinks - chocolate - desires
2	6	Especially like cold cold juice or milk	Generalities - Food and drinks - cold - drinks - desires
3	0	I want to drink something cold to wake me up	Generalities - Food and drinks - cold - drinks, water - desires
1	2	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	Generalities - Food and drinks - fat and rich food - aversion
6	6	craving fruit	Generalities - Food and drinks - fruits - desires
1	2	And again, for lunch ,the fatty food I chose which I thought I wanted, I thought was too fatty when I was eating it.	Generalities - Food and drinks - indistinct, knows not what, desires
8	5	No cravings - unusual (amel during proving)	Generalities - Food and drinks - many things, desires
2	6	Especially like cold cold juice or milk	Generalities - Food and drinks - milk - desires
8	8	I want something sweet	Generalities - Food and drinks - sugar - desires
1	2	Don't like sweet things this morning.	Generalities - Food and drinks - sweets - aversion
8	3	Wanted warm tea all day	Generalities - Food and drinks - tea - desires
1	7	worse with water	Generalities - Food and drinks - water - agg.



	1	2	I want water instead of sugar and fat More thirsty...I brought water to bed with me...I	Generalities - Food and drinks - water - desires
	2	6	usually don't like water	Generalities - Food and drinks - water - desires
	8	2	Desire water - room temperature	Generalities - Food and drinks - water - desires
	7	3	drank more water than usual today	Generalities - Food and drinks - water - desires
	6	2	hot flashes	Generalities - Heat - flushes of
	2	2	Headache came on suddeny and I got a flush of heat with it too	Generalities - Heat - flushes of - headache - during
	2	0	Immediately felt chilly	Generalities - Heat - lack of vital heat
	8	0	Chilliness	Generalities - Heat - lack of vital heat
	5	4	Couldn't get warm. Eventually with a lot of covers I got finally warm and went to sleep.	Generalities - Heat - lack of vital heat
	3	1	body temp warmer than usual	Generalities - Heat - sensation of
1 to 8	1 to 8	1 to 30	Many provers experienced a sensation of heaviness in various parts of the body	Generalities - Heaviness
	3	1	energy, low by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work	Generalities - Lassitude
	4	15	the next day	Generalities - Lassitude
	3	0	It's a drowsiness that's right through you like your body is asleep, mind is fine	Generalities - Lassitude
	6	3	feels tired and doesn't want to go on trip for business	Generalities - Lassitude
	8	5	I did not feel exhausted yesterday which I usually feel the day before I get my period (amel during proving)	Generalities - Lassitude - menses - before
	2	1	Want to lie down and go to sleep	Generalities - Lie down - inclination to
1 to 8	1 to 8	1 to 30	Many provers experienced a sensation of a lump in various parts of the body	Generalities - Lump Sensation

1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Lying - during - bed Generalities - Motion - amel - rapid, running, dancing
	6	1 masculine drive and movement, > pacing forcefully	
	6	1 masculine drive and movement, > pacing forcefully	Generalities - Motion - amel - violent
1 to 8	1 to 30	Many provers a lot of restlessness or bad sleep at night in bed	Generalities - Night - agg
1 to 8	1 to 30	Various physical symptoms start or are worse around 8 and 9pm	Generalities - Night - agg - 9pm
	2	0 Have a numb feeling	Generalities - Numbness
1 to 8	1 to 30	Physical symptoms are either right or left sided, but usually one sided	Generalities - One-sided
1 to 8	1 to 30	Many provers experienced constricting pains	Generalities - Pains - constricting
1 to 8	1 to 30	Physical pain was one sided, not really favouring either right or left	Generalities - Pains - one-sided
1 to 8	1 to 30	Many provers experienced pressing pains	Generalities - Pains - pressing
	8	0-30 Quick pains. Come and go quickly.	Generalities - Pains - shooting, darting, lightning quick
1 to 8	1 to 30	Pains were predominantly sharp/sticking in nature	Generalities - Pains - stitching
	2	7 Can't stop wiggling my right foot and I'm tapping my foot and fingers. I'm restless and fidgety	Generalities - Physical restlessness - move, about continuously, wants to
1 to 8	1 to 30	Some provers experienced aggravation of physicals or mental after waking	Generalities - Waking - agg
1 to 8	1 to 30	Some provers felt their energy improved or increased upon waking	Generalities - Waking - amel
	4	15 by the end of the day I was totally exhausted and had to lie down. I knew I would not be fit to work the next day	Generalities - Weariness
	3	0 It's a drowsiness that's right through you like your body is asleep, mind is fine	Generalities - Weariness

6	3	feels tired and doesn't want to go on trip for business	Generalities - Weariness
8	5	I did not feel exhausted yesterday which I usually feel the day before I get my period (amel during proving)	Generalities - Weariness - menses - before
3	1	tired on waking	Generalities - Weariness - waking - on
2	0	It is my head being covered that keeps me warm	Generalities - Wrapping - amel - head