

The Homeopathic Trituration Proving of *Poa Pratensis* (Kentucky Bluegrass) Freedom from Capitalism: A Life of Joyful Creativity

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Poa Pratensis Remedy Nucleus

1. Psoric Miasm: Feeling of Lack
2. The Lazy Bum or Burnt out Worker
3. Typical Allergic Hayfever Symptoms
4. Head, Neck, & Back Pain
5. Dreams of Water

Prover Journals

Sonya: June 10, 2013

Right side of throat is sore when I swallow, feels like swollen glands/tonsillitis.

Itchy ankle, raised welts appearing when I itch.

Sneezy.

Yesterday U said my eye looked like it has a bruise under it, probably the same one that was itchy and watery the day before, when I was surrounded by grass pollens.

Prover #1: June 10, 2014 (text)

So many aches in my shoulders, back, neck muscles

Sonya: June 11, 2013

A bit of a headache from neck tension. Was remembering that I had some bad neck tension on the left side of my neck last week.

Cold feeling almost like menthol on my feet.

Text conversation with #2:

S: My neck was so messed up yesterday night

#2: Yep, the other night super bad neck pain!!!

S: I thought it was tonsil swelling but it was the muscles that were sore

#2: Yes, I had the same thought process!!

June 12, 2013

#2 text: Ooooo Kentucky blue grass, shall we drink bourbon and play banjos! Lol.

June 13, 2013

#2 text: Goody goody, I just had some bug get caught in my hair and buzz something repeatedly in my ear! Lol! I am Kentucky tall grass!

June 13, 2013: Locarno Beach Park

C1-C3: Prover #2

Right eye - bottom lid itchy.

Some chimes, I can hear some chimes soft like bells

Slight rising of energy, swelling in throat chakra – life path chakra

Points, itchiness in points

Imaginary component, pictures, visions, storytelling, laughter, groups gather to hear stories, peace & laughter

There is a bubble that protects the space of the storyteller, if you listen, you can hear a symphony

The bubble is just around the grassy glade, its purpose is to have a space for thoughtfulness, contemplation, poetry, romance, ability to be alone but connected at the same time

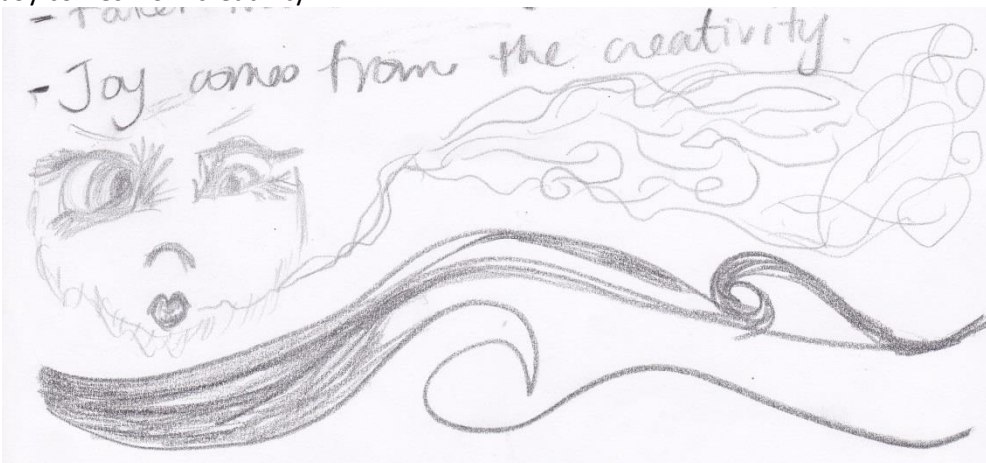
Margaret Atwood, Edgar Allen Poe, Shakespeare

Talk of art, not very artistic

Right ear pain, sharp, quick



Headaches, burning point in back of my head, want to push on it to relieve it, more distraction
 Tightness in chest, like hands pushing on the rib cage wall, not uncomfortable, not anything
 Grass takes up a lot of space, freeloader
 I feel drunk
 Taker more than giver
 Joy comes from creativity



JUDGEMENT HOLDS US BACK FROM BEING, SEEING SPACE
 Our emotional experience is our choice!



Sonya: C1

Crown itchy – forehead (all over)

Scratchy throat

Ears – plugged feeling



Grass looks dry, like wisps

Grass blew away out of the bowl!

Playful! Laughter!

Suppression

Tobacco – smoking. Used to buy fake Marlboros

Runny nose

Grass (long) = neglect

Pruning – guidance, show a child how to be and function on this planet

Giving up – on life

Wild puffy sticking up hair!

Itchy head – like lice

Cleanliness

Lack of self sufficiency – dependence

No problem solving ability

No creative ability to respond to your environment or adapt to it

Money

Grass is adaptable and grows everywhere

Brown if you take away the water. Life.

Is money the water?

No connection to life force

No connection to or appreciation of nature.

Numbness/cut off. If you feel a lot you numb it.

Seeing someone destroy their life because of money – think it will make them happy.

Shutting out

Homeopaths say they can't make enough money at it

Burning yourself out – burn out – too much creativity expressed

You must feed and fuel the creativity so that you don't burn out

Burn out – lose desire to create beauty

FREELADING! Taking more than you give.

Relative – freeloader

Healing our judgement of this

It's their life! Dramatic!

Poetic & dreamy

Excited! Has to say something!

Loud voice, taking up a lot of space!

Relative couldn't sustain himself – taker vs. giver. Take Take Take!

Hippie walks by us – #2 says under her breath that he is a Government Freeloader!

Joy comes from creativity

Tim Hortons card – landlord gave it to the nanny and #2 didn't get one!

Judging others and ourselves

#2's been craving whiskey all week

People need to be self sustainable and not reliant on government

What's missing in them that they can't do it on their own?!

Money doesn't sustain! It depletes!

Money is a straw man!



C2: Sonya

Dependence on the medical system

People choose the medical system/drugs

Not ready to be self sufficient in their health

Whatever we think is truth

Univera – selling products – supplementing income/retirement. Pyramid scheme. Hunger – desperation.

How do we measure success? Our society says money

Practitioners hungry to have classes filled

Money illusion crumbles, people desperate and scared

Seedstock (local currency)

Individual choice to support collective mind

#2 dream: off the west coast of Tofino, want to surf but everyone could die from the waves, there was an object in the water, then I was in the city and there was flooding – the Enbridge pipeline had fissured the earth and created a tsunami. Have been having many flooding dreams.

How to sustain ourselves – brown then be hardy and resilient after the rainfall

Lazy hippie vs. self sustainable

Supportive self sustainable community

#2: I attract people that mooch!

Voice croaking

Bugs – in hair, on the paper – ant, spider, dragonflies

Reliance on technology vs. self or community or PEOPLE

C3: Sonya

Holding the space for being/healing

Wanting to fix everyone and not having to tell people they can't do it on their own

Can't sustain themselves

Judgement holds us back

Draining – how do we keep from being drained

Childhood issues – damage etc.

Family issues with money – passed down through both sides.

Relative – self sufficient, almost too much, doesn't let anyone help him

"Did it on his own"

Does this remedy bring up programs?

We don't have to be ruled by the emotional program, or the inferior woman program – we can choose what programs we run, to be or do or feel what we want to.

MONEY PROGRAM – crumbling. That's OK!

Money keeps the programs in place.

Sonya's Journal Entries

June 14, 2013

U Dream: Moving to a new house, trying to clean it up, cockroaches in the basement. News of next Star Trek movie, invited to a party, told that the two main characters were women e.g. the villain. Happy that it was a woman because all the bad guys were men, but this character was not 100% villainous.

Freedom from judgment

"Grass is always greener" – don't judge – the judging makes us care about/resonate with the people who judge us

If we don't judge we won't be judged (the charge/polarity disappears)

Without judgement there is only the NOW, THE MOMENT, FREEDOM TO LIVE

(Neck very tight both sides) – ouch, headache from the pain

SNAKES (movie Snakes on a Plane, TV show Carnivale)

We need to stop judging ourselves

June 15, 2013 (Sonya)

Dream I was back at my old job, and had been fired or let go, somebody was trying to talk me into going back.

Are you worth nothing if you make nothing?

#2 is firing people at work right now!

People keep giving me homeopathic books – they are worth more than money to me

Sahara has a bloody nose again and #2 has low platelets

Bleed me dry (\$\$)

But Money Does Not Nurture Us

Love Does Not Equal Money "Can't Buy me Love"

#2's single mom rant on facebook – freedom from others judging her/making assumptions about her life as a single mom

Cab driver last week told me he thought money could buy happiness – it buys a house in Kits

Univera products – conversation with friend – is it about the money or helping people?

Does anybody really “deserve” money – no because it's not a measure of anything real, so it's kind of random who can have it or not

Not a measure of how hard you work

Not a measure of morality

U dream: On the moon. Had condor wings and could fly. Of a bus driver. Friend was a DJ. High flying on the moon and had to pee – we were the first people to pee on the moon (weren't wearing space suits). The condor wings stopped working and we were having trouble flying and we were trying to make them work.

Text with #2:

#2: There is a subtle energy of fighting but for the purpose of freeing self and others from missed perceptions

S: I know I can finish on my own but would that be best for you, what are your thoughts? If it serves your healing...or not, I can't say.

#2: The story is just the showcase for the energy releasing and healing. With the grass remedy I feel a strong sense of government society anarchy...And then I was thinking about nuclear warheads yesterday and couldn't get it out of my head.

S: Today I thought about the snake and original sin and how we are shifting out of that. This remedy goes back to my childhood and all my wrong perceptions, it is very personal. You know the expression bleed me dry is about money.

#2: D just picked up the kids and he is getting a beautiful tattoo and suddenly I heard us talking about money again so I said I don't want to talk about money and I told him I was being present in the moment as it was a moment of honesty and intimacy, so he stopped talking about money. It is cool to be authentic....Some of this fight the perception power government energy is pretty intense to experience....Looks like it is you in body and me in spirit then, I am the lazy hippie today! Joyful grass day.

C4: My Back Yard: Sonya (June 15, 2013)

Feel like my life depends on this proving – maybe it does (showing me how to really live)

Sahara is seeing a vision

People who resist their own healing

When you resist that can keep you from seeing yourself clearly (stops healing)

Looking inward – we have the answers inside us

What are we resisting? Just a part of ourselves – connecting with the earth/land

(Aysha draws a star in the bowl)

Aysha: what is worth more, diamonds or gold? (how do we measure this with money?)

There is no right and wrong only LOVE

How to lead a happy and joyful life

Keep seeing hairs in the bowl!

Living up to anyone's expectations is draining.

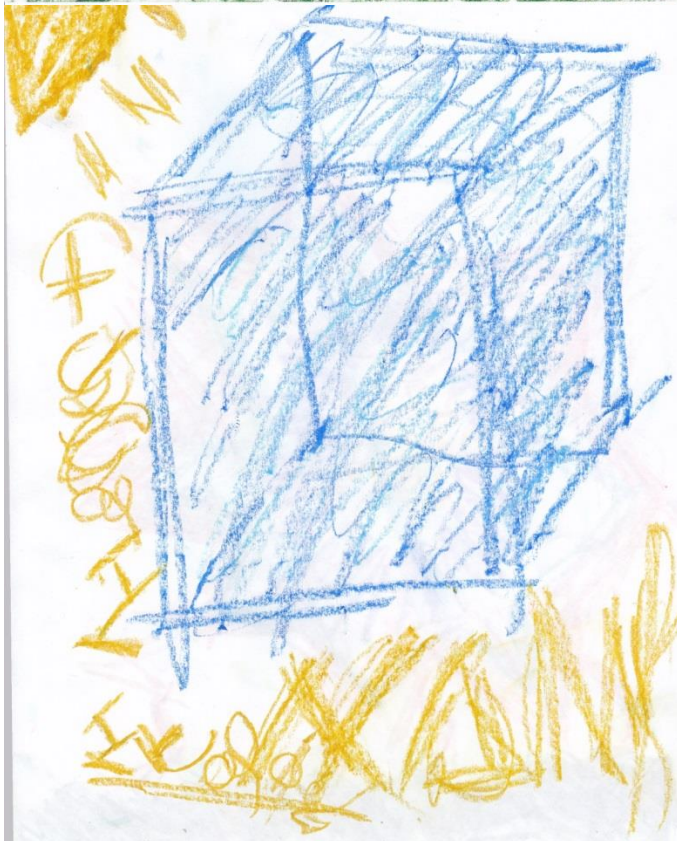
Grinding the remedy in sunshine

Sahara's foot injury is getting better

Our true state is love and happiness (money gets in the way of that. DOWN WITH CAPITALISM)
Why can't we just leave things in their natural state (e.g. Stop cutting the grass)
Read an article about getting rid of your lawn and putting in natural grasses with no maintenance needed – sounds appealing!
Sahara: The grass is creating heat
It's OK to make it up as we go along
All life is inherently valuable

Potentizing to 40C
Remembering that U spilled beer in one of his dreams
Just now spilled the water
Lazy Bum – Burnt out Worker. We need to escape from the duality
Find joy in creativity
Freedom from capitalism
Keep seeing dirt, specks, and want to clean
Trust that the universe will provide











Sonya's Proving Journal

June 16, 2013

U dream: Waiting outside kids' school, one day women's studies prof was there and offered him a ride to a feminist conference, went to meet the prof in her office

U noticed that the dishes in the dishwasher are arranged differently (he feels that this remedy is related to women and women's work).

Psora = original sin (e.g. according to Kent)

Serpent tricked Eve into eating the fruit from the Tree of Knowledge of Good and Evil

Once they eat the fruit, start of Dualistic Thinking, Good/Evil

We need to get away from dualistic thinking

THERE IS NO SIN

It's our perceptions that need to change in order for our world to change

So what is psora? It's the wrong perception that we have to toil, to work, to struggle endlessly, in order to live

Eden is waiting for us – creativity, joy, community, sustainable living

Duality is an illusion

June 17, 2013

Instead of two there is only one.

No split, we are whole

U dream: swimming in a pool, had to perform and score points. Then another dream about swimming.

June 18, 2013

The Number 11

$1 + 1 = 2$

1 and 1 become 2

Not separate, one whole number

Integrating duality – two pillars, door/entryway, 11:11 gateway

+ Cross (1's crossed together) symbolizes the ability to balance between the gateway of duality

Experiencing duality as oneness

We must re-establish balance within duality

Pain in the small of my back, left side.